



# The World In Your Kitchen

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## **The World In Your Kitchen:**

**The World in Your Kitchen** Troth Wells,1993-01-01 This fascinating collection of vegetarian recipes gives you the chance to enjoy some of the vast range of different foods eat in other parts of the world Blending dishes from Africa Asia the Caribbean Latin America and the Middle East this book serves 150 easy to cook vegetarian recipes with a sprinkling of food facts and full colour dressing of fabulous photographs Also includes six one page specials on key vegetarian ingredients such as beans legumes rice grains spices and flavourings vegetables and fruits [Around The World In Your Kitchen](#) Alex E. Vianahart,2026-02-04 Around The World In Your Kitchen is more than a cookbook it is a year long passport to flavor Created by author illustrator photographer and former U S Navy Culinary Specialist Alex VianaHart this vibrant collection blends storytelling travel memories cultural insights and original artwork into one unforgettable culinary adventure Yes it is every bit as fun as it sounds Structured as a 12 month 12 country journey this book invites readers to explore the world through dishes that are approachable authentic and definitely not boring Each month highlights a new country Japan South Korea Thailand Guam the United States Mexico Honduras Peru France Germany Greece and Turkey Every chapter features one soup two main dishes and one dessert that reflect the heart and flavor of that culture It is global cooking without needing a layover Across 48 recipes Alex shares the dishes that shaped his travels challenged his skills and connected him to people across the globe From the bold spices of Mexico to the comforting warmth of German cuisine from the fiery heat of Thailand to the island charm of Guam readers are guided through recipes that prove international cooking does not have to be intimidating It just has to taste good And food is only the beginning Each chapter includes Original illustrations that add color culture and plenty of personality Personal anecdotes from Alex s adventures and life abroad Photographs capturing each dish in its full mouthwatering glory Cultural notes that honor the traditions and people behind the recipes A calendar style layout that turns every month into a mini world tour Whether you are a confident home cook or someone who just learned where the simmer setting is Around The World In Your Kitchen offers a warm and occasionally spicy invitation to explore the flavors that make our world so beautifully diverse Alex s passion for culture food and art shines through every page making this cookbook equal parts delicious and meaningful With heartfelt stories immersive visuals and recipes packed with personality this debut cookbook turns every month into a new passport stamp and every meal into a ticket around the globe

**World in Your Kitchen** Troth Wells,1995-08 If you believe we are one world and our survival depends on inter dependency rather than independency then in terms of food and cooking this is the book for you the most delicious recipes even a novice can make it s all in The World in your Kitchen Julie Christie Troth Wells makes a valuable contribution to moving towards a more sustainable world with The World in your Kitchen Marilyn Borchardt Food First Institute for Food and Development San Francisco The World in your Kitchen brings people together in the same way that food does This fascinating collection of vegetarian recipes shows how every non Western culture developed its own vegetarian cuisine It

gives you the chance to enjoy some of the vast range of different foods eaten in Africa Asia the Caribbean Latin America and the Middle East With historical and cultural background personal stories and people photography The World in your Kitchen brings color and context to global delights like quibebe pumpkin soup from Brazil coconut curry from Malaysia and avocado and zucchini enchiladas from Mexico Includes One hundred fifty easy to cook vegetarian dishes Clear step by step cooking method Personal recipes from around the world Full page color photographs Food facts and a glossary of foods Troth Wells has been with the New Internationalist since 1972 She has written a number of world food books **The World in Your Kitchen** Troth Wells,1995 **The World in Your Kitchen** . New Internationalist,2010 **The World in Your Kitchen Calendar 2016** Marc Ingrand,2015 **Around the World in Your Kitchen** Hildegarde Fillmore,1955 The World in Your Kitchen! Helen Jager,2015-08-17 The World in Your Kitchen Troth Wells,1993-01-01 *The World's Work* Walter Hines Page,Arthur Wilson Page,1918 A history of our time *Year Book* ,1924 **Library of the World's Best Literature, Ancient and Modern: A-Z** Charles Dudley Warner,Hamilton Wright Mabie, Lucia Isabella Gilbert Runkle,George Henry Warner,1902 *Year Book* Illinois Farmers' Institute. Department of Household Science,1924 **The World in Your Kitchen Calendar 2015** Jem Robinson,2014 Library of the World's Best Mystery and Detective Stories Julian Hawthorne,1907 **The World's Best Essays, from the Earliest Period to the Present Time** David Josiah Brewer,1900 *World in Your Kitchen Calendar 2019* Eva Schlunke,2018 **Collier's** ,1905 **The Boston Cooking School Magazine of Culinary Science and Domestic Economics** Janet McKenzie Hill,1906 Good Housekeeping ,1930

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