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A Physician's Complete Guide to Medical Self-care Timothy Rumsey, Orlo Otteson, 1981

The Unabashed Self-promoter's Guide Jeffrey L. Lant, 1983

The Will to Whatevs Eugene Mirman, 2009-02-19 No one understands the complexities of modern life better than Eugene Mirman claims Eugene Mirman and anyone seeking guidance from a man who has lived through everything except the Great Depression the Spanish American War and Jerry Lee Lewis's sex scandal won't resist this charmingly hysterical guidebook Become ultra popular in high school without putting out whatever that is Discover somewhere between four and two thousand ways to overcome social anxiety closer to four Start a band become an artist or disappoint your parents by getting on a reality television show

Books of 1912-, 1922 *American Cookery*, 1925 *Self Help* Brent Claremont, 2014-11

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110 self improvement tips that will improve your relationship increase your productivity and enhance your outlook in all aspects of your life From health and relationship to finance and career we have the tips to make improve your sense of self and advance your successes in life

Complete Guide to Sports Injuries Henry Winter Griffith,1986 Describes the symptoms causes treatments and possible complications of a vriety of sports related injuries and ailments and gives advice on preventing injuries

Good Housekeeping ,1924

Really Writing! Cherlyn Sunflower,2005-12-23 The second edition of Really Writing provides 40 real life writing activities that capture the attention of young authors grades 2 through 6 who are just learning the composing process This book is also a valuable resource for teaching advanced writers who are ready to experiment with a variety of writing and speaking genres Each of the Really Writing activities is based on state and national standards and assists teachers in providing for the wide range of writing abilities that exist in most classrooms At the end of each lesson are practice Writing Prompts that are ready to use in preparing students for success

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Country Guide and Nor'west Farmer ,1924

Core Concepts in Health Paul M. Insel,Walton T. Roth,1991

Christian Writers' Market Guide 2003 Sally Stuart,2003-01-21 Lists Christian book and periodical publishers by subject area Includes greeting card gift and specialty markets as well as directories of conferences and workshops writers clubs and groups literary agents contests as well as a glossary of terms

Union Labor Report Weekly Newsletter ,1984

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