



# NUTRITION SUPPORT CALCULATION TUTORIAL

## Calculating PN Provision based on Stock Solutions

Repeat formulae 100 ml of 20% dextrose, 200 ml of 20%  
Calculate total energy and volume

Have grams protein, need to calculate

- Dextrose = 100g
- Lipids = 25g
- Protein = 10g

### SCENARIO

40-year-old male,  
castrated with acute  
pancreatitis &  
pneumocyst

Needs Assessed:  
1800 kcal = 90 g protein

#### Anthropometrics

- Actual weight 75 kg
- Height 67 inches
- Patient assessed with values
- 80 kcal
- 10-12g
- 1000-200



200g dextrose x 1000g / 1000 ml = 200g

- Lipid Infusion Rate:  
40 g lipid / 75 kg / 24 hrs = 0.208 g/kg/hr

## Nutrition Assessment Calculations & Conversions

Pounds to kg – divide by 2.2

## PN Practice Calculation Scenario



# Tutorial Nutrition Guide

**JA Banks**



## **Tutorial Nutrition Guide:**

Immerse yourself in the artistry of words with Experience Art with its expressive creation, Immerse Yourself in **Tutorial Nutrition Guide** . This ebook, presented in a PDF format ( PDF Size: \*), is a masterpiece that goes beyond conventional storytelling. Indulge your senses in prose, poetry, and knowledge. Download now to let the beauty of literature and artistry envelop your mind in a unique and expressive way.

<https://ftp.thebrandexperience.com/results/book-search/index.jsp/guide%20eco%20friendly%20products.pdf>

## **Table of Contents Tutorial Nutrition Guide**

1. Understanding the eBook Tutorial Nutrition Guide
  - The Rise of Digital Reading Tutorial Nutrition Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Tutorial Nutrition Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Tutorial Nutrition Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Tutorial Nutrition Guide
  - Personalized Recommendations
  - Tutorial Nutrition Guide User Reviews and Ratings
  - Tutorial Nutrition Guide and Bestseller Lists
5. Accessing Tutorial Nutrition Guide Free and Paid eBooks
  - Tutorial Nutrition Guide Public Domain eBooks
  - Tutorial Nutrition Guide eBook Subscription Services
  - Tutorial Nutrition Guide Budget-Friendly Options

6. Navigating Tutorial Nutrition Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Tutorial Nutrition Guide Compatibility with Devices
  - Tutorial Nutrition Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Tutorial Nutrition Guide
  - Highlighting and Note-Taking Tutorial Nutrition Guide
  - Interactive Elements Tutorial Nutrition Guide
8. Staying Engaged with Tutorial Nutrition Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Tutorial Nutrition Guide
9. Balancing eBooks and Physical Books Tutorial Nutrition Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Tutorial Nutrition Guide
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Tutorial Nutrition Guide
  - Setting Reading Goals Tutorial Nutrition Guide
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Tutorial Nutrition Guide
  - Fact-Checking eBook Content of Tutorial Nutrition Guide
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements

- Interactive and Gamified eBooks

### **Tutorial Nutrition Guide Introduction**

In today's digital age, the availability of Tutorial Nutrition Guide books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of Tutorial Nutrition Guide books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of Tutorial Nutrition Guide books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing Tutorial Nutrition Guide versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, Tutorial Nutrition Guide books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether you're a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing Tutorial Nutrition Guide books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for Tutorial Nutrition Guide books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-profit organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the

Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, Tutorial Nutrition Guide books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of Tutorial Nutrition Guide books and manuals for download and embark on your journey of knowledge?

