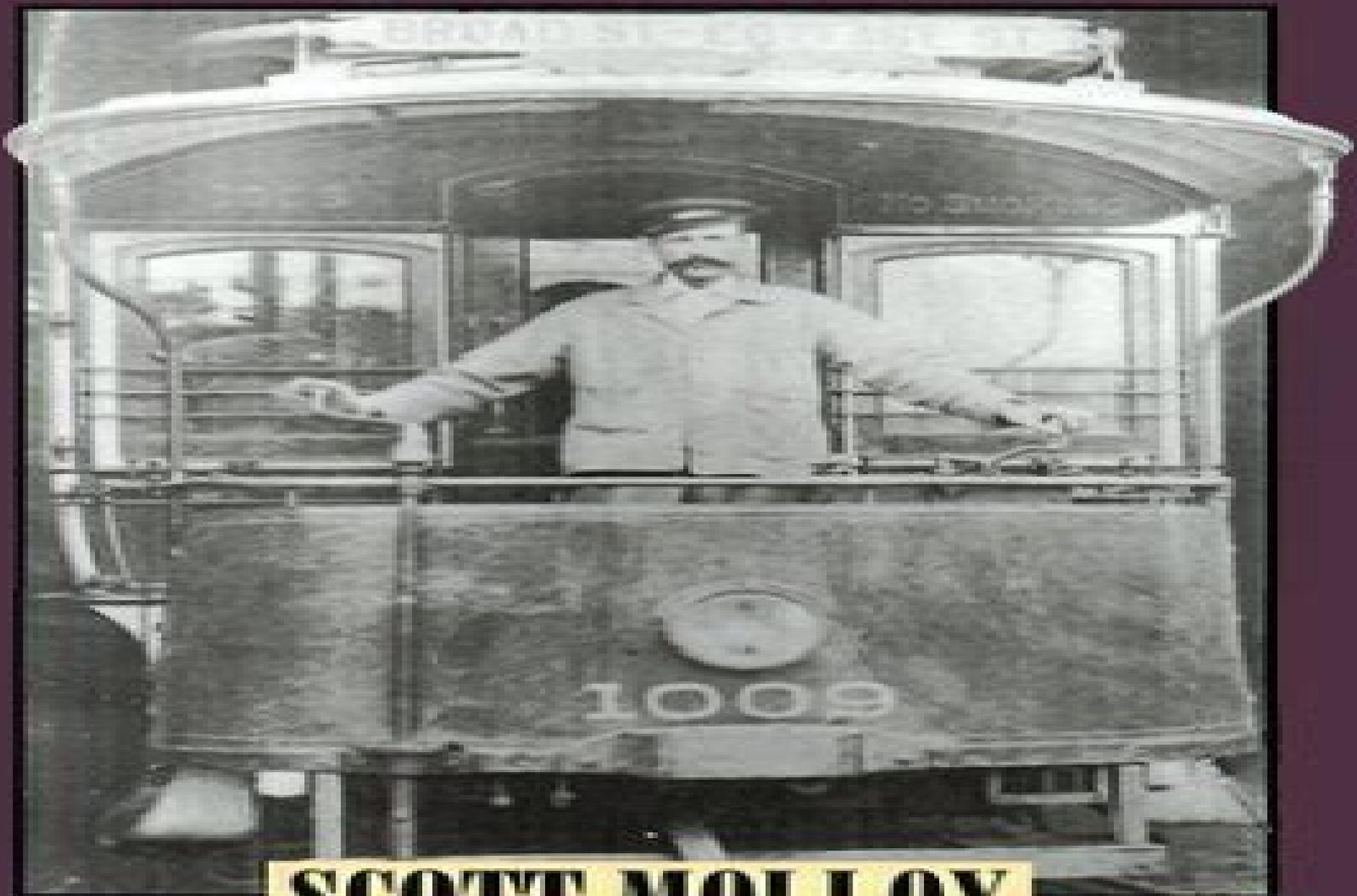


TROLLEY WARS

STREETCAR WORKERS ON THE LINE



SCOTT MOLLOY

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Trolley Wars Judi Bevan, 2006 The story of the ferocious battle for supremacy of the four main supermarket chains in Britain Sainsbury Tesco Safeway and Asda There are dynasties in decline upstarts coming of age and those who struggle by the wayside The story of how Tesco came from brash beginnings to challenge and finally overtake the patrician Sainsbury as the market leader in 1995 stunned the retailing world and raised the curtain on the dramatic rise of supermarket chains in the second half of the 20th century Behind the bare statistics of roller coaster profits and changing market shares lies a deeper tale of social change increasing power and clashes with Government and pressure groups The huge buying power of the supermarket chains and the growth of edge of town shopping with vast car parking has destroyed many small high streets along with traditional butchers fishmongers and greengrocers Yet their growth has been fuelled by the increase in the numbers of working women who no longer have the time or inclination to shop by foot at small outlets The result is a love hate relationship with their customers The fever of competition engendered by the heads of these companies cannot be underestimated This book goes behind the checkout till and into the boardroom to discover the true story and show what will happen next Click here to visit the author s website

