

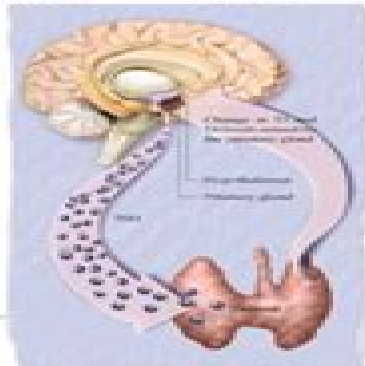
THYROID DISORDERS

What is the Thyroid?

The thyroid is a small gland that is shaped much like a butterfly (butterfly) and sits in the throat (neck). The thyroid gland sits just below the larynx. It makes hormones that regulate the normal function of many organs and tissues throughout the body and also controls growth.

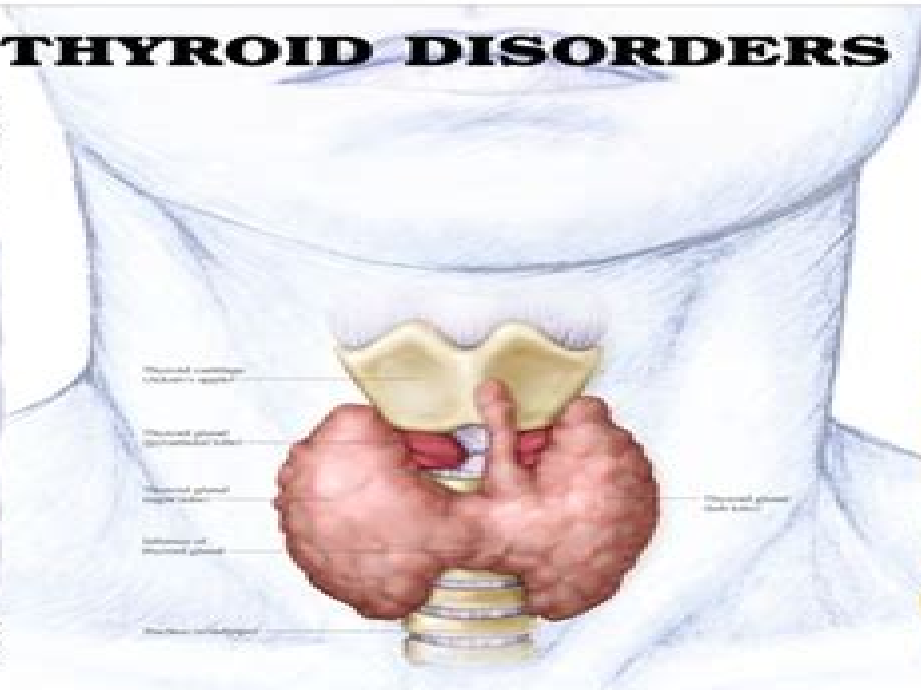
When the thyroid is not working properly, called thyroid disorders, it can cause:

- Weight gain
- Weight loss
- Fatigue
- Nervousness
- Irritability
- Depression
- Hair loss
- Heat intolerance
- Constipation
- Dry skin
- Enlarged thyroid



Normal Hormone Production

The thyroid gland is controlled by the pituitary gland. When the level of thyroid hormones (T4 & T3) drops, the brain tells the hypothalamus to release thyrotropin-releasing hormone (TRH). TRH is a growth hormone of the hypothalamus which tells the pituitary gland to make thyroid-stimulating hormone (TSH). TSH tells the thyroid gland to make more T4 & T3.



How to Check Your Thyroid

Use these four simple steps to determine if you have a problem with your thyroid. An enlarged thyroid gland is called a goiter.



1. While looking in a mirror, look at the area of your neck just below the Adam's apple. This is where you will find your thyroid.