### FAQs About Tutorial Nutrition Guide Books

**What is a Tutorial Nutrition Guide PDF?** A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. **How do I create a Tutorial Nutrition Guide PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF. **How do I edit a Tutorial Nutrition Guide PDF?** Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. **How do I convert a Tutorial Nutrition Guide PDF to another file format?** There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobats export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. **How do I password-protect a Tutorial Nutrition Guide PDF?** Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go to "File" -> "Properties" -> "Security" to set a password to restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, ILovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac),

or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

### Find Tutorial Nutrition Guide :

#### **guide eco friendly products**

*carbon footprint 2025 edition*

guide renewable energy

~~advanced circular economy~~

#### **organic farming ebook**

*trending organic farming*

upcycling ideas latest

#### **guide minimalist living**

green building planner

~~renewable energy ideas~~

*framework sustainable travel*

ebook minimalist living

advanced zero waste lifestyle

~~circular economy ideas~~

~~latest plastic free~~

### Tutorial Nutrition Guide :

#### **interest rate modeling volume 1 foundations and vanilla** - Aug 19 2023

interest rate modeling volume 1 foundations and vanilla models andersen leif b g piterbarg vladimir v amazon com tr kitap

interest rate modeling volume 1 foundations and va - May 04 2022

1 interest rate modeling volume 1 foundations and va statics of rods nov 12 2020 the volume is devoted to mechanics of rods which is a branch of mechanics of deformable bodies the main goal of the book is to present systematically theoretical fundamentals of mechanics of rods as well as numerical methods used for practical purposes

**interest rate modeling volume 1 foundations and vanilla** - Aug 07 2022

interest rate modeling volume 1 foundations and vanilla models has 492 pages reading length provides a calculation for the word count of this book find out how long it will take you to read

**interest rate modeling volume 1 foundations and vanilla** - Feb 13 2023

interest rate modeling volume 1 foundations and vanilla models andersen leif b g piterbarg vladimir v amazon sg books

*download pdf interest rate modeling volume 1* - Sep 20 2023

download pdf interest rate modeling volume 1 foundations and vanilla models djvu ti3dte7epis0 table of contents for all three volumes full details at andersen piterbarg book com volume i foundations and vanilla m

*interestratemodelin gvolumel1foundatio nsandva* - Sep 08 2022

interest rate modelling in the multi curve framework bayesian data analysis third edition we the people volume 1 the fiscal theory of the price level model theory an introduction stochastic interest rates the algorithmic foundations of differential privacy things hidden since the foundation of the world handbook of structural equation

**interest rate modeling volume 1 foundations and va julian d** - Jun 05 2022

you could purchase guide interest rate modeling volume 1 foundations and va or get it as soon as feasible you could speedily download this interest rate modeling volume 1 foundations and va after getting deal

**interest rate modeling volume 1 foundations and vanilla** - Dec 11 2022

interest rate modeling volume 1 foundations and vanilla models hardcover illustrated 6 february 2010 by leif b g andersen author vladimir written by two leading practitioners and seasoned industry veterans this unique series combines finance theory numerical methods and approximation techniques to provide the reader with an

**interest rate modeling volume 1 foundations and va** - Mar 02 2022

interest rate modeling volume 1 foundations and va is available in our book collection an online access to it is set as public so you can get it instantly our books collection saves in multiple countries allowing you to get the most less latency time

**interest rate modeling volume 1 foundations and vanilla** - Jul 18 2023

volume 1 foundations and vanilla models djvu ti3dte7epis0 table of contents for all three volumes full details at andersen piterbarg book com volume i foundations and vanilla m vdoc pub

**interest rate modeling volume 1 foundations and vanilla** - Jan 12 2023

dimensions 9 3in x 6 2in x 1 3in table of contents for all three volumes full details at andersen piterbarg book com volume i foundations and vanilla models part i foundations introduction toarbitrage pricing theory finite difference methodsmonte carlo methodsfundamentals of interest rate modellingfixed income instruments part ii

interest rate modeling volume 1 foundations and vanilla - Oct 09 2022

buy and create bargains to acquire and implement interest rate modeling volume 1 foundations and vanilla models by vladimir v piterbarg therefore easy interest rate modeling volume 1 the three volumes of interest rate modeling are *interestratemodelingvolume1foundationsandva full pdf* - Feb 01 2022

interest rate modeling post crisis challenges and approaches academic foundation s bulletin on banking and finance volume 35 analysis reports policy documents the oxford handbook of post keynesian economics volume 1

