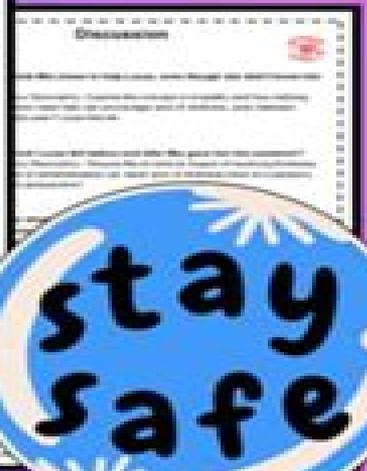
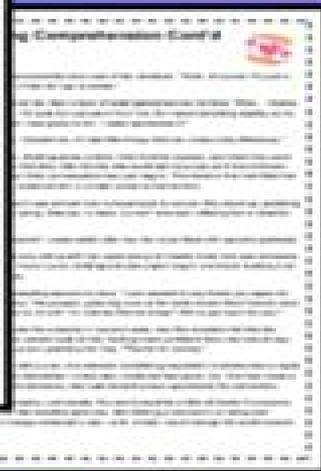


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ist wasser aber auch verdünnte säfte oder saftschorlen oder ungesüßte tees sind empfehlenswert dass alkohol tabu ist versteht sich von selbst