2. Tilt your head back, while looking in the thyroid area in the mirror.



3. Take a drink of water from a glass and then tilt your head to the side while you swallow.

Overactive Thyroid



Overactive thyroid gland (hyperthyroidism)



- Bulging eyes
- Hyper-reflexia (trembling fingers)
- Trembling of hands

Common Thyroid Disorders

Overactive Thyroid (Hyperthyroidism)

The most common type of thyroid disorder is when the thyroid makes too much of the thyroid hormone. This condition is called hyperthyroidism. It is often called "Graves' disease."

Hyperthyroidism symptoms: When the thyroid makes too much of the thyroid hormone, it causes many symptoms, including weight loss, nervousness, irritability, and a rapid heartbeat. Other symptoms include heat intolerance, increased sweating, and frequent bowel movements. The thyroid gland can also become enlarged (a condition called a goiter) and sometimes cause protruding eyeballs (a condition called exophthalmos).

Hyperthyroidism treatment: There are three ways to control hyperthyroidism: with medication, with surgery, or with radioactive iodine. The condition usually goes away within six months with no permanent damage to the thyroid.

Symptoms

- Excessive weight loss, when eating appears normal
- Rapid or irregular heartbeat or palpitations of the heart
- Heat intolerance
- Nervousness
- Change in menstrual patterns
- Change in bowel patterns, especially more frequent
- Excessive sweating
- Enlarged thyroid gland, which may appear as a swelling in the base of the neck
- Excessive muscle weakness
- Difficulty sleeping
- Hair or nail loss in the neck

Underactive Thyroid



Underactive thyroid gland (hypothyroidism)



- Swollen neck veins
- Fatigue
- Dry skin

Underactive Thyroid (Hypothyroidism)

The most common type of thyroid disorder is when the thyroid makes too little of the thyroid hormone.

Hypothyroidism symptoms: The most common symptom of hypothyroidism is when the thyroid makes too little of the thyroid hormone. This causes many symptoms, including weight gain, fatigue, and a slow heartbeat. Other symptoms include cold intolerance, constipation, and dry skin. The thyroid gland can also become enlarged (a condition called a goiter) and sometimes cause protruding eyeballs (a condition called exophthalmos).

Hypothyroidism treatment: There are three ways to control hypothyroidism: with medication, with surgery, or with radioactive iodine. The condition usually goes away within six months with no permanent damage to the thyroid.

- Excessive weight gain
- Slowed heartbeat or a slow
- Constipation
- Weight gain and dry skin
- Cold intolerance
- Fatigue
- Excessive muscle weakness
- Depression
- Excessive muscle pain
- Hair or nail loss in the neck

Thyroid Nodules and Cancer



Nodule and Cancer

Thyroid nodules: An abnormal growth of thyroid cells in the thyroid gland. Most nodules are benign (not cancerous) and do not cause any symptoms. Some nodules can cause symptoms, such as a lump in the neck or a change in the voice. Some nodules can also cause hyperthyroidism.

Thyroid cancer: A type of cancer that starts in the thyroid gland. It is usually found in the thyroid gland. The most common type of thyroid cancer is papillary thyroid cancer, which is usually found in the thyroid gland. It is usually found in the thyroid gland. It is usually found in the thyroid gland.

- Lump in the neck or the neck, on either side of the neck
- Hoarseness or a change in the voice
- Difficulty swallowing
- Difficulty breathing
- Pain in the neck or throat, sometimes spreading to the ears

Thyroid Disorders

Jicheng Xie



Thyroid Disorders:

Enjoying the Song of Term: An Psychological Symphony within **Thyroid Disorders**

In some sort of consumed by displays and the ceaseless chatter of instant communication, the melodic beauty and psychological symphony created by the prepared term usually diminish into the backdrop, eclipsed by the persistent sound and interruptions that permeate our lives. Nevertheless, set within the pages of **Thyroid Disorders** an enchanting fictional value overflowing with natural thoughts, lies an immersive symphony waiting to be embraced. Crafted by an outstanding composer of language, that captivating masterpiece conducts readers on a mental trip, well unraveling the concealed tunes and profound affect resonating within each cautiously crafted phrase. Within the depths with this emotional examination, we will discover the book is main harmonies, analyze their enthralling writing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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