



Treatment Of Obsessive Compulsive Disorder

Lata K. McGinn, William C. Sanderson

Treatment Of Obsessive Compulsive Disorder:

Current Treatments of Obsessive-Compulsive Disorder Michele Tortora Pato, Joseph Zohar, 2008-11-01 During the 10 years since publication of the first edition of this comprehensive volume progress in neuroscience has had direct and immediate clinical implications in both the pharmacological and psychological arenas in the treatment of one of psychiatry's greatest challenges obsessive compulsive disorder OCD This second edition reflects this progress Chapters include the latest data on the use of all current OCD treatments in special populations such as the strictly religious the elderly children adolescents and those who are pregnant and all are illustrated with new and updated detailed case histories that highlight specific treatments and diagnostic issues This edition includes Three new pharmacotherapy chapters that discuss the use of sertraline paroxetine and citalopram and updates of the original edition's chapters on clomipramine fluoxetine and fluvoxamine An expanded chapter on children and adolescents that emphasizes the benefits of early detection and describes the latest findings in immunological research with particular regard to pediatric autoimmune neurologic disorders associated with streptococcal infection PANDAS An expanded behavioral therapy chapter that encompasses not only detailed treatment plans for both individuals and groups including multifamily groups but also up to date empirical data to support their use The latest data on compounds for treating OCD twice the number of compounds are now available than when the first edition was published including details of the dramatic increase in our knowledge of pharmacokinetics receptor profiles interactions and comparative efficacy during the past decade The clinical implications of today's broadened definition of OCD which includes disorders such as body dysmorphic disorder trichotillomania pathological gambling and Tourette's syndrome and the complicated diagnostic and management issues with a call for innovative treatment approaches raised by the intimate relationship between OCD and schizophrenia 15% of patients with schizophrenia also have OCD A multidisciplinary approach to treatment resistant OCD which occurs in approximately 30% of all cases suggesting ways to combine our current knowledge and focus it on the treatment of a specific individual With their extensive clinical and research experience in treating OCD the distinguished contributors to this volume provide clinicians with the latest most reliable data so that they may better match treatment approaches with each patient's unique needs Of enduring practical value this updated how to manual will be welcomed by all clinicians treating patients with OCD as well as students and other interested clinicians as an effective tool in the ongoing challenge to understand and treat this frustrating disorder *Clinical Handbook of Obsessive-Compulsive and Related Disorders* Eric A. Storch, Adam B. Lewin, 2015-07-03 This handbook examines evidence based treatment of obsessive compulsive and related disorders for a broad clinical audience Focusing on both children and adults with these conditions it discusses various manifestations of OCD e.g contamination perfectionism related conditions e.g hoarding trichotillomania and Tourette syndrome and cases with complicating factors Chapters describe case specifics offer assessment guidelines and illustrate evidence based psychotherapy Case examples depict real life complexities of

presentation notably in terms of comorbid conditions and hard to treat subpopulations Topical areas addressed in the Handbook include Phenomenology assessment and treatment of multiple types of OCD in adults and children Treating not just right experiences in children with OCD Treating obsessive compulsive disorder in very young children Treatment of OCD comorbid with other disorders like depression and Autism Spectrum Disorder Treatment of OCD when presenting with complicating factors like limited insight extreme family accommodation and poor motivation The Clinical Handbook of Obsessive Compulsive and Related Disorders is an essential resource for clinicians and professionals as well as researchers and graduate students in clinical psychology psychiatry social work counseling programs pediatrics public health and related disciplines *Treatment of Obsessive Compulsive Disorder* Lata K. McGinn, William C. Sanderson, 1999-06-01 Treatment for patients with obsessive compulsive disorder OCD has dramatically improved with the innovative use of cognitive behavioral therapies Drs McGinn and Sanderson have developed a comprehensive method of treatment that combines psychoeducational and cognitive restructuring with traditional exposure and response prevention techniques A detailed session by session guide is presented to help clinicians assess and treat OCD with this unique blend of therapies Using a composite case example the authors demonstrate exactly how to implement various strategies from the initial interview to the conclusion of treatment

