

# STRESS BUSTING MANUAL

For the everyday challenges of modern life



## FRUST

When your b  
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takes out a



## STRESS BUSTING PACK

EFT Scripts for dealing with  
the everyday challenges in our  
modern world.

## APPING POINTS



# Stress Busting

**Daniela Niemeyer**



## **Stress Busting:**

Uncover the mysteries within its enigmatic creation, **Stress Busting**. This downloadable ebook, shrouded in suspense, is available in a PDF format (\*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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