

THE Chinese Banquet COOKBOOK

Authentic Feasts from China's Regions
with 10 complete banquets and over 100 recipes

EILEEN YIN-FEI LO



DRAWINGS BY LAUREN JARRETT

The Chinese Banquet Cookbook

Carroll Lindsey



The Chinese Banquet Cookbook:

The Chinese Banquet Cookbook Eileen Yin-Fei Lo, 1985 *Invitation to a Banquet* Fuchsia Dunlop, 2023-11-07 Finalist for the 2024 IACP Award for Literary or Historical Food Writing An NPR 2023 Books We Love Pick A Food Wine Best Food Book of 2023 A Financial Times Best Food and Drink Book of 2023 One of Smithsonian's Ten Best Books About Food of 2023 The world's most sophisticated gastronomic culture brilliantly presented through a banquet of thirty Chinese dishes Chinese was the earliest truly global cuisine When the first Chinese laborers began to settle abroad restaurants appeared in their wake Yet Chinese has the curious distinction of being both one of the world's best loved culinary traditions and one of the least understood For more than a century the overwhelming dominance of a simplified form of Cantonese cooking ensured that few foreigners experienced anything of its richness and sophistication but today that is beginning to change In *Invitation to a Banquet* award winning cook and writer Fuchsia Dunlop explores the history philosophy and techniques of Chinese culinary culture In each chapter she examines a classic dish from mapo tofu to Dongpo pork knife scraped noodles to braised pomelo pith to reveal a distinctive aspect of Chinese gastronomy whether it's the importance of the soybean the lure of exotic ingredients or the history of Buddhist vegetarian cuisine Meeting food producers chefs gourmets and home cooks as she tastes her way across the country Fuchsia invites readers to join her on an unforgettable journey into Chinese food as it is cooked eaten and considered in its homeland Weaving together history mouthwatering descriptions of food and on the ground research conducted over the course of three decades *Invitation to a Banquet* is a lively landmark tribute to the pleasures and mysteries of Chinese cuisine

The Chinese Chicken Cookbook Eileen Yin-Fei Lo, 2007-11-01 Renowned Chinese cooking expert and IACP Award winning author Eileen Yin Fei Lo who has been called the Marcella Hazan of Chinese cooking brings American home cooks more than 100 recipes for the versatile chicken from simple stir fries to celebration dishes In China the chicken represents the phoenix the mythological bird that rose from its ashes and that symbolizes rebirth and reaffirmation Because of this deeply held belief chicken is served at every New Year celebration every wedding feast and every birthday dinner The chicken is honored for its eggs its meat and the flavor it provides for stocks and broths Because of the reverence for this bird the Chinese prepare chicken in myriad ways Chicken is steamed baked boiled stir fried deep fried pan fried and roasted It is served hot cold or at room temperature No part of the chicken is wasted from its bones to its skin to its feet a Chinese delicacy Now renowned Chinese cooking expert Eileen Yin Fei Lo who has been called the Marcella Hazan of Chinese cooking by *The New York Times* brings her love of Chinese cooking and traditional Chinese chicken recipes to American home cooks in *The Chinese Chicken Cookbook* *The Chinese Chicken Cookbook* brings together more than one hundred of the best traditional and modern chicken recipes of China from simple stir fries to more elaborate celebration dishes In chapters that pair chicken with noodles and rice and in chapters on soup preparing chicken in the wok and cooking it whole readers will find dozens of delicious easy to prepare delicacies Recipes such as Two Sesame

Chicken Hot and Sour Soup Ginger Noodles with Chicken Chicken Water Dumplings Chicken Stir Fried with Broccoli Mu Shu Chicken with Bok Bang Mah Jongg Chicken and Asparagus Wrapped in Minced Chicken offer new and flavorful ways to prepare chicken whether you're making a quick weeknight meal or having dinner guests on a Saturday night. Although these recipes use ingredients that home chefs can find in the international section of a well-stocked supermarket or on the Internet, Lo includes the Chinese names for ingredients and recipes rendered in beautiful Chinese calligraphic characters. Not only decorative, these characters can help you locate unfamiliar ingredients in a Chinese market. The Chinese Chicken Cookbook also has sections on how to select and clean a chicken, a detailed explanation of Chinese ingredients, suggested equipment including how to properly season a wok and how to cook a perfect pot of rice. With wonderful family stories from the author's childhood in China, The Chinese Chicken Cookbook is not just a cookbook for your cookbook library; it is a source of culinary inspiration.

