

# Safe Swallowing Recommendations

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Liquid: \_\_\_\_\_

**Medication**

- No Medication
- Whole 1 at a time with LIPID/FUZZE
- Crushed in puree (apple sauce/ pudding) - if not contraindicated
- Via alternative methods

**Level of Assistance**

- Independent
- Set-Up
- Needs verbal cues
- General Supervision
- Direct Supervision
- One-on-One Assist

**Set-Up**

- Must eat in Day Room
- Up in chair 90 degrees
- No distractions
- Needs someone to eat
- Cut up solids
- Open Containers

**Safety Recommendations**

- Small sips/spoons
- Slow rate
- Alternate liquids/solids
- Swallow liquid with each bite/sip
- Place food on the LEFT side!!
- Check for gagging on LEFT side!!
- Chew Gum



# Swallowing Guidelines

**Elizabeth Boaden, Joanne Walker, Jo Walker**



## **Swallowing Guidelines:**

**Swallowing Guidelines** Elizabeth Boaden, Joanne Walker, Jo Walker, 2017-07-05 This book and downloadable resources are the simple answer to a busy therapist's problem. It enables the therapist to meet their professional responsibility to inform patients and carers of relevant dysphagia instructions by designing contemporaneous written information, advice, and therapy. Using downloadable resources, Swallowing Guidelines allow you to produce multiple individualised programmes that may be emailed or posted to the individuals, their carers, or other professionals in any location. The programme sheets offer comprehensive advice covering all aspects of dysphagia care in clear, unambiguous language. All that the therapist needs to do is highlight the sections pertinent to their patient, and the programme is created. As the individual's status changes, the programme can be quickly amended to reflect their changing needs. The downloadable resources and accompanying template ensure that individualised programmes are comprehensive and produced efficiently, thus maximising the use of clinical and administrative time. Elizabeth Boaden, Principal Speech Language Therapist of Adult Service, teaches dysphagia at an undergraduate and postgraduate level to speech language therapists and nurses. She is currently studying for a PhD at the University of Central Lancashire on the efficacy of training pre-registration nurses to perform swallow screening. Jo Walker, Specialist Speech Language Therapist, works in acquired neurology at Chorley South Ribble PCT. She also provides a Speech Language service for the Community Acquired Brain Injury Rehab Team and is currently seconded to the Cumbria and Lancashire Workforce Development Confederation, working on an educational project in acquired brain injury.

**Mosby's Guide to Nursing Diagnosis** Gail B. Ladwig, Betty J. Ackley, 2013-01-01 This pocket-sized reference is ideal for use in clinicals in class and at the bedside. A condensed version of the Nursing Diagnosis Handbook 10th Edition, Mosby's Guide to Nursing Diagnosis 4th edition uses a quick access format to help you diagnose and formulate care plans with confidence and ease. It includes the most recent NANDA-I approved nursing diagnoses based on more than 1,300 specific symptoms and a step-by-step guide to creating care plans featuring desired outcomes, interventions, and patient teaching. UNIQUE Care plans for every NANDA-I approved nursing diagnosis, including pediatric, geriatric, multicultural, home care, client, family, teaching, and discharge planning, and safety interventions. Alphabetical thumb tabs provide quick access to specific symptoms and nursing diagnoses. Pocket-size portability makes this book easy to carry and use in clinicals in class or at the bedside. NEW 4 Color Text. NEW Updated 2012-2014 NANDA-I approved nursing diagnoses. NEW 16 new and 22 revised diagnoses. NEW Added content on safety, one of QSEN's six competencies.

**Mosby's Guide to Nursing Diagnosis - E-Book** Gail B. Ladwig, Betty J. Ackley, Mary Beth Flynn Makic, 2016-03-15 Updated and easy to use, Mosby's Guide to Nursing Diagnosis 5th Edition is ideal for use in clinicals in class and at the bedside. This pocket-sized reference book is a condensed version of Ackley's Nursing Diagnosis Handbook 11th Edition that helps you diagnose and formulate care plans with confidence and ease. It includes the 2015-17 NANDA-I approved nursing diagnoses based on more than 1,300 specific symptoms and a step-by-step guide to

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determine their understanding on the content and reinforce learning Emphasis on evidence based practice prepares readers to properly support their diagnostic and treatment decisions NEW Expanded content on infant and child swallowing will help readers learn the insights needed for this growing area of practice NEW Updated content and references throughout reflect the most up to date research in existence *Case Studies in Dysphagia Malpractice Litigation* Dennis C. Tanner,2008-09-01

**The Student's Guide to the Practice of Medicine** Matthew Charteris,1885 *A Guide to homoeopathic practice* Isaac D. Johnson,1885 *Therapeutic Key: Or, A Practical Guide for the Homoeopathic Treatment of Disease* Isaac D. Johnson,1886 *Teachers' manual of bird-life; a guide to the study of our common birds* Frank Michler Chapman,1899 *A Guide to Homoeopathic Practice* Isaac D. Johnson,1900 *The Rural Efficiency Guide* ,1918 *The Clinical Guide* Gottlieb Heinrich Georg Jahr,1891 **A Guide to the study of ear disease** Peter McBride,1884 *"The" Modern Physician, Being a Complete Guide to the Attainment and Preservation of Health* Andrew Wilson,1910 **The Student's Guide to Medical Diagnosis** Samuel Fenwick,1873 This book in editions spanning thirty years was the vade mecum for successive generations of students during their introduction to clinical medicine When physical methods of diagnosis were proving so rewarding the author warned against the danger of underestimating the patient s symptoms *The Teachers' Guide* ,1930 *Medico-pharmaceutical Critic and Guide* William Josephus Robinson,1910 *Practical Guide to Homoeopathy* ,1889 *The Medico-pharmaceutical Critic and Guide* ,1908

## Decoding **Swallowing Guidelines**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Swallowing Guidelines**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

<https://ftp.thebrandexperience.com/results/detail/HomePages/Nutrition%20Guide%20Best.pdf>

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