



Yoga Practice Framework

Laura Schmalzl, Catherine E. Kerr



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Movement-Based Embodied Contemplative Practices Laura Schmalzl, Catherine E. Kerr, 2016-07-05 Relative to the extensive neuroscientific work on seated meditation practices, far less studies have investigated the neural mechanisms underlying movement-based contemplative practices such as yoga or tai chi. Movement-based practices have, however, been found to be effective for relieving the symptoms of several clinical conditions and to elicit measurable changes in physiological, neural, and behavioral parameters in healthy individuals. An important challenge for neuroscience is therefore to advance our understanding of the neurophysiological and neurocognitive mechanisms underlying these observed effects, and this Research Topic aims to make a contribution in this regard. It showcases the current state of the art of investigations on movement-based practices, including yoga, tai chi, the Feldenkrais Method, as well as dance. Featured contributions include empirical research, proposals of theoretical frameworks, as well as novel perspectives on a variety of issues relevant to the field. This Research Topic is the first of its kind to specifically attempt a neurophysiological and neurocognitive characterization that spans multiple mindful movement approaches, and we trust it will be of interest to basic scientists, clinical researchers, and contemplative practitioners alike. **The varieties of contemplative experiences and**

practices Sucharit Katyal, Sisir Roy, Philippe R. Goldin, Anna-Lena Lumma, 2023-07-05 *Journal of Vaiṣṇava Studies*, 2005

Disabilities: Responses : practice, legal, and political frameworks Catherine A. Marshall, 2009 In these unprecedented volumes, authors from around the world spotlight the latest knowledge on disability, including the social, legal, and political issues that come to bear on people with disability. These authors are researchers, practitioners, people with disability, and family members. Through their experiences, they share with us the nature of disability, the challenges people with disabilities face, approaches to disability around the world, and promising efforts for rehabilitation that are on the horizon. We also learn in these volumes about social actions that have advanced human rights for people with disabilities in countries around the world. Yet we learn that in these same countries, discriminatory actions against people with disabilities

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