**interest rate modelling springerlink** - Nov 10 2022

abstract chapter 4 introduced the concept of the yield curve the analysis and valuation of debt market instruments revolves around the yield curve yield curve or term structure modelling has been extensively researched in the financial economics literature it is possibly the most heavily covered subject in that field

*interest rate modeling volume 1 google books* - Jun 17 2023

volume i provides the theoretical and computational foundations for the series emphasizing the construction of efficient grid and simulation based methods for contingent claims pricing the

**interest rate modeling volume 1 foundations and vanil** - Mar 14 2023

feb 6 2010 interest rate modeling volume 1 foundations and vanilla models leif b g andersen vladimir v piterbarg 4 42 19 ratings2 reviews table of contents for all three volumes full details at andersen piterbarg book com volume i foundations and vanilla models part i foundations part ii vanilla models volume ii term structure models part iii

**interest rate modeling volume 1 foundations and vanilla** - Apr 15 2023

interest rate modeling volume 1 foundations and vanilla models andersen leif b g piterbarg vladimir v amazon com au books *leif b g andersen and vladimir v piterbarg interest rate* - May 16 2023

published in leading academic journals on interest rate models both occupy man aging director positions in wall street investment banks although style notation and level of abstraction are equal across the three volumes each book has its specific focus volume 1 foundations and vanilla models 492 pages

[interest rate modeling volume 1 foundations and va james](#) - Apr 03 2022

it will enormously ease you to look guide interest rate modeling volume 1 foundations and va as you such as by searching the title publisher or authors of guide you essentially want you can discover them rapidly

*estimating var models for the term structure of interest rates* - Jul 06 2022

apr 1 2008 using u s data brandt and kavajecz 2004 implement a first order var model in examining the daily dynamics of treasury yields the latter study concludes that price discovery exhibits an

**citroen c4 picasso grand c4 picasso owner s handbook** - Mar 02 2023

web view online 352 pages or download pdf 11 mb citroen c4 picasso grand c4 picasso user manual c4 picasso grand c4

picasso cars pdf manual download and more citroen online manuals

**user manual citroën grand c4 picasso 2013 english 420** - Aug 07 2023

web view the manual for the citroën grand c4 picasso 2013 here for free this manual comes under the category cars and has been rated by 6 people with an average of a 8 7 this manual is available in the following languages english do you have a question about the citroën grand c4 picasso 2013 or do you need help ask your question here

**citroën grand c4 picasso free workshop and repair manuals** - Apr 22 2022

web citroën grand c4 picasso the citroën grand c4 picasso is a compact multi purpose vehicle mpv available as a seven seater version produced by french manufacturer citroën the seven seat grand c4 picasso made its debut at the paris motor show in september 2006

**citroen grand c4 picasso quick start manual pdf** - May 04 2023

web view and download citroen grand c4 picasso quick start manual online grand c4 picasso automobile pdf manual download also for grand c4 picass

[user manual citroën grand c4 picasso 2014 english 420](#) - Nov 29 2022

web view the manual for the citroën grand c4 picasso 2014 here for free this manual comes under the category cars and has been rated by 10 people with an average of a 8 4 this manual is available in the following languages english do you have a question about the citroën grand c4 picasso 2014 or do you need help ask your question here

[citroën c4 picasso user manual english 420 pages](#) - Sep 27 2022

web view the manual for the citroën c4 picasso here for free this manual comes under the category cars and has been rated by 1 people with an average of a 9 4 this manual is available in the following languages english

[citroen c4 owner s handbook manual pdf download manualslib](#) - Feb 01 2023

web view and download citroen c4 owner s handbook manual online c4 automobile pdf manual download

**citroën c4 picasso owner s manual manual directory** - Jul 26 2022

web you can find 13 different owner s manuals for the citroën c4 picasso on this page that are in the pdf format yearly c4 picasso owner s manuals the years available stretch from 2010 through to 2022 and to view the manual you just click the name underneath

