

# HOW TO STAY SAFE ONLINE



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AND PASSWORD PRIVATE



BE CAREFUL ABOUT WHAT  
YOU POST ONLINE



CHECK YOUR PRIVACY  
SETTINGS



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STRONG PASSWORD



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WITH AN ANTIVIRUS



REMEMBER TO LOG OFF



CHECK WEBSITE URL



CHECK E-MAILS  
BEFORE OPENING THEM



AVOID PHISHING  
AND SCAMS



KEEP KIDS SAFE ONLINE



RESPECT YOURSELF  
AND OTHERS ONLINE

# Staying Safe

**Joanne Mattern**



## **Staying Safe:**

**Staying Safe** Juval Aviv,2004-07-20 In *Staying Safe* Juval Aviv a counterterrorism expert and international security consultant outlines the essential tools for becoming personally responsible for the security and safety of yourself and your loved ones You will learn how to safeguard your home and office protect your identity and travel without fear Most important you ll find that Aviv s recommendations and warnings are practical and easy to follow Juval Aviv neither overstates nor minimizes today s threats whether they are from criminals or terrorists instead he sets out to inform and provide real advice for minimizing risks *Staying Safe* is clear comprehensive and full of instructive and vital tips that cover Flying with confidence Traveling to a foreign country Identifying a potential terrorist threat Basic safety precautions Survival and escape strategies Securing your business Keeping your identity confidential Making transactions on the Internet And much more

*Stay Safe!* Sara Nelson,2008-09-01 Tips for dealing with threats to personal safety whether from a bully in school or a stranger on a street corner

*Staying Safe at School* Thomas Kingsley Troupe,2019-05-01 How do I stay safe at school Fire drills tornado drills lockdowns School bus safety playground rules lunchroom do s and don ts *Staying Safe at School* defines the many ways school communities keep their members safe using bright full color illustrations and kid friendly text delivered by a 1st person student narrator with whom young readers can easily identify

**Be Careful and Stay Safe** Cheri J. Meiners,2006-11-15 The world can seem so perilous especially where our children are concerned But even very young children can learn basic skills for staying safe in ordinary situations and preparing for emergencies Without scaring kids or alarming adults this book teaches little ones how to avoid potentially dangerous situations ask for help follow directions use things carefully and plan ahead Includes questions activities and safety games that reinforce the ideas being taught

**The Woman's Guide to Staying Safe** Cheryl Reimold,1985

**Body Image in the Primary School** Nicky Hutchinson,Chris Calland,2011-03-08 The average child watches between 20 000 and 40 000 adverts a year Girls as young as six are cutting down on what they eat to stay thinner Three quarters of ten and eleven year olds would like to change their appearance Body image and its impact upon self esteem has been recognised as an issue which affects increasingly younger children Research in this area has traditionally focused on adolescents yet anxieties about appearance often develop at a much earlier age than this Primary schools have a critical role in helping children to develop a healthy body image through positive intervention *Body Image in the Primary School* offers step by step lessons for teachers to address this issue It examines the continuous media and peer pressures that young children are exposed to and encourages children to recognise their own strengths and qualities and to become resilient members of society The authors demonstrate a practical range of activities and projects for teachers to work with designed to make them confident in discussing body image in the classroom This book offers lesson plans for Key Stage 1 Key Stage 2 and the transition to Key Stage 3 practical guidance on how to support and involve parents and carers analysis on the changing social influences of home life peer pressure and the media overviews of research on the

links between body image academic achievement and emotional well being This book contains explicit links to SEAL and the ECM outcomes and will be of significant interest to all teachers teaching assistants and practitioners working with primary children

