



PLASTIC FREE JULY

- choices checklist -



WHAT TO AVOID

HOW TO AVOID IT

YES
FILLING IT

Relying on Plastic Recycling

Avoid as much plastic packaging as you can

Microbeads

Minimise synthetic clothing washes, Don't buy personal care products containing microbeads

Bottled Cleaning Products

Refill when your bottles are empty

Food Packaging: Dry Goods

Buy from a bulk store refilling your reusable containers

Food Packaging: Meat / Fish

Minimise consumption, Shop at the deli/ butcher for paper wrapped cuts

Food: Produce

Opt for loose fruit and veg

Plastic Straws

Opt for a Reusable Straw, Refuse when you are out

Takeaway Coffee Cups

Use your own cup or relax and sit in

Takeaway Utensils & Containers

Bring your own reusables first and foremost, Support vendors that have home compostable options (bamboo and non plastic-lined card), Dine in

Bottled Water

Reusable water bottle, Refill from the tap

Bin Liners

Have a sealed container for 'wet' scraps, Compost or freeze until bin day, Line kitchen bin with paper

Pet Poop in Plastic Bags

Use cornstarch based compostable bag, Have a dedicated pet poop composting system at home

Milk Containers

DIY nut milk, Glass bottles

Plastic Food Wrap

Store food in container or jars, Use beeswax wraps

Litter

Cigarette butts are plastic so place in the landfill bin, Avoid releasing balloons, Pick up litter!

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Adapted from plasticfreejuly.org

Plastic Free Checklist

JL Elias



Plastic Free Checklist:

The book delves into Plastic Free Checklist. Plastic Free Checklist is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Plastic Free Checklist, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Plastic Free Checklist
 - Chapter 2: Essential Elements of Plastic Free Checklist
 - Chapter 3: Plastic Free Checklist in Everyday Life
 - Chapter 4: Plastic Free Checklist in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, the author will provide an overview of Plastic Free Checklist. The first chapter will explore what Plastic Free Checklist is, why Plastic Free Checklist is vital, and how to effectively learn about Plastic Free Checklist.
3. In chapter 2, the author will delve into the foundational concepts of Plastic Free Checklist. This chapter will elucidate the essential principles that must be understood to grasp Plastic Free Checklist in its entirety.
4. In chapter 3, the author will examine the practical applications of Plastic Free Checklist in daily life. The third chapter will showcase real-world examples of how Plastic Free Checklist can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Plastic Free Checklist in specific contexts. The fourth chapter will explore how Plastic Free Checklist is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Plastic Free Checklist. The final chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Plastic Free Checklist.

https://ftp.thebrandexperience.com/book/virtual-library/Download_PDFS/Roblox_Simulator_Best.pdf

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