

# Letter to My Future Self

Directions: Reflect on the past year and set goals for the future by writing a letter to your future self. In your letter, include the following:

- \* **Personal Highlights:** Recap your favorite moments and biggest challenges from the past year.
- \* **Current Interests:** Describe what you're currently interested in, including hobbies and friendships.
- \* **Goals and Predictions:** Set goals for your future and make some predictions about what changes you think might happen in your life.

Dear \_\_\_\_\_

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# Writing From The Inner Self

**ML Morrison**



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