Obsessive-Compulsive Disorder For Dummies Charles H. Elliott, Laura L. Smith, 2008-11-24 Arguably one of the most complex emotional disorders Obsessive Compulsive Disorder is surprisingly common Furthermore most people at some time in their lives exhibit a smattering of OCD like symptoms Obsessive Compulsive Disorder For Dummies sorts out the otherwise curious and confusing world of obsessive compulsive disorder Engaging and comprehensive it explains the causes of OCD and describes the rainbow of OCD symptoms The book shows readers whether OCD symptoms represent normal and trivial concerns for example a neat freak or something that should be checked out by a mental health professional for example needing to wash hands so often that they become raw and red In easy to understand steps the authors lay out the latest treatments that have been proven to work for this disorder and provide practical and real tools for living well long term Whether you or someone you care about has this disorder Obsessive Compulsive Disorder For Dummies gives you an empathic understanding of this fascinating yet treatable mental disorder

Current Treatments of Obsessive-compulsive Disorder Michele Tortora Pato, Joseph Zohar, 2001 This new edition reflects the last decade's progress in the treatment of obsessive compulsive disorders Chapters include recent data on the use of OCD treatments in special populations such as the strictly religious the elderly children adolescents and pregnant women All are illustrated with detailed case histories that highlight specific treatments and diagnostic issues This edition also includes three new pharmacotherapy chapters an expanded chapter on children and adolescents and an expanded behavioral therapy chapter c Book News Inc

The Neurobiology and Treatment of OCD: Accelerating Progress Naomi A. Fineberg, Trevor W. Robbins, 2021-07-20 The book highlights important new research approaches of clinical

relevance written by prominent researchers in the field of OCD and related disorders A broad range of topics is covered beginning with a description of the phenotypic features of the OCD followed by chapters on developmental aspects animal models genetic and biological models including neuro inflammation functional neuroimaging correlates and information processing accounts Finally existing and novel treatment approaches are covered including clinical and pharmacogenetic treatment models In this way the volume brings together the key disciplines involved in the neurobiological understanding of OCD to provide an update of the field and outlook to the future Together the volume chapters provide focused and critical reviews that span a broad range of topics suitable for both students and established investigators and clinicians interested in the present state of OCD research

Obsessive-compulsive Disorder Christopher Pittenger,2017-09-12 Obsessive compulsive disorder affects approximately one person in 40 and causes great suffering Effective treatments are available that can help many and our understanding of the psychology neurobiology and clinical treatment of the disorder has advanced dramatically over the past 25 years Nevertheless much remains to be learned and a substantial minority of patients benefit little even from the best treatments we have to offer today This volume provides the first comprehensive summary of the state of the field summarizing topics ranging from genetics and neurobiology through cognitive psychology clinical treatment related conditions societal implications and personal experiences of patients and clinicians This book is unique in its comprehensive coverage that extends far beyond the realm of cognitive behavioral therapy As such it will serve as a valuable introduction to those new to the field a fascinating resource for OCD sufferers and their families and an essential reference for students clinicians and researchers

Obsessive-Compulsive Disorder Vladimir Kalinin,2014-04-03 Although Obsessive Compulsive Disorder OCD has been known since the ancient times the exact etiology and pathogenesis of OCD unfortunately still remain unknown In addition the therapeutic approaches elaborated for the treatment of OCD as a whole are not perfect and this disorder as a rule is characterized by unfavorable course and lack of full therapeutic response In the current book some modern data on pathogenesis phenomenology and treatment of OCD are presented Besides the data on co morbidity of OCD with other neurological and psychiatric disorders are also included This book is intended for broad circle of readers but mostly for psychiatrists psychologists and neurologists

Psychological Treatment of Obsessive-compulsive Disorder Martin M. Antony,Christine Purdon,Laura J. Summerfeldt,Laura Summerfeldt,2007 Written by prominent OCD specialists this volume provides practical step by step descriptions of psychological approaches to treating OCD Practitioners experienced in treating this disorder will appreciate the discussion of more advanced issues including dealing with treatment resistance and comorbidity and treating OCD in special populations

Obsessive-Compulsive Disorder Wayne K. Goodman,Matthew V. Rudorfer,Jack D. Maser,2017-08-25 Obsessive compulsive disorder is now recognized to be a serious and chronic illness affecting more than 2% of the population While the last decade of the twentieth century witnessed many advances on both the pharmacological and the behavioral fronts fewer than 50% of cases benefitted significantly from treatments available at

the time In this volume originally published in 2000 leading authorities offer a comprehensive cutting edge overview of etiology diagnosis assessment and the latest cognitive behavioral biological and combined approaches to intervention A special focus is treatment resistant illness Obsessive Compulsive Disorder Contemporary Issues in Treatment will be an indispensable resource for all professionals who seek better solutions to the often seemingly intractable problems of their OCD clients

