



Ski Running

S Ashworth



Ski Running:

Ski-running Katharine Furse, 2019-11-20 In *Ski running* Katharine Furse immerses readers in the exhilarating world of skiing intertwining personal narrative with a profound exploration of the sport's technicalities and its interplay with nature. Furse employs a vivid and engaging literary style that captures the thrilling essence of ski running while also delving into the profound emotional and psychological dimensions of the athlete's experience. Set against the backdrop of early 20th century winter sports culture, the book reflects the growing popularity of skiing during this era and serves both as a spirited adventure and an informative guide for enthusiasts and novices alike. Katharine Furse, a pioneering figure in women's skiing and a skilled athlete herself, draws from her own extensive experiences on the slopes to craft a compelling narrative. Her passion for skiing, coupled with her desire to improve women's visibility in the sport, undoubtedly fueled her motivation to write this book. Furse's contributions to skiing extend beyond literature as she was also involved in organizing competitions and advocating for female participation in athletics, making her insights especially valuable. *Ski running* is highly recommended for both enthusiasts of winter sports and those seeking an enthralling narrative that celebrates human resilience and adventure. Furse's unique perspective will resonate with readers interested in the intersections of sports, gender, and personal discovery, making it a must-read for anyone keen to explore the exhilarating world of skiing.

Ski-running*, by D.M.M.C. Somerville, W.R. Rickmers, and E.C. Richardson, ed. by E.C. Richardson** D M M. Crichton Somerville, 1905 ***The Physics of Skiing David A. Lind, Scott P. Sanders, 2013-06-29 Just over ten years ago when the first drafts of this book were being written and even more so a few years after that as it was making its way through the publication process, alpine skiing was experiencing what eventually became a complete revolution in equipment and technique. Shaped or parabolic skis completely took over the market and even relatively beginning skiers expected to carve graceful turns as they schussed down the slopes. Re-reading our work with an eye to revision, we have been surprised to see how our focus on the physics of skiing in the first edition allowed us to recognize the fundamental importance of what were then quite novel changes in equipment and technique. The essence of the enhancement offered by shaped skis is their greater sidecut radius. Our original discussion then and now in Chapters 3 and 4 of the crucial role that a ski's sidecut plays in carving a turn caused us to write for the most part as if the shaped ski had always been in existence. Similarly, our interest in the geometry of the sidecut allowed us to discuss snowboards in some detail as well for the key to their ability to shred down the mountain is their deep sidecut. ***Skis in the Art of War*** K. B. E. E. Eimeleus, 2019-10-15 K B E E Eimeleus was ahead of his time with his advocacy of ski training in the Russian armed forces. Employing terminology never before used in Russian to describe movements with which few were familiar, *Skis in the Art of War* gives a breakdown of the latest techniques at the time from Scandinavia and Finland. Eimeleus's work is an early and brilliant example of knowledge transfer from Scandinavia to Russia within the context of sport. Nearly three decades after he published his book, the Finnish army

employing many of the ideas first proposed by Eimeleus used mobile ski troops to hold the Soviet Union at bay during the Winter War of 1939 40 and in response the Soviet government organized a massive ski mobilization effort prior to the German invasion in 1941 The Soviet counteroffensive against Nazi Germany during the winter of 1941 42 owed much of its success to the Red Army ski battalions that had formed as a result of the ski mobilization In this lucid translation that includes most of the original illustrations scholar and former biathlon competitor William D Frank collaborates with E John B Allen known world wide for his work on ski history **Sweden** Axel Johan Josef Guinchard,1914 [The New Guide to Skiing](#) Martin Heckelman,1995-09-17 Packed with specially commissioned freeze frame photographic sequences of a highly successful instructor demonstrating his skills this is the definitive guide to one of today s most popular participation sports Over 350 full color photos and diagrams **Outdoor Sports the Year 'round** ,1924 **The Saturday Review** ,1926 **Colonel Bilgeri's Handbook on Mountain Ski-ing** Georg Bilgeri,1929 **First International Recreation Congress** ,1933 *Outing* ,1914 **How to Ski and how Not to** Vivian Caulfeild,1921 **The Boy's Own Annual** ,1904 *The Journal of Health and Physical Education* ,1932 *Outing and the Wheelman* ,1913 **Sierra Club Bulletin** ,1930 *The Lone Hand* ,1909 *The Lone Hand: May-October 1909* ,1909 *The Encyclopædia Britannica* Hugh Chisholm,James Louis Garvin,1926 **Pearson's Magazine** ,1903

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