**user manual citroën grand c4 picasso english 420 pages** - Sep 08 2023

web manual view the manual for the citroën grand c4 picasso here for free this manual comes under the category cars and has been rated by 19 people with an average of a 8 5 this manual is available in the following languages english

**user manual citroën c4 picasso 2017 english 527 pages** - Aug 27 2022

web view the manual for the citroën c4 picasso 2017 here for free this manual comes under the category cars and has been

rated by 11 people with an average of a 8 9 this manual is available in the following languages english do you have a question about the citroën c4 picasso 2017 or do you need help ask your question here

**user manual citroën c4 picasso 2016 english 527 pages** - Apr 03 2023

web manual view the manual for the citroën c4 picasso 2016 here for free this manual comes under the category cars and has been rated by 29 people with an average of a 8 6 this manual is available in the following languages english do you have a question about the citroën c4 picasso 2016 or do you need help ask your question here index

*citroen c4 picasso quick setup manual pdf download* - Jun 24 2022

web 1 on off and volume adjustment 2 selection of the source radio jukebox cd and auxiliary aux if activated on the configuration menu long press cd copy to hard disk 3

[citroen grand c4 picasso free pdf manuals download](#) - Jul 06 2023

web view and download citroen grand c4 picasso manuals for free grand c4 picasso instructions manual

[citroen grand c4 picasso owner s handbook manual](#) - Oct 09 2023

web view and download citroen grand c4 picasso owner s handbook manual online grand c4 picasso automobile pdf manual download also for c4 picasso 2014 grand c4 picasso with 5 seats 2014 grand c4 picasso 2014 grand c4 picasso with 7 seats 2014 c4 grand picasso

**citroën c4 picasso 2018 user manual english 527 pages** - Dec 31 2022

web user manual view the manual for the citroën c4 picasso 2018 here for free this manual comes under the category cars and has been rated by 7 people with an average of a 9 3 this manual is available in the following languages english do you have a question about the citroën c4 picasso 2018 or do you need help ask your question here index

*citroen grand c4 picasso 2017 2 g workshop manual car* - Mar 22 2022

web view print and download for free citroen grand c4 picasso 2017 2 g workshop manual 527 pages pdf size 12 91 mb

search in citroen grand c4 picasso 2017 2 g workshop manual online carmanualsonline info is the largest online database of car user manuals citroen grand c4 picasso 2017 2 g workshop manual pdf

*sat nav citroen grand c4 picasso 2017 2 g owner s manual* - Feb 18 2022

web pages 527 pdf size 12 91 mb search oil fuel pressure reset eco mode service indicator cooling page 54 of 527 page 354 of 527 page 361 of 527 page 480 of 527 page 517 of 527 view print and download for free sat nav citroen grand c4 picasso 2017 2 g owner s manual 527 pages pdf size 12 91 mb

*handbook citroën* - Oct 29 2022

web required for the operation of the electric motor air conditioning and heating its charge level is represented by an indicator and a reserve power warning lamp on the instrument panel the 12 v accessory battery 3 powers the vehicle s

conventional electrical system it is recharged automatically by the traction battery via the on board charger

**citroën grand c4 picasso manuals manualslib** - Jun 05 2023

web citroën grand c4 picasso manuals manuals and user guides for citroën grand c4 picasso we have 1 citroën grand c4 picasso manual available for free pdf download owner s handbook manual citroën grand c4 picasso owner s handbook manual 352 pages brand citroën category automobile size 11 11 mb table of contents

*citroen c4 picasso grand c4 picasso manual autorepmans com* - May 24 2022

web jan 1 2007 illustrated instruction manual and user manual car citroen c4 picasso grand c4 picasso size 38 59 mb download repair manual citroen c4 picasso grand c4 picasso on autorepmans reply with quote

**mi 34 ion cannon at fallout 4 nexus mods and community** - Jun 17 2022

web the arm cortex a7 mpcore is a 32 bit microprocessor core licensed by arm holdings implementing the armv7 a architecture announced in 2011 overview the cortex a7 is

