

†compare to **Simply Sleep**<sup>®</sup>  
active ingredients.



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# Sleep-Aid

sleep-aid/non habit forming

**REGULAR STRENGTH**  
**Diphenhydramine HCL**  
25mg *each caplet*

- Does Not Contain Pain Reliever
- Non-Habit Forming



**100 caplets**

*not actual size; actual shape may vary*

**TAMPER EVIDENT** Do not use if safety seal under cap is broken or missing.

Lot No.  
Exp. Dt.



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## Sleep Aids:

**Prescription Sleep Aid Use Among Adults** Yinong Chong, Cheryl D. Fryar, Qiuping Gu, 2013 *FDA Consumer*, 1989  
**Handbook of Non-prescription Drugs**, 1996 *Sleep Aids* M. Foster Olive, D. J. Triggler, State University of New York at Buffalo Staff, Pharmaceutical Sciences Staff, 2006 This book examines the many kinds of sleep aids in use from over the counter and herbal products to powerful prescription drugs and shows how they affect the body in the long and short term  
**Hygeia**, 1939 **Competitive Problems in the Drug Industry** Library of Congress. Congressional Research Service, 1979 **American Medicine**, 1902 **American Medico-surgical Bulletin** William Henry Porter, Robert Gibson Eccles, 1893 **People of the State of Illinois V. Hari**, 2005 Good Housekeeping, 1920 *An Outline for the Teaching of Nutrition and Health in the Elementary Grades* Merrill-Palmer Institute, 1928 **The Teachers' Aid**, 1904 *Homœopathic Journal of Obstetrics, Gynaecology and Pediatrics*, 1882 Saitō Musashi-bō Benkei James Seguin De Benneville, 1910 Catalog of Copyright Entries Library of Congress. Copyright Office, 1916 **Catalogue of Copyright Entries**, 1916 **Parent Education** Richard Olding Beard, 1927 Catalog of Copyright Entries. Part 1. [B] Group 2. Pamphlets, Etc. New Series Library of Congress. Copyright Office, 1916 **Saitō Musashi-bō Benkei. (Tales of the Wars of the Gempei)** James Seguin De Benneville, 1910 **Catalogue of Title-entries of Books and Other Articles Entered in the Office of the Librarian of Congress, at Washington, Under the Copyright Law ... Wherein the Copyright Has Been Completed by the Deposit of Two Copies in the Office** Library of Congress. Copyright Office, 1916

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