*Girl Scout Collectors' Guide* Mary Degenhardt, Judith Kirsch, 2005 In more than nine decades of Girl Scouting a vast popular and material culture has given rise to a wealth of Girl Scout history collections More than an identification guide to uniforms insignia and other Girl Scout objects this work also documents when changes occurred and why new items were introduced Placing these objects in context this essential guide provides a discerning look at the history and development of the Girl Scout Movement in the United States Scholars and aficionados of Girl Scout history costume history women s studies popular culture and dress will welcome this indispensable and definitive resource This new expanded edition with hundreds of illustrations photographs and tables is indisputably the go to source for information on all Girl Scout uniforms insignia awards and handbooks as well as dolls postcards posters calendars and more from the founding of the Girl Scouts in 1912 through the present day An invaluable resource to Girl Scout councils managing a history collection And beyond that an informative and intriguing glimpse into the evolution of a Movement that today is the world s preeminent organization dedicated solely to girls Cynthia B Thompson chair National Board of Directors and Kathy Cloninger national chief executive officer GSUSA An indispensable reference for collectors a fascinating resource for anyone interested in Girl Scouting this comprehensive guide to Girl Scout memorabilia is firmly grounded in the history of the Girl Scouts of the United States Mary Degenhardt and Judith Kirsch show us what Girl Scouts wore and read and explain how changes in uniforms insignia and publications reflect the evolution of Girl Scout programs and the expansion of opportunities for American girls Reading this book is like walking through a fine museum where material culture brings the past to life Anastatia Sims author of *Negotiating Boundaries of Southern Womanhood*

**The Safety Trap** Spencer Coursen, 2021-05-18 Threat management expert Spencer Coursen offers proactive strategies to protect yourself and your loved ones in the event of hostile encounters and emergency situations in *The Safety Trap A Security Expert s Secrets for Staying Safe in a Dangerous World* Despite what the news and social media would have you believe we have never lived in a safer time than we are now Unfortunately we live under a false sense of security enforced by authorities that only alleviates fears without reducing risk We have placed our personal safety and our responsibilities of guarding it into the hands of people trained only to respond to crises not actively prevent them Our blind faith in institutions to protect us has only dulled our natural survival instincts The truth is that when we feel safest is actually when we are in the most danger This is the paradox of *The Safety Trap* When you don t expect danger you simply fail to see the signs that something bad is about to happen But the signs are always there and staying safe is about training yourself to see them In easy to implement methods of maintaining vigilance assessing risk and taking preventative measures you ll discover how to be alert without anxiety and know how to best protect and defend yourself on the job in school in public places at home and online With Coursen s simple formula of Awareness Preparation Safety as your

guide as well as real world examples of managing threats you will learn how to develop the skills and confidence to reclaim your own security and avoid The Safety Trap

**Staying Safe at School** Thomas Kingsley Troupe,2019 How do I stay safe at school Fire drills tornado drills lockdowns School bus safety playground rules lunchroom do s and don ts Staying Safe at School defines the many ways school communities keep their members safe using bright full color illustrations and kid friendly text delivered by a 1st person student narrator with whom young readers can easily identify

***12 Tips for Staying Safe*** Jamie Kallio,2017 Offers readers 12 tips for staying safe including using cyber sense and being prepared for weather emergencies Full color spreads give readers essential facts about each tip its benefits and how the reader can start preparing today Provided by publisher

**Staying Safe Around Strangers** Lucia Raatma,2011-07 safety

***Staying Safe from Injuries*** Mari Schuh,2022 It s good to be active But readers need to know how to stay safe both indoors and outdoors Essential safety tips involving helmets sunscreen fire and more are provided along with important information on what to do in case of injury

**Staying Safe at Home** Joanne Mattern,2007 Explains home safety rules including which household items to stay away from and what to do in case of fire or accident

**Staying Safe Around Fire** Lucia Raatma,2011-07 safety

**Library Media Connection** ,1996

***Staying Safe in the Sun*** Sian Smith,2012-07 Children learn that a little sunshine is good for them and how to avoid getting too much sun

**Staying Safe Outside and Online** R. J. MacReady,2021-12-15 Every day people play outside and go online to interact with others all over the world It s important to understand ways that people can stay safe in both situations This book uses full color photographs and corresponding informative text to educate young readers about the importance of safety in different spaces It explores steps kids can take to ensure their safety in these environments and favors facts over scare tactics Beginning readers are able to better understand how to approach activities online and outside in a way that allows them to have fun while still staying safe

**Staying Safe** A. R. Schaefer,2009 Provides children with information about ways of avoiding accidents keeping themselves safe and reacting appropriately to dangerous situations

**Staying Safe at School** Joanne Mattern,2007-01-12 Explains school safety rules including what to do during a fire drill and what to do if someone gets hurt

**Staying Safe Online** Sally Lee,2012 Discusses the rules and techniques for online safety Provided by publisher

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