



# The Shoulder & Elbow



Shoulder (glenohumeral joint)  
(acromioclavicular joint, clavicle removed)

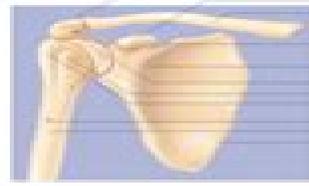


## The shoulder

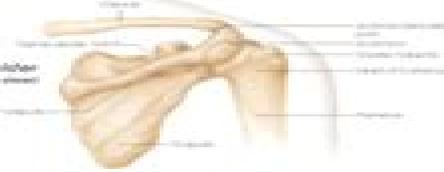
The shoulder is a ball-and-socket joint, formed by the head of the humerus (upper arm bone) resting in the glenoid cavity of the scapula (shoulder blade). It is a synovial joint, which means it is surrounded by a joint capsule and synovial fluid. The shoulder is a highly mobile joint, allowing for a wide range of motion. It is also a complex joint, with many ligaments and muscles that help to stabilize it.



Shoulder (ball & socket joint)



Shoulder (lateral view)



Shoulder (anterior view)



Elbow (lateral view)



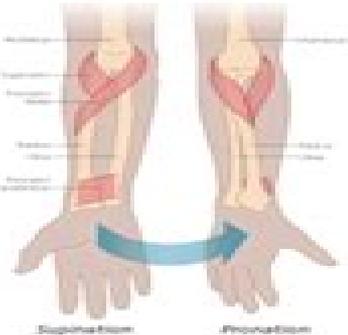
Elbow (posterior view)



Elbow - hinge joint

## The elbow

The elbow is a hinge joint, formed by the distal end of the humerus (upper arm bone) and the proximal ends of the ulna and radius (forearm bones). It is a synovial joint, which means it is surrounded by a joint capsule and synovial fluid. The elbow is a highly mobile joint, allowing for a wide range of motion. It is also a complex joint, with many ligaments and muscles that help to stabilize it.



Supination

Pronation



Flexion



Extension

**Acromioclavicular dislocation Grade I (minor) view**

**Acromioclavicular dislocation Grade II (minor) view**

**Acromioclavicular dislocation Grade III (minor) view**

**Rotator cuff tear (minor) view**

**Impingement (minor) view**

# Understanding Shoulder Elbow

**B Lingard**



## **Understanding Shoulder Elbow:**

## **Understanding Shoulder Elbow** Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Understanding Shoulder Elbow**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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