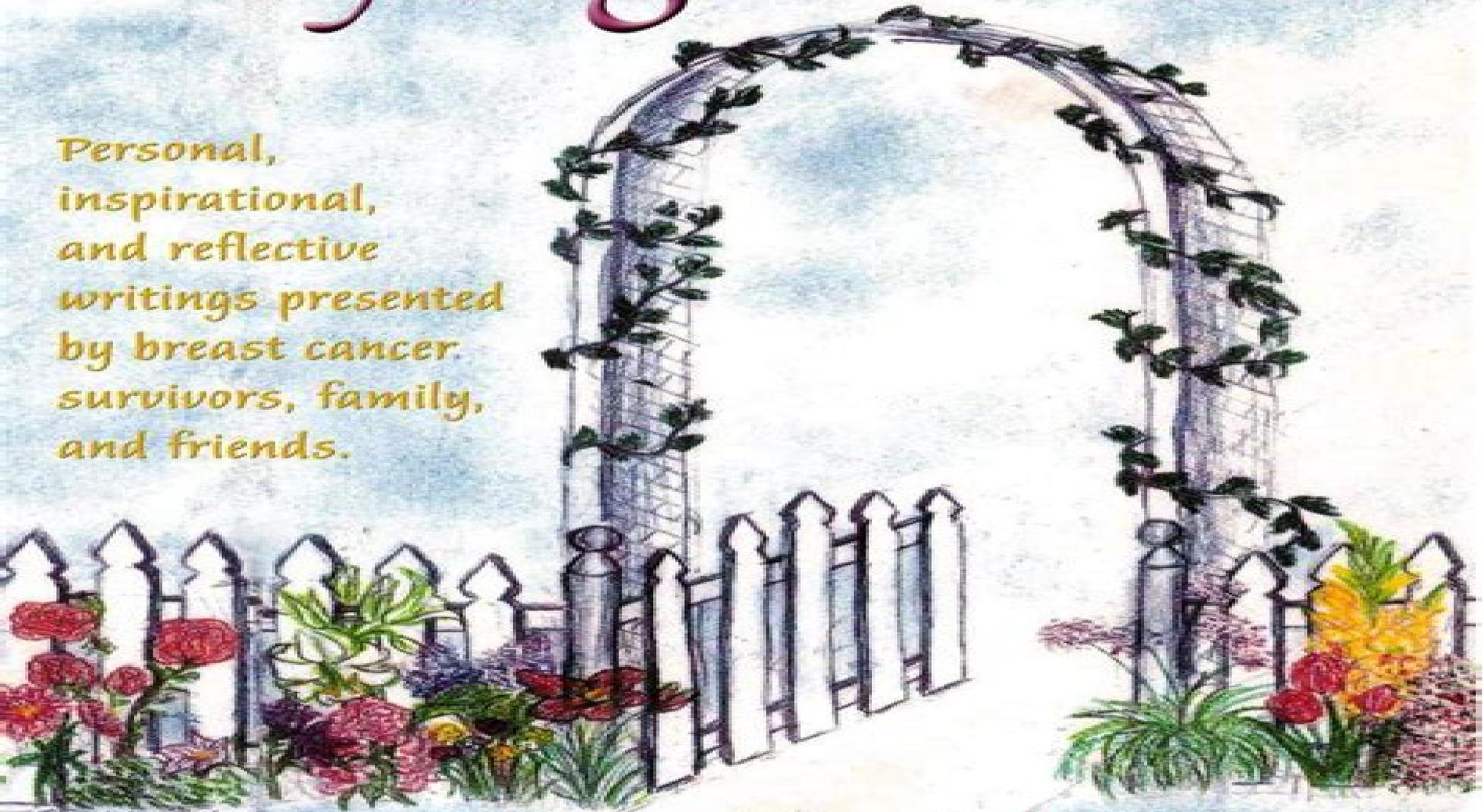


# Staying Abreast

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inspirational,  
and reflective  
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Written and Compiled by  
**Jeannette Kirchdoerfer Gardner**

# Staying Abreast

**Michael Brown**



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