Family Style Chinese Cookbook Shanti Christensen, 2016-12-20. Family Style Chinese Cookbook is a treasure trove of real Chinese home cooking. But it's more than just a cookbook; it's a collection of stories about tradition, ceremony, family, and pride. Bee Yinn Low, author of *Easy Chinese Recipes*, Authentic Chinese cuisine is responsible for some of the most tantalizing dishes in the world. And yet creating these delicious dishes may seem daunting. We're not talking about westernized Chinese food that you can find in most Chinese cookbooks, but rather the succulent flavors, vibrant aromatics, and bold pairings that define what authentic Chinese food truly is. Shanti Christensen knows a thing or two about what makes Chinese food authentic. As food editor for *Time Out Beijing* and an avid traveller, Shanti soaked up China's culture and food. But the best cuisine she experienced wasn't from five-star restaurants, but rather from the family kitchens of locals. Family Style Chinese Cookbook is an assemblage of family recipes that Shanti collected during her time with families throughout China. Presented alongside endearing stories, these recipes form a Chinese cookbook that evokes a truly unique experience to excite your curious spirit and surprise your adventurous palate. With Family Style Chinese Cookbook, you'll find everything you need to cook home-style Chinese food from your very own kitchen, including high-quality authentic Chinese family heirloom recipes, cooking tips based on your personal preferences and suggested variations for hard-to-find ingredients, guidance for stocking up on Chinese pantry essentials and finding unique ingredients, overview of essential equipment commonly required for proper recipe preparation such as a glazed clay pot, wok, and mandoline, simplified instructions of basic cooking techniques including those for tenderizing meat, stir-frying, parboiling, and braising. In China, food brings people together. With the ease and simplicity of Family Style Chinese Cookbook, you and yours will savor the bold flavors, sweet aromas, and warm connection that can be offered through authentic Chinese cooking.

New York Cookbook Molly O'Neill, 1992-01-01. More than five hundred recipes celebrate the passion for food with New York specialties ranging from Codfish Puffs to Braised Lamb Shanks to Kreplach.

Mastering the Art of Chinese Cooking Eileen Yin-Fei Lo, 2009-10-28. With more than 100 classic recipes and technique illustrations throughout, Mastering the Art of Chinese

Cooking makes the glories of this ancient cuisine accessible **My Grandmother's Chinese Kitchen** Eileen Yin-Fei Lo, 2006-12-05 Award winning cookbook author and celebrated food expert Eileen Yin Fei Lo learned how to cook from her talented grandmother This inspiring and instructive book collects 100 recipes the author learned in her grandmother's kitchen along with the life lessons observations and other gifts she hopes to pass on to readers and future generations Cherished holiday recipes include steamed buns and fish congees for birthdays vegetables prepared during the Lunar New Year and rice dumplings made for the Dragon Boat Festival All the essential techniques of the Chinese kitchen are represented including stir frying steaming roasting stewing braising and more A volume to cook from to share and to read as a memoir in its own right My Grandmother's Chinese Kitchen celebrates a great culinary tradition by sharing family wisdom and timeless recipes *History of Soybeans and Soyfoods in China, in Chinese Cookbooks and Restaurants, and in Chinese Work with Soyfoods Outside China (Including Taiwan, Manchuria, Hong Kong & Tibet) (1949-2022)* William Shurtleff; Akiko Aoyagi, 2022-01-11 The world's most comprehensive well documented and well illustrated book on this subject With extensive subject and geographic index 231 photographs and illustrations mostly color Free of charge in digital PDF format

