

# restorative yoga class

## RESTORATIVE YOGA POSES



**Supported Child's Pose**  
Balasana



**Supported Seated Wide Leg Forward Fold**  
Supported Upavistha Konasana



**Reclining Bound Angle Pose w/ Eye Pillow**  
Supta Baddha Konasana



**Restorative Side Posture**  
w/ Blankets, Bolster & Hand Weights



# Yoga Practice Guide

**Lila Santoro, AI**



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mephistopheles will not answer this we see faustus becoming wracked with regret he finally cries the name of christ and at this lucifer and beelzebub join them faustus presumes they have come to fetch his soul they tell him that they have come to faustus dr faustus dr faustus dr faustus gce drama 2016 dr faustus

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1 who speaks in the prologue the chorus 2 who is the main character in the play dr john faustus 3 where does faustus grow

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up rhodes germany 4 what is the status of faustus s parents poor 5 where does faustus go to study wittenberg 6 what does faustus study divinity 7 how does faustus do in his studies financially well 8

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1 40 50 faustus speaks these lines near the end of his opening soliloquy in this speech he considers various fields of study one by one beginning with logic and proceeding through medicine and law

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insofar as doctor faustus is a christian play it deals with the themes at the heart of christianity s understanding of the world first there is the idea of sin which christianity defines as acts contrary to the will of god

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