

*Hidden Legacies of Adult Children*

*WORK*  
*Addiction*

*BRYAN E. ROBINSON*



# Work Addiction Hidden Legacies Of Adult Children

**Christian R. Komor**



## **Work Addiction Hidden Legacies Of Adult Children:**

**Work Addiction** Bryan E. Robinson,1989-01-01 Explains why the adult children of alcoholics often become compulsive workers and distinguishes between healthy production and work addiction *Working with Children of Alcoholics* Bryan E. Robinson,J. Lyn Rhoden,1997-12-18 Working with Children of Alcoholics was originally published when the plight of children of alcoholics was just beginning to gain widespread public attention It was the first book to provide professionals with a direct step by step approach that shows them not only what to look for when working with children but what they can do to help them Some of the critical topics covered include identifying children of alcoholics establishing effective children s programs treatment strategies for children of alcoholics life and survival in an alcoholic home the intergenerational transmission of alcoholism the psychological adjustment of children of alcoholics health and safety hazards and academic and behavioral concerns Working with Children of Alcoholics includes extensive resources such as names of helpful organizations periodicals therapeutic games and curriculum materials The book will be of interest to social workers public health workers psychologists school administrators drug and alcohol counselors pastoral counselors teachers and treatment centers It makes an excellent supplemental text for graduate and undergraduate courses in family and community adjustment problems of children and youth substance abuse human services and community problems False Fixes David Forbes,1994-08-04 This book examines recent efforts to rid society of addictions and finds them wanting The author examines everyday addictive patterns within modernist and postmodernist cultures and provides practical suggestions in the areas of substance abuse prevention and the addiction recovery movement **The Cambridge Handbook of Substance and Behavioral Addictions** Steve Sussman,2020-08-06 Written by leaders in the addictions field 100 authors from six countries this handbook is a thoroughly comprehensive resource Philosophical and legal issues are addressed while conceptual underpinnings are provided through explanations of appetitive motivation incentive sensitization reward deficiency and behavioral economics theories Major clinical and research methods are clearly mapped out e g MRI behavioral economics interview assessments and qualitative approaches outlining their strengths and weaknesses giving the reader the tools needed to guide their research and practice aims The etiology of addiction at various levels of analysis is discussed including neurobiology cognition groups culture and environment which simultaneously lays out the foundations and high level discourse to serve both novice and expert researchers and clinicians Importantly the volume explores the prevention and treatment of such addictions as alcohol tobacco novel drugs food gambling sex work shopping the internet and several seldom investigated behaviors e g love tanning or exercise **Treating Worker Dissatisfaction During Economic Change** Morley D. Glick, Ben Robinson,2013-01-18 In the current economy companies are expected to turn on a dime in response to changing market needs to stay vibrant What that means is that companies are constantly reorganizing Employees are living in a constant state of change This dynamic in the workplace has affected worker satisfaction morale and

burnout This is the first treatment manual to focus on treating job related issues whether it s conflict in the workplace stress burnout performance and more Divided into two parts Part One sets the stage with a discussion of the economic climate and how it impacts businesses how business reacts to it and how the new business climate affects employees Part Two lays out the most current research on effectively treating work related client issues Individual group and organizational interventions are included along with case examples practical treatment exercises checklists and outlines for treatment Summarizes how the changing workplace impacts workers Covers effective ways of treating and preventing worker problems Includes case examples of treating common workplace depression accidents substance abuse violence stress illness conflict and performance Discusses individual group and organizational interventions Provides online exercises checklists evaluation formats and outlines for treatment Integrates issues of diversity including race ethnicity age and gender OCD and Other Gods Christian R. Komor,2000-12

**Heavy Work Investment** Itzhak Harpaz,Raphael Snir,2014-07-17 The book deals with the concept of Heavy Work Investment HWI recently initiated by Snir and Harpaz Since its introduction the interest in the general HWI model has increased considerably The book illustrates the development of HWI conceptualization theory and research It deals with the foremost HWI subtype of workaholism However it also compares workaholism as a negative HWI subtype with work devotion passion engagement as a positive HWI subtype Most importantly it addresses HWI in general including its possible situational subtypes In view of Snir and Harpaz s claim that the study of situational heavy work investors is relatively scarce this certainly constitutes a promising step in the right direction Finally it deals with timely and important topics examined by prominent international researchers on Heavy Work Investment and such issues as personality factors of workaholism work life balance cross cultural similarities and differences in HWI work addiction and technology HWI and retirement and intergenerational similarity in work investment