Chinese Cuisine Carroll Lindsey, 2022-02-14 There's no need to go out for Chinese any more with this collection of Chinese and Chinese inspired recipes Thinking of preparing a Chinese banquet Check out this Delicious Chinese Recipe with 20 Chinese recipes Here's everything you need to create a sumptuous Chinese feast **The Chinese Kitchen** Eileen Yin-Fei Lo, 1999-11-17 Eileen Yin Fei Lo author of award winning cookbooks menu developer for top Asian restaurants and cooking teacher presents her life's work Reflecting on her life in food including her childhood in Canton China where she learned to cook at her grandmother's side Eileen has created an exhaustive cookbook of extensive scope Everything about Chinese cooking has cultural significance and much of what Eileen talks about in this book has never appeared in print before in the English language There are more than 250 recipes in all including many classic banquet style recipes quite a number presented for the first time in the traditional manner from Peking Duck to Beggar's Chicken Dozens of the techniques for preparing these elaborate recipes are shown in full color photographs in the color insert as well Eileen also includes many of her own creations such as infused oils and rich flavorful stocks essential for cooks who are serious about mastering the ancient art of Chinese cooking Everything is here dim sum congees stir fries rice dishes noodles bean curd meat dishes and more For anyone who loves Asian cuisines this is the ultimate cookbook and for cookbook lovers and aspiring food professionals this is required reading **Invitation to a Banquet** Fuchsia Dunlop, 2025-01-21 An NPR 2023 Books We Love Pick A Food Wine Best Food of 2023 A Financial Times Best Food and Drink Book of 2023 One of Smithsonian's Ten Best Books About Food of 2023 The world's most sophisticated gastronomic culture brilliantly presented through a banquet of thirty Chinese dishes The Gourmet Chinese Regional Cookbook Calvin B. T. Lee, Audrey Evans Lee, 1981

History of Soy Sauce (160 CE To 2012) William Shurtleff, Akiko Aoyagi, 2012 **The Little Chinese Cookbook**

Murdoch Books Test Kitchen,2015-11-18 The Little Chinese Cookbook explores the ways in which geography climate culture and tradition have shaped one of the world s most popular cuisines It takes a look at the behind the scenes world of growers artisans chefs and home cooks whose passion for produce is reflected in the regional styles and flavours of China s rich and varied food More than 80 recipes including street food seafood dim sum recipes hotpots and desserts **The Step-by-step Chinese Cookbook** Georges Spunt,1977 **Recipes For Chinese Food Lovers** Powers Mary,2022-02-18 With this book there s no need to go out and find a Chinese restaurant since there s a plenty of Chinese and Chinese inspired recipes in here If you re thinking of preparing a Chinese banquet you should check out Recipes For Chinese Food Lovers Here s everything you need for tasty Chinese feast [History of Soybeans and Soyfoods in China and Taiwan, and in Chinese Cookbooks, Restaurants, and Chinese Work with Soyfoods Outside China \(1024 BCE to 2014\)](#) William Shurtleff,H.T. Huang,Akiko Aoyagi,2014-06-22 The world s most comprehensive well documented and well illustrated book on this subject With extensive index 372 photographs and illustrations Free of charge in digital format on Google Books **The Complete Asian Cookbook: China** Charmaine Solomon,2014-02-01 A beautifully crafted food series based on the most iconic book on Asian cuisine The Complete Asian Cookbook series is based on Charmaine Solomon s groundbreaking work into the diverse amazing cuisines across many nations For the first time The Complete Asian Cookbook is divided into 6 geographical regions with a complementary design treatment so they may be collected as a set With the same emphasis on authentic recipes that work every time The Complete Asian Cookbook series promises to be well used time and again Perfect for anyone wanting to experiment with different Asian cuisines or collect the whole set which includes Thailand Burma Cambodia Laos Vietnam China Japan Korea Indonesia Malaysia Singapore Sri Lanka The Philippines India Pakistan **History of Tofu and Tofu Products (965 CE to 2013)** William Shurtleff,Akiko Aoyagi,2013-05 **The Cumulative Book Index** ,1985 A world list of books in the English language

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