

"A powerful, persuasive, affirming and sensible perspective on feeding children of all ages. This book will transform the lives of parents and children who struggle over when, what, and how much to eat."

Harriet Goldhor Lerner  
Author of *The Dance of Anger*

# SOLVING YOUR CHILD'S EATING PROBLEMS

(Originally titled: *Are You Hungry?*)

A COMPLETELY NEW APPROACH  
TO RAISING CHILDREN FREE OF FOOD  
AND WEIGHT PROBLEMS

Jane R. Hirschmann

Co-author of *Overcoming Overeating* and

Lela Zaphiropoulos

Introduction by William B. Bateman, Jr., M.D.

# Solving Your Childs Eating Problem

**B Lingard**



## **Solving Your Childs Eating Problem:**

## Whispering the Techniques of Language: An Psychological Quest through **Solving Your Childs Eating Problem**

In a digitally-driven earth wherever displays reign supreme and instant interaction drowns out the subtleties of language, the profound techniques and psychological subtleties hidden within words frequently go unheard. Yet, located within the pages of **Solving Your Childs Eating Problem** a captivating fictional treasure pulsating with raw emotions, lies an extraordinary quest waiting to be undertaken. Published by a talented wordsmith, this wonderful opus encourages viewers on an introspective journey, softly unraveling the veiled truths and profound affect resonating within the very cloth of every word. Within the mental depths of this emotional review, we shall embark upon a sincere exploration of the book is key themes, dissect their fascinating publishing fashion, and fail to the strong resonance it evokes strong within the recesses of readers hearts.

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