**arm of kannon yamaguchi masakazu free** - Jun 29 2023

web dec 31 2014 arm of kannon 1 by mangacast usage attribution noncommercial topics review yamaguchi masakazu s arm of kannon 1 addeddate 2006 02 03 00 03 23

**forget push ups try this 5 move dumbbell triceps workout to** - Jul 19 2022

web level 4 atk 1900 1700 1500 skill range 11 cells effective range 5 x 5 cells level 5 atk 2300 2050 1800 skill range 13 cells effective range 7 x 7

*arm of kannon mangadex* - Sep 01 2023

web few have ever survived the horrific affliction of the arm of kannon its demonic authority fuels a desire to kill and destroy until the host is driven to sheer madness will mao be

**arm of kannon series by masakazu yamaguchi goodreads** - Oct 22 2022

web oct 30 2023 finding new ways to target and tire your triceps during arm workouts might feel limited so put aside the triceps kickbacks and extensions and try this five move

**charlie daniels wikipedia** - Dec 12 2021

man killed himself rather than carry out apparent colorado attack - Dec 24 2022

web oct 31 2023 photo paul taylor a man has pleaded not guilty to kidnapping and elected trial by jury after an incident involving children walking in havelock north on october 5

divine pride net skill arm cannon - Mar 15 2022

[arm of kannon manga anime planet](#) - Feb 23 2023

web apr 11 2006 arm of kannon 9 issues arm of kannon volume published by tokyopop started in 2004 no recent wiki edits to this page english translation of the

**former hialeah cop gets more than 5 years in prison for armed** - Aug 20 2022

web oct 24 2023 globally 254bn worth of merger and acquisition deals have been announced in oil and gas this year according to lseg the highest year to date total

**cannon arm and the arcade quest 2021 imdb** - Jan 13 2022

*havelock north incident alleged child kidnapper pleads not guilty* - Sep 20 2022

web aug 17 2019 the mi 34 ion cannon is a compact modular energy weapons system developed by dr octavia lee within the institute s advanced systems division the

[arm cortex a7 wikipedia](#) - Feb 11 2022

*arm of kannon 4 covrprice* - Jan 25 2023

web book 1 arm of kannon vol 1 by masakazu yamaguchi 3 15 124 ratings 9 reviews published 2004 2 editions the archeologist tozo mikami discovers an ancient want

*arm of kannon volume comic vine* - Nov 22 2022

web 1 day ago miami a miami dade judge sentenced former hialeah police officer rafael otano to 66 months in state prison wednesday following his august conviction for armed

**dealmakers see chevron hess tie up as the start of oil arms race** - May 17 2022

web jun 24 2022 cannon arm and the arcade quest directed by mads hedegaard with kim cannon arm walter day shigeru miyamoto kim kanoin arm is a guy from denmark

**need help to find arm of kannon r manga reddit** - Mar 27 2023

web oct 30 2023 file people ride the giant canyon swing at glenwood caverns adventure park in glenwood springs colo june 10 2011 a heavily armed man killed himself

**birth arm of kannon manga myanimelist net** - May 29 2023

web anyone knows where i can find scan or volumes of arm of kannon name in other countries birth [ ] because i searched like every site of manga scan and the only

**arm cannon tv tropes** - Apr 15 2022

web charles edward daniels october 28 1936 july 6 2020 was an american singer musician and songwriter his music fused

rock country blues and jazz pioneering

**arm of kannon wikipedia** - Oct 02 2023

web oct 25 2023 publication 1998 completed mao s father returns home after disappearing for three years with a terrible secret he has found the ancient buddhist relic the arm of

**arm of kannon vol 4 by masakazu yamaguchi goodreads** - Jul 31 2023

web deep within the mountains of tibet secluded from the mortal world sits the arm of kannon an instrument of inconceivably wicked power resting safely outside the grasp

[arm of kannon 1 mangacast free download borrow and](#) - Apr 27 2023

web jan 1 2004 arm of kannon page count genre era modern cover price cover date january 2004 upc isbn country united states hi true believer sign up for your 10