**Double Duty** Claudia Black,1990 Abstract The book deals with the adult children of alcoholics who also have additional problems such as being food and or chemically addicted themselves physically disable physically and or sexually abused gay or lesbian a person of color an only child or the child of two chemically dependent parents Deals with recovery strategies for these multivariate situations and includes 41 life stories of ACOA s with additional problems at different stages of recovery

**Factors Influencing the Psychological Adjustment of Adult Children of Alcoholics** Sandra Helene Tweed,1991

**The Power of Being** Christian R. Komor,1992 People everywhere are feeling overwhelmed and disillusioned with an increasingly complex and demanding world We do our best to adapt we rush and multitask yet the enjoyment peace and love we long for is somehow missing from our everyday lives We have and do more but are less and less satisfied and more and more alarmed by increasing rates of stress related illness In *The Power of Being* nationally acclaimed psychologist Dr Christian R Komor provides specific exercises for regaining control over our high pressure lives and finding our inner peace This how to book is jammed with easy to use techniques for all those who feel their lives are filled with too much activity and stress Join Dr Komor on a journey

from from Compulsive Doing to joyful Being      **Staying Human in the Organization** J. Gary Bernhard, Kalman Glantz, 1992 Bernhard and Glantz attribute many workplace problems to a basic conflict between human nature and the structure of modern organizations Because human beings evolved in small egalitarian hunter gatherer bands most humans have emotional needs that can best be satisfied in small groups that are based on personal reciprocity sharing teamwork and genuine interdependence In such groups leadership can be based on acknowledged personal ability everyone can feel important and the common goal can weld people together in a way that is both efficient and personally satisfying The authors see the formal hierarchies of modern organizations where authority often replaces leadership as the resurgence of pre human primate social relationships in which bluffing threatening and intimidation played a major role Numerous and varied examples from the workplace lend the analysis graphic immediacy and authenticity Many theories have been advanced to explain such workplace phenomena as endemic dissatisfaction low productivity and high absenteeism Many books have argued that teams a democratic management style and employee participation are essential given an educated work force that doesn't live in fear of being fired Staying Human in the Organization is the first book to relate these themes to evolutionary biology the discipline which in recent years has been revolutionizing the behavioral sciences The result is a new way of thinking about labor relations and organizational development      Thriving as a Working Woman Gwen Ellis, 1995 From one woman to another the author offers practical advice on not merely coping but thriving in job related and personal issues      **Strong at the Broken Places** Linda Tschirhart Sanford, 1992      *A Long and Healthy Life* Neece Moore, 1999-06 A much awaited book A Long And Healthy Life tells of Dr Neece Moore's regimen for healthful and zestful living She details her personal approach to nutritional supplements exercise recreation diet and spirituality Read this book and accept Dr Moore's challenge to live life to its fullest      **Workaholics** Barbara Killinger, 1997 In her bestselling book Dr Barbara Killinger sheds new light on the emotional make up of the workaholic and offers practical strategies to restore inner balance and gain quality of life      **Focus on Addictions** Kay Marie Porterfield, 1992 Contains information and resources needed to understand and cope with various types of addiction      **The Mind-Body Makeover Project** Michael Gerrish, 2004-05 For those who want to transform their bodies as well as their mental attitudes this interactive plan offers a head to toe makeover that shows how to overcome fitness obstacles and change lives 80 illustrations      The Owner's Manual for the Brain Pierce J. Howard, 2000 Since the first edition of The Owner's Manual Dr Howard has appeared on Oprah conducted countless seminars and added new topics and 300 pages of new brain research to the book      Soothing Moments Bryan E. Robinson, PhD, 1990 With insight and sensitivity Bryan Robinson has written this first book of daily meditations for overachievers overworkers and fast trackers The book will benefit those who lead fast paced and high pressured lifestyles who need time out each day for self renewal joy and serenity in their lives      Overdoing It Bryan E. Robinson, 1993-09 Tells how self destructive patterns of overwork overachievement and overcaring can lead to stress and

affect health

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