

# Work stress relief and management framework

This slide illustrates work stress management framework for corporate employees. It includes demands such as job, personal resources etc.



# Stress Relief Framework

**J Ma**



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web kuna wahusika kadhaa katika tamthilia ya kigogo hawa ndio wahusika na sifa kuwahusu majokani kiongozi wa jimbo la sagamoyo ni katili anaamuru tunu auliwe anavunjwa mfupa wa muundi anamwambia kingi awapige watu risasi katika soko la chapakazi ni mk

**tathmini ya kipengele cha taashira za wahusika katika tamthilia** - Oct 06 2022

web mar 10 2020 katika tamthilia za baada ya 2000 za kimani njogu kipengele kilichoangaziwa ni kile cha taashira za wahusika tamthilia za baada ya 2000 zim etumia mbinu hii ya taashira kupatia lugha