Running the Rails James Wolfinger, 2016-06-07 Philadelphia exploded in violence in 1910 The general strike that year was a notable point but not a unique one in a generations long history of conflict between the workers and management at one of the nation s largest privately owned transit systems In *Running the Rails* James Wolfinger uses the history of Philadelphia s sprawling public transportation system to explore how labor relations shifted from the 1880s to the 1960s As transit workers adapted to fast paced technological innovation to keep the city s people and commerce on the move management sought to limit its employees rights Raw violence welfare capitalism race baiting and smear campaigns against unions were among the strategies managers used to control the company s labor force and enhance corporate profits often at the expense of the workers and the city s well being Public service workers and their unions come under frequent attack for being a special interest or a hindrance to the smooth functioning of society This book offers readers a different historically grounded way of thinking about the people who keep their cities running Working in public transit is a difficult job now as it was a century ago The benefits and decent wages Philadelphia public transit workers secured advances that were hard won and well deserved came as a result of fighting for decades against their exploitation Given capital s great power in American society and management s enduring quest to control its workforce it is remarkable to see how much Philadelphia s transit workers achieved

The Encyclopedia of Strikes in American History Aaron Brenner, Benjamin Day, Immanuel Ness, 2015-01-28 Strikes have been part of American labor relations from colonial days to the present reflecting the widespread class conflict that has run throughout the nation s history Against employers and their goons against the police the National Guard local state and

national officials against racist vigilantes against their union leaders and against each other American workers have walked off the job for higher wages better benefits bargaining rights legislation job control and just plain dignity At times their actions have motivated groundbreaking legislation defining new rights for all citizens at other times they have led to loss of workers lives This comprehensive encyclopedia is the first detailed collection of historical research on strikes in America To provide the analytical tools for understanding strikes the volume includes two types of essays those focused on an industry or economic sector and those focused on a theme Each industry essay introduces a group of workers and their employers and places them in their economic political and community contexts The essay then describes the industry s various strikes including the main issues involved and outcomes achieved and assesses the impact of the strikes on the industry over time Thematic essays address questions that can only be answered by looking at a variety of strikes across industries groups of workers and time such as why the number of strikes has declined since the 1970s or why there was a strike wave in 1946 The contributors include historians sociologists anthropologists and philosophers as well as current and past activists from unions and other social movement organizations Photos a Topic Finder a bibliography and name and subject indexes add to the works appeal

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right arm and take your left hand off the ground as you shift onto your right arm don t think hips over arm think working side
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web so where do you begin with the basics of course here are three great handstand cues that beginners can use today to improve their practice 1 grip the floor a common mistake that novice trainees make when attempting handstands for the first time is that they simply do not grip the floor enough while upside down

days 1 10 gymnastic bodies handstand challenge youtube - Apr 27 2022

web hurt my neck so had to take some time off training but went to the gym and had a go at days 1 to 10 of the gb handstand challenge there are some great exer

one arm handstand movement gymnasticbodies - Jul 11 2023

web oct 18 2008 1 there is no one without professional background who performs a one arm handstand of any kind with the correct hollow body alignment 2 there is no one with any real ability to hold the closed leg straight body one arm handstand for an extensive amount of time without any circus specialized training

handstand wikipedia - Jun 29 2022

web handstands are performed in many athletic activities including acro dance cheerleading circus yoga capoeira calisthenics and gymnastics some variation of a handstand is performed on every gymnastic apparatus and many tumbling skills pass through a handstand position during their execution

handstand one is live community gymnasticbodies - Sep 13 2023

web mar 1 2013 the handstand one course is even larger than foundation one in both size and content the amount of training to follow is simply huge on that note remember that handstand one is a joint offering of the handstand chronicles and liquid steel part 2 not only is there specific handstand training but tons of wrist work and mobility