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Our therapeutic work is needs-led and person-centered



Providing wellbeing crisis sessions and a 24/7 text support line for those in need between counselling sessions

We involve young people in the decision making about further therapeutic work or signposting

Framework Self Help

Shailesh Kumar Shivakumar



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Immerse yourself in heartwarming tales of love and emotion with Explore Love with its touching creation, Experience Love's Journey in **Framework Self Help** . This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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