



Winning Doubles

AW Rasmussen



Winning Doubles:

How to Play Winning Doubles George Lott, Jeffrey Bairstow, 1979-05-01

Winning Doubles Strategy for

Recreational Tennis Players Gerry Donohue, 2016-05-31 You want to amp up your doubles game Maybe you want to win your Saturday morning match more than once a month or you're slipping down the pecking order on your league team What do you do If you're like most recreational players you double down on improving your strokes You sign up for lessons serve buckets of balls and drill your backhand While all of these steps are good and will help your game you won't see the results you're looking for as quickly as you would like Doubles is much more than the sum of your strokes While you want to have some combination of a steady serve consistent return decent volley reliable lob dependable overhead and good groundstrokes you also have the twin challenges of playing with a partner and facing two opponents on the other side of the net The better and faster way to start winning more is to improve your match strategy Rather than focusing on to hit the ball concentrate on the where when and why you're hitting it Strategy is so important in doubles because you are playing as a team All of us have been in those situations where your partner and you are each individually better than either of your opponents but they beat you every time because they play together They move as one cutting off your angles They always seem to be at the net keeping you on the defensive And they appear to know where you are going to hit the ball waiting there to put it away You can be one of those players While there are numerous doubles strategies the most effective for recreational players is to avoid unforced errors In recreational doubles eight out of every ten points are decided by unforced errors Entire games can roll by without any of the players hitting a winner The primary cause of unforced errors is trying to do too much with the ball You hit your first serve too hard and it plows straight into the net You drive your return down the line and it lands wide You smash your overhead and it hits the back fence on the fly When you play strategically you don't have to try that hard On every point depending on where the four players are on the court there are a limited number of correct shots to hit often only one and a correct position to take following your shot Here's an example You're receiving serve in the ad court The server has spun the serve wide to your backhand pulling you outside the doubles sideline You may have the urge to drive the ball down the line but that would be a high risk shot even if there weren't an opponent standing at the net You might try a sharply angled cross court sliced return but from that depth you will be hard pressed to keep the ball in the court And if you do the server will likely be well positioned to hit a volley into the court that you've vacated The right shot really the only one is to lift a lob over the net player's head You remove her from the equation and force her and maybe the server to retreat from the net With one shot you steal the serving team's advantage and give your team the opportunity to take the offensive On the following pages you will learn how to adapt the concepts of strategic tennis to every situation you face on the doubles court We will also look at the importance of playing with the right partner the need for constant and constructive communication between partners and how developing a shared strategy can give your team an almost

unassailable advantage in most recreational doubles matches Improving your tennis strokes significantly can take months or even years Improving your tennis strategy enough to start winning the matches you re now losing takes only a few weeks Knowing where to hit the ball and where to move will have a bigger impact on your game than adding a few miles per hour to your serve or working on your drop volley

Winning Doubles Scott Perlstein,1995 Guide to playing doubles tennis **At the Line Pickleball** Joe Baker (Pickleball player),2017-01-26 Would you like to learn the winning strategy used by all of the top pickleball players Look no further than this shot by shot guide that will take you through every phase of the game showing you the highest percentage shot for about every playing situation Players at all levels can benefit from this well illustrated and easy to understand strategy guide Author Joe Baker s videos on pickleball strategy have been watched by hundreds of thousands of fans In collaboration with top players and coaches in the sport he is now sharing the techniques and strategies in this guide Baker also covers topics like court coverage teamwork and communication dinking targets the pitfalls of too much aggression ball striking technique and his winning philosophy Diagrams make the information easy to follow Advanced pickleball strategy is not obvious and as a consequence most players never reach their potential Not understanding the best strategy is often what keeps a good recreational player from becoming a tournament player This book can help you avoid common mistakes and help speed your way to playing high percentage pickleball Quizzes at the end of each chapter test your knowledge of the material and help you process the advice

The Art of Doubles Pat Blaskower,2007-06-21 Take Your Doubles Game to the Next Level Whether you re trying to improve your doubles game or are just getting started playing tennis with a partner The Art of Doubles is the book for you Author Pat Blaskower is your personal coach guiding and encouraging you and your partner to play winning tennis by showing you how to choose a compatible partner determine your jobs on the court learn poaching skills communicate with each other and opposing teams maintain mental toughness use various formations and strategies pick your shots intelligently decide where to play tournaments or leagues and much much more The book also includes detailed court diagrams that show you how to execute offense defense and tactical plays checklists that summarize the most important points of each chapter and on court drills to help you improve and refine your skills The Art of Doubles is loaded with practical proven tennis strategies that you can put to work immediately to see improvements in your own doubles game

The Art of Winning Doubles Tennis Jose de Leon,2025-09-03 8 Keys for Beginner or Pro Practical Tips Strategic Positioning and Mental Toughness for Recreational and Competitive Team Training Do you struggle to play your best doubles tennis Do your usual singles tactics suddenly fail with a doubles partner Even the most experienced players can be completely frustrated The good news is there are some highly effective simple to use tactics to truly transform and evolve your game For competition or recreation get the keys for real success on the doubles court It s not how hard you hit It s how hard you can get hit and keep moving forward The Bryan brothers Mike and Bob renowned for one of the most successful tennis doubles partnerships of all time Learn what this really

means and how to train smarter not harder for your doubles game You may think you can never be a good doubles player but YOU CAN 8 key doubles principles explained You can pick up them up quickly and then hone to perfection at your own pace See your results dramatically improve without having to start from scratch The basic skills you already possess can easily adapt to excel in doubles You don't need to be the most physically imposing athlete either Use tact and smart decisions to gain the upper hand and overall control of a match In this book you will DISCOVER keys in relation to Why doubles is very different from singles Primary goals and construction of rallies How most points are won and lost The 4 key doubles player roles Great teamwork and mental strength Doubles formations and uses The most important zone and 1 Key to winning

Sports Geek Rob Minto, 2016-10-20 Sports Geek is a visual and numerical tour through sporting debates and ideas Sport revolves around two things narrative and numbers You need the narrative otherwise why would anyone care about sport Rivalries emotions and sporting legends all require it But sport also needs numbers Without them we have no idea who has won We need numbers to tell which team is top of the table or who is the world champion Teams in all sports use data to create extraordinary analysis of how their players perform to assess tactics and to get an edge over arch rivals but fans are rarely presented with challenging and informative data that would help them to further understand sport You'll never see sport the same way again

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Table of Contents Winning Doubles

1. Understanding the eBook Winning Doubles
 - The Rise of Digital Reading Winning Doubles
 - Advantages of eBooks Over Traditional Books
2. Identifying Winning Doubles
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Winning Doubles
 - User-Friendly Interface
4. Exploring eBook Recommendations from Winning Doubles
 - Personalized Recommendations
 - Winning Doubles User Reviews and Ratings
 - Winning Doubles and Bestseller Lists
5. Accessing Winning Doubles Free and Paid eBooks

- Winning Doubles Public Domain eBooks
 - Winning Doubles eBook Subscription Services
 - Winning Doubles Budget-Friendly Options
6. Navigating Winning Doubles eBook Formats
 - ePub, PDF, MOBI, and More
 - Winning Doubles Compatibility with Devices
 - Winning Doubles Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Winning Doubles
 - Highlighting and Note-Taking Winning Doubles
 - Interactive Elements Winning Doubles
 8. Staying Engaged with Winning Doubles
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Winning Doubles
 9. Balancing eBooks and Physical Books Winning Doubles
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Winning Doubles
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Winning Doubles
 - Setting Reading Goals Winning Doubles
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Winning Doubles
 - Fact-Checking eBook Content of Winning Doubles
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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