

Optimal

# Tea Brewing Temperatures



White Tea

170°F to 185 °F  
1-3 minutes



Green Tea

160°F to 180°F  
1-3 minutes



Oolong Tea

185°F to 205°F  
2-3 minutes



Black Tea

200°F to 212°F  
3-5 minutes



Pu-erh Tea

Around 195°F  
2-5 minutes



Herbal Tea

212°F  
4-5 minutes

# Tea The Perfect Brew

**M Mark**



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