



Behavior therapy



Cognitive behavioral
therapy

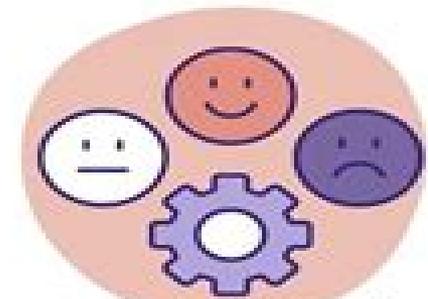
TYPES OF PSYCHOTHERAPY



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therapy



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therapy



Dialectical
behavior therapy

Therapy Techniques Trending

Lei Huang



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