Treatment of Obsessive Compulsive Disorder Lata K. McGinn,William C. Sanderson,1999-06-01
Treatment for patients with obsessive compulsive disorder OCD has dramatically improved with the innovative use of cognitive behavioral therapies Drs McGinn and Sanderson have developed a comprehensive method of treatment that combines psychoeducational and cognitive restructuring with traditional exposure and response prevention techniques A detailed session by session guide is presented to help clinicians assess and treat OCD with this unique blend of therapies Using a composite case example the authors demonstrate exactly how to implement various strategies from the initial interview to the conclusion of treatment

Obsessive-Compulsive and Related Disorders Samar Reghunandan,Naomi A. Fineberg,Dan J. Stein,2015-06-25 Providing clinicians and patients with the latest developments in research this new edition is a succinct and practical introduction to the diagnosis evaluation and management of OCD and other related disorders Part of the Oxford Psychiatry Library series this pocketbook includes individual chapters on the phenomenology pathogenesis pharmacotherapy and psychotherapy of OCD and other related disorders and features fully updated content and research The book also includes a helpful resources chapter and an Appendix with summaries of the major rating scales used to assess patients with OCD which will be of use to both clinicians and patients Obsessive compulsive disorder OCD and Obsessive compulsive related disorders OCRDs are anxiety disorders characterized by obsessions and compulsions and varying degrees of anxiety and depression OCRDs are considered to be one of the most disabling of psychiatric disorders and they present a tremendous economic and social burden both for the affected individual their family and for society at large In contrast to other psychiatric conditions of a comparable or lesser prevalence and patient burden relatively little is understood about the aetiology and cognitive effects of OCRDs

Understanding and Treating Obsessive-Compulsive Disorder Jonathan S. Abramowitz,2006-04-21 Among the most prevalent and personally devastating psychological disorders the development of a cognitive approach to obsessive compulsive disorder OCD has transformed our understanding and treatment of it In this highly practical and accessible book Jonathan Abramowitz presents a model of OCD grounded in the most up to date research that incorporates both cognitive and behavioral processes He then offers a step by step guide to psychological treatment that integrates psychoeducation cognitive techniques and behavioral therapy exposure and response prevention Unlike other manuals for the treatment of OCD this book teaches the reader how to tailor the choice of techniques and delivery modes for individuals presenting with a wide range of specific OCD symptoms such as contamination fears and cleaning rituals fears of harm and compulsive checking symmetry and ordering and severe obsessions with mental rituals

The techniques are illustrated with numerous case examples clinical forms and handouts are provided for use with patients A final chapter suggests strategies for overcoming common obstacles in treatment

Exposure and Response (Ritual) Prevention for Obsessive Compulsive Disorder Edna B. Foa, Elna Yadin, Tracey K. Lichner, 2012-03-22 This book guides clinicians in treating individuals with OCD through the use of exposure and ritual response prevention one of the most effective and the most studied treatments for OCD

Obsessive-Compulsive Disorder M. Mavissakalian, Larry Michelson, Samuel M. Turner, 2013-06-29 Recent advances in behavioral and biological treatments have raised the hopes and expectations of patients and clinicians alike in regard to obsessive compulsive disorder one of the most disabling crippling and resistant conditions in psy chiatry In addition to their therapeutic efficacy these new treatments have also opened new conceptual perspectives thus complementing the traditional psychological theories of obsessive compulsive disorder Therefore it is timely for these various conceptual frameworks and the treatment modalities they engender to be integrated and synthesized in the pres ent volume To this end eminent scholars in their respective areas were invited to contribute to this book which we hope will symbolize and in some measure actualize the spirit of collaboration required if we are to fully comprehend the com plex nature of this disorder as well as to address existing ther apeutic challenges In Chapter 1 Rachman sets the stage by providing an overview of the conceptual and therapeutic issues of obsessive compulsive disorder This is followed by an in depth review of the behavioral interventions from which Foa vii viii PREFACE and colleagues successfully distill the specific therapeutic processes of exposure and response prevention In the third chapter Sifneos deals with the