

HIV and AIDS



What is HIV?

HIV stands for Human Immunodeficiency Virus. The virus attacks the body's immune (defence) system. Most people who are infected with the virus go on to develop AIDS but people can live with HIV for years without having AIDS.

People with HIV use laboratory-based medicines which help control the levels of the virus in the body but there is no cure.

Regularly testing for HIV will help you to know your HIV status. This will allow you to get treatment as soon as possible and ensure that you don't spread the virus to others.

HIV is found in body fluids. It is mainly passed on through sexual contact.

You can also get the virus by sharing needles and from mother to child during childbirth.

You can't catch HIV by just being near someone or through coughing, sneezing, hugging, kissing or from a toilet seat.

What is AIDS?

AIDS stands for Acquired Immune Deficiency Syndrome. AIDS is the last stage of the HIV infection when the body's immune system is seriously damaged.

How do people test HIV and AIDS?

There are only three ways to get HIV and AIDS:

- sexual contact
- contact between your blood and another person's blood without using body fluids
- mother to child transmission

AIDS moves through four different stages

- 1 Stage one: the person is HIV positive but doesn't have any symptoms, except for some swollen lymphatic nodes (in the armpits, neck, chest) and a rash or flu-like illness. These are not bad enough to stop, during which the person might have no symptoms at all.
- 2 Stage two: the person starts getting a lot of illness such as chest infections, frequent flu and other problems.
- 3 Stage three: the person may start losing a lot of weight and get sick for longer stretches of time. Illnesses such as mouth ulcers, pneumonia or lung failure may start to take hold.
- 4 Stage four: the person is very sick due to a very weak immune system. Illnesses such as pneumonia, lung infections, lymphomas and meningitis are common in these patients. Patients at this stage are normally in their 40s if they're white and in their 50s if they're black. HIV is found at around a 1 in 100 level.



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How Do You Treat HIV and AIDS?

HIV can't be cured but people can live for many years with proper medical care. Antiretroviral medications can greatly reduce the level of HIV in the body when they're taken properly.

The type of medicines used to stop damage to your immune system in the patient's body is it is very important that people discuss their own position in quality of care with their doctor. They should follow medication. People who have structural treatments will have them for their whole lives.



Did You Know...?

HIV does not kill people - but other infections that are easily easy to control from, like pneumonia and diarrhoea, can often be responsible for killing HIV patients due to their poor immune system.

Treatment and Support

If you have been positive for HIV it is very important that you visit your doctor and that you receive treatment as soon as possible. Taking this medication is the only way to manage the damage the virus will do to your body and its immune system. With treatment, people living with HIV can live long and healthy lives.

Rights of people with HIV and AIDS

People living with HIV and AIDS have the same rights as other health conditions.

People with HIV and AIDS should not be discriminated against and should be able to get jobs, have access to medical care and education.

We can not be forced to take an HIV test if we're not asked.

HIV test medicines price

Adults and children living with HIV	1 000 000
Males aged 15 and over living with HIV	7 200 000
Women aged 15 and over living with HIV	4 700 000
Men aged 15 and over living with HIV	1 800 000
Children aged 15 and over living with HIV	600 000

Source: UNAIDS 2007

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Understanding Aids

**Oncology Nursing Society, Jeannine M.
Brant, Diane G. Cope, Marlon Garzo
Saría**

Understanding Aids:

Understanding HIV/AIDS Stigma Harriet Deacon, 2005 At a time when alarming numbers of people with HIV AIDS seek help under cover of darkness deeply ashamed of their plight it is crucial to find ways to better comprehend and address the specific nature of stigma around HIV AIDS in southern Africa

[Applications of Multi-Criteria Decision-Making Theories in Healthcare and Biomedical Engineering](#) Ilker Ozsahin, Dilber Uzun Ozsahin, Berna Uzun, 2021-03-25 Applications of Multi Criteria Decision Making Theories in Healthcare and Biomedical Engineering contains several practical applications on how decision making theory could be used in solving problems relating to the selection of best alternatives The book focuses on assisting decision makers government organizations companies general public etc in making the best and most appropriate decision when confronted with multiple alternatives The purpose of the analytical MCDM techniques is to support decision makers under uncertainty and conflicting criteria while making logical decisions The knowledge of the alternatives of the real life problems properties of their parameters and the priority given to the parameters have a great effect on consequences in decision making In this book the application of MCDM has been provided for the real life problems in health and biomedical engineering issues Provides a comprehensive analysis and application multi criteria decision making methods Presents detail information about MCDM and their usage Covers state of the art MCDM methods and offers applications of MCDM for health and biomedical engineering purposes

Core Curriculum for Oncology Nursing - E-Book Oncology Nursing Society, Jeannine M. Brant, Diane G. Cope, Marlon Garzo Saría, 2023-06-30 This definitive resource for the specialty of oncology nursing will help you prepare for oncology nursing practice and for OCN certification The Core Curriculum for Oncology Nursing 7th Edition is the definitive resource for the specialty of oncology nursing developed in collaboration with the Oncology Nursing Society Organized to follow the OCN Exam blueprint this book covers the entire scope of oncology nursing including screening and the continuum of cancer care the scientific basis for practice types of cancer treatment modalities palliation of symptoms and cultural and spiritual care An overview of each problem includes assessment management and expected patient outcomes Edited by a team of oncology nursing experts led by Jeannine M Brant and written in a streamlined outline format the Core Curriculum is the 1 resource for the specialty of oncology nursing for initial OCN certification and for OCN recertification This definitive study resource for oncology nursing practice and the OCN Examination is the only such resource developed in collaboration with and under the editorship of the Oncology Nursing Society Easy to use outline format makes study and review easier it begins with theory and continues through the steps of the nursing process Safety Alerts and emphasis on safety highlight safety considerations to reduce errors and promote quality care Content on cancer treatment and related nursing care includes the most current and accurate information preparing you for the OCN Exam and for enhanced clinical practice Approximately 60 full color illustrations and more than 150 summary tables explain complex concepts in oncology nursing including up to date cancer staging information Coverage

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Public Health Reports ,1991 *Public Health Reports* ,1988 *How Has Federal Research on Aids/HIV Disease contributed to other fields?* unknown,1990 **Teachers' Monographs** ,1905 *New York Teachers' Monographs* Sidney Marsden Fuerst,1899 *New York Teachers' Monographs* ,1899 **Teachers Monographs: The National Journal of the Public Schools** ,1899 *Modern Psychology and Education* Mary Sturt,E. C. Oakden,1926 **California. Court of Appeal (2nd Appellate District). Records and Briefs** California (State)., Number of Exhibits 1 Received document entitled APPLICATION FOR PERMISSION TO FILE SUPPLEMENTAL BRIEF AND SUPPLEMENTAL BRIEF DISCUSSING PERTINENT NEW APPELLATE DECISIONS *The Chinese Recorder and Missionary Journal* ,1885 **Psychology, general and applied** Hugo Münsterberg,1914 **Psychology** Hugo Münsterberg,1914 **New York Court of Appeals. Records and Briefs.** New York (State)., **International Stereotypers' and Electrotypers' Union Journal** ,1926 *Zoologist* ,1858 *Transactions of the Devonshire Association for the Advancement of Science, Literature and Art* Devonshire Association for the Advancement of Science, Literature and Art,1876 List of members in each volume **Course of Study: For the teacher** Cleveland (Ohio). Board of Education. Bureau of Educational Research,1928

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