



Understanding Self Help Mutual Aid

Barbara Marie Hughes



Understanding Self Help Mutual Aid:

Understanding Self-help/mutual Aid Thomasina Borkman,1999 Self help groups have encountered fierce criticism as places where individuals join to share personal problems and to engage in therapeutic intervention without the aid of skilled professionals These groups have flourished since the 1970s and continue to serve more people than professional therapy Yet these groups have been criticized as fostering a culture of whiners and victims and not using professional help as needed Thomasina Jo Borkman debunks this commonly held assessment and also examines the reasons for these groups enduring popularity since the 1960s more people attend these meetings word than see professional therapists What accounts for their success and popularity *Understanding Self Help Mutual Aid Groups* is the first book to describe three stages of individual and group evolution that is part of this organization s very structure it also reconceptualizes participants interactions with professionals The group as a whole Borkman posits draws on the life experiences of its membes to foster nurturing support and transformation through a circle of sharing Groups create more positive and less stigmatizing meaning perspectives of the members problems than is available from professionals or lay folk culture *Understanding Self-help/mutual Aid* Thomasina Borkman,1999 Self help groups have encountered fierce criticism as places where individuals join to share personal problems and to engage in therapeutic intervention without the aid of skilled professionals These groups have flourished since the 1970s and continue to serve more people than professional therapy Yet these groups have been criticized as fostering a culture of whiners and victims and not using professional help as needed Thomasina Jo Borkman debunks this commonly held assessment and also examines the reasons for these groups enduring popularity since the 1960s more people attend these meetings word than see professional therapists What accounts for their success and popularity *Understanding Self Help Mutual Aid Groups* is the first book to describe three stages of individual and group evolution that is part of this organization s very structure it also reconceptualizes participants interactions with professionals The group as a whole Borkman posits draws on the life experiences of its membes to foster nurturing support and transformation through a circle of sharing Groups create more positive and less stigmatizing meaning perspectives of the members problems than is available from professionals or lay folk culture **Self-Help and Mutual Aid Groups** Francine Lavoie,Benjamin Gidron,2014-01-09 Here is new information on the development of international and intercultural research on self help groups This book reflects the many developments which have occurred in the field over the past decade emphasizing empirical research *Self Help and Mutual Aid Groups* provides specific research findings and honed concepts to help health professionals learn more about self help groups and work effectively with such groups More countries and ethnic groups are now involved in the self help movement and this volume increases knowledge of how different cultures react to and participate in self help mutual aid and how self help groups can be adapted to fit different racial or ethnic populations *Self Help and Mutual Aid Groups* explores the definition of self help the centrality of culture as a major factor explaining

variability in self help the development of appropriate methodological tools and the role and involvement of professionals It brings together different traditions of research for the study of cross and intercultural and inter and intraorganizational aspects of self help groups Contributors who represent various disciplines including psychology sociology social work and nursing discuss a paradigm for research in self help the development of self help groups in Japan Hong Kong and the former East Germany the participation of blacks in Alcoholics Anonymous the participation of Mexican Americans in groups for parents of the mentally ill relationships between self help groups and health professionals predictors of burnout in self help group leaders characteristics of effective groups ways individuals change their world view through self help participation Self Help and Mutual Aid Groups is an informative and helpful resource for self help researchers and teachers students and professionals who want to be more effective in their work with self help groups across cultural and national lines

Handbook of Community Movements and Local Organizations Ram A. Cnaan, Carl Milofsky, 2007-12-18 Although the way associations and the organization of local social life are intertwined is one of the oldest approaches to community study the way citizens and residents come together informally to act and solve problems has rarely been a primary focus Associations are central to important and developing areas of social theory and social action This handbook takes voluntary associations as the starting point for making sense of communities It offers a new perspective on voluntary organizations and gives an integrated yet diverse theoretical understanding of this important aspect of community life *Encyclopedia of Mental Health*, 2015-08-26 Encyclopedia of Mental Health Second Edition Four Volume Set tackles the subject of mental health arguably one of the biggest issues facing modern society The book presents a comprehensive overview of the many genetic neurological social and psychological factors that affect mental health also describing the impact of mental health on the individual and society and illustrating the factors that aid positive mental health The book contains 245 peer reviewed articles written by more than 250 expert authors and provides essential material on assessment theories of personality specific disorders therapies forensic issues ethics and cross cultural and sociological aspects Both professionals and libraries will find this timely work indispensable Provides fully up to date descriptions of the neurological social genetic and psychological factors that affect the individual and society Contains more than 240 articles written by domain experts in the field Written in an accessible style using terms that an educated layperson can understand Of interest to public as well as research libraries with coverage of many important topics including marital health divorce couples therapy fathers child custody day care and day care providers extended families and family therapy *Elgar Encyclopedia of Nonprofit Management, Leadership and Governance* Kevin P. Kearns, Wenjiun Wang, 2023-12-11 The Elgar Encyclopedia of Nonprofit Management Leadership and Governance is the ultimate reference guide for those interested in the rapidly growing nonprofit sector Each insightful entry includes a definition of the concept practical applications in nonprofit organizations and discussion of current issues and future directions **The Self-Help Sourcebook** Edward J. Madara, Barbara J.

White,1998 The Self-help Way Jean-Marie Romeder,Canadian Council on Social Development,1990 This publication offers a summary of current knowledge in the field of self help mutual aid It proposes a new definition of self help groups outlines a theory of motivation for mutual aid that gives readers a better understanding of the forces and dynamics at work in the mutual aid practised in self help groups It proposes a model for personal health examines the sources of reluctance many people have to self help groups and the way one can overcome them It also contains an overview of numerous studies on self help groups and of the activities that have lent support to the self help movement Finally it presents the similarities and differences between the activities of members of self help groups and those of professionals

Self-help and Mental Health Nérée St-Amand,Huguette Clavette,Canadian Council on Social Development,1992 This document provides readers with a conceptual and historical overview of self help It presents a general analytical framework and familiarizes readers with the principal writers researchers and thinkers in the field The remainder of the document concentrates on the life stories people agreed to share It breaks the accounts down into three segments primary network relationships relations with the professional help network and relations with the mutual aid network It summarizes the knowledge gleaned from the analysis of the accounts presented particularly as it relates to profession training in social work

The Evolution of Self-Help M. Archibald,2007-11-15 This book examines the institutionalization of self help in the United States using organizational and social movement theories Looking at a fifty year period Archibald charts the formation and dissolution of over 500 medical academic and popular organizations He explores the ways in which the marginal practices of sufferers of chronic conditions like Parkinson s or alcoholism became the common solution for all manner of medical behavioral and psychological problems

Handbook of Mental Health Interventions in Children and Adolescents Hans Steiner,2004-03-29 The Handbook of Mental Health Interventions in Children and Adolescents is an essential guide for mental healthcare professionals to the theory and practice of mental health treatment for children up to age nineteen Written by a panel of the best known names in the field this systematic and comprehensive resource includes the most current information on developmental science as it pertains to treatment psychopharmacology psychotherapy sociotherapy and the integration of treatments

Consumer Perspectives of the Role of Self-help and Traditional Services in the Lives of People with Schizophrenia Barbara Marie Hughes,2004

Professional Engineer ,1920 **The Minneapolis Co-operator** ,1926

Self-Help and Support Groups Linda Farris Kurtz,1997 She provides practical advice and direction to professionals for working with these groups while analyzing self help support organizations on three different levels in terms of the groups themselves the groups members and the practitioner s interaction with the groups In addition this comprehensive volume discusses the most prominent representative associations as examples of different types of groups including Alcoholics Anonymous Recovery Inc National Alliance for the Mentally Ill and the Alzheimer s Association It also examines the rise of telephone and on line self help considering the advantages and disadvantages of this style of group interaction

Constructor ,1924 **Does Self-help Help?** Brian Hyndman,University of Toronto. Centre for Health
Promotion,Participaction (Program),1997 **Health Insurance Addresses, 1916-21** Frederick Ludwig Hoffman,1920
Biology Pamphlets ,1929 **Compulsory sickness insurance** National Civic Federation,1920

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