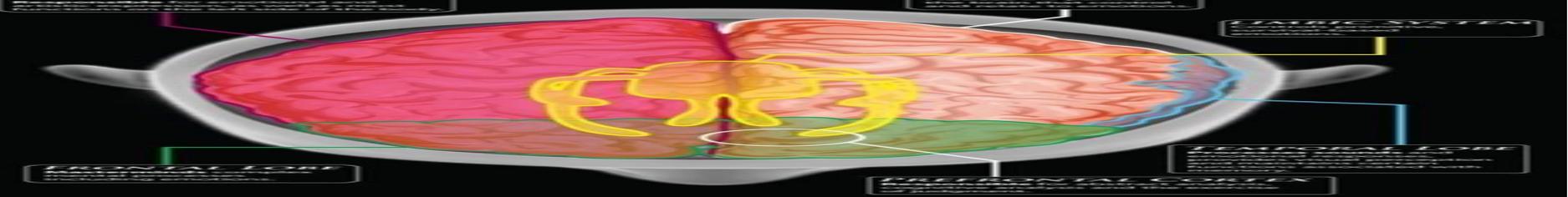


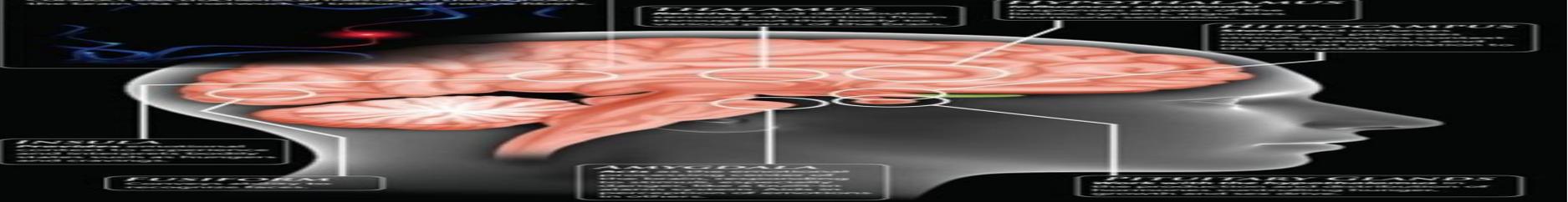
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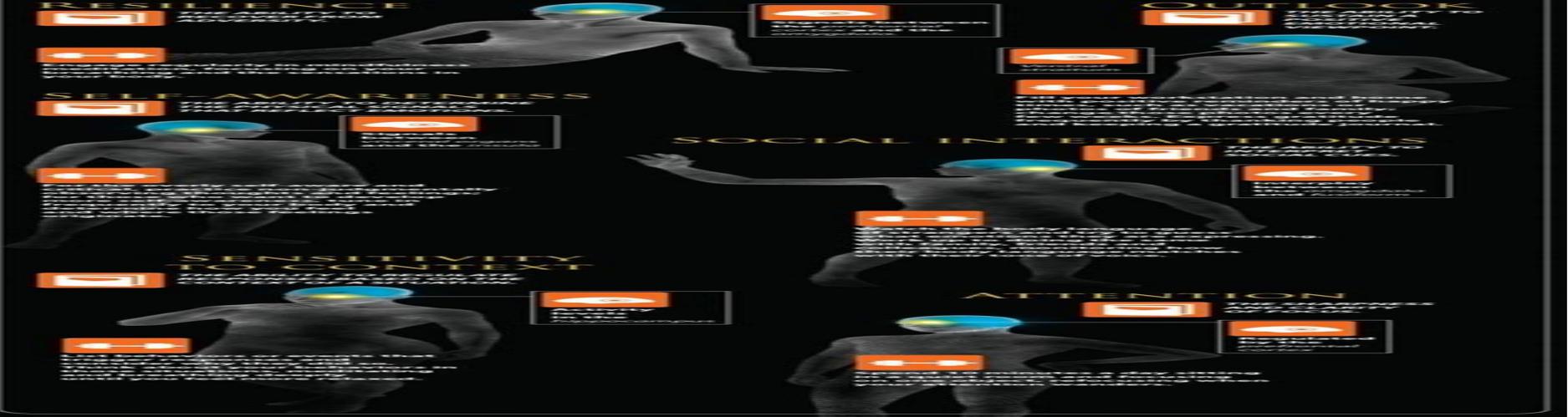
## CROSS SECTION OF THE BRAIN



## EMOTIONAL DIMENSIONS

### VIEW TO RETRAIN

SIX EMOTIONAL DIMENSIONS THAT SHAPE OUR LIVES ARE IDENTIFIED HERE, ALONG WITH THE PARTS OF THE BRAIN RESPONSIBLE FOR THEM.



# Users Guide To The Brain

**Theresa Jordan**



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**The Brain** New Scientist New Scientist, 2018      **The Brain User's Guide** Tony Buzan, 1983      **The User's Guide to the**

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Your Brain: A User's Guide National Geographic,2017-06-13 Both a practical owner s manual and a complete guide to the brain s development and function this valuable reference explores not only the brain s physical form its 100 billion nerve cells and near infinite network of synapses but the interactions that regulate every thought and action Some highlights include The inner workings of our body s most complex organ Foods for mental fitness Mysteries revealed such as why listening to music tunes up your brain

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