

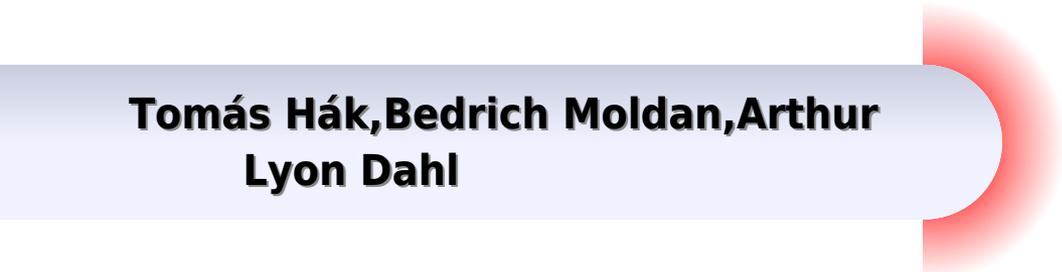
# Work stress relief and management framework

This slide illustrates work stress management framework for corporate employees. It includes demands such as job, personal resources etc.



# Stress Relief Framework

**Tomás Hák, Bedrich Moldan, Arthur  
Lyon Dahl**



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