

**JEAN CARPER**

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THE INTERNATIONAL BESTSELLER

**STOP  
AGEING  
NOW!**

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THE ULTIMATE PLAN FOR  
STAYING YOUNG & REVERSING  
THE AGEING PROCESS

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BASED ON CUTTING-EDGE RESEARCH  
REVEALING THE AMAZING ANTI-AGEING  
POWERS OF SUPPLEMENTS, HERBS & FOODS

# Stop Ageing Now

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