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The Runners

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The Runner, An Issue of Clinics in Sports Medicine Robert P. Wilder, 2010-07-19 July's issue of Clinics in Sports Medicine is dedicated to the Runner and guest edited by Dr Robert Wilder Associate Professor of PM R and Medical Director of the Runner's Clinic at the University of Virginia Dr Wilder and a team of expert contributors discuss all aspects of running including biomechanics and kinematics flexibility exertional compartment syndrome patellofemoral pain syndrome stress fractures exercise associated collapse and more Several chapters focus on special considerations for certain types of runners children women injured runners and those with osteoarthritis

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