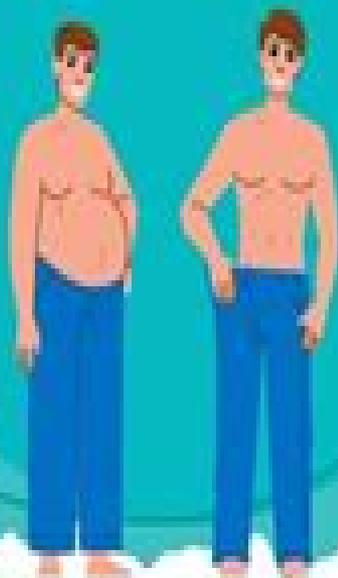


# UNDERSTANDING WEIGHT LOSS: SCIENCE AND STRATEGIES



# Understanding Weight Loss Programs

**S Baum**



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