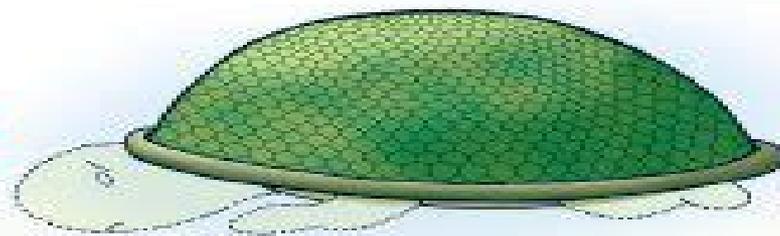


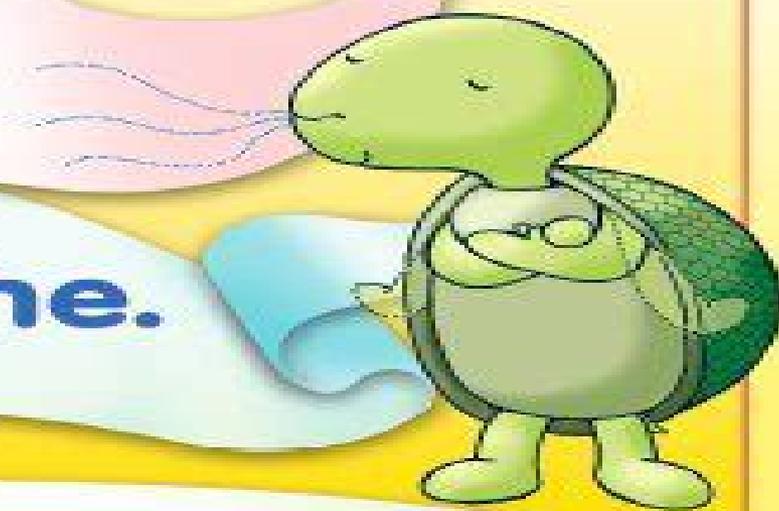
How to do Turtle



STOP!

1

Stop.



2

Breathe.



The
problem
is ...

3

**Say the problem
and how you feel.**

Turtle Paths

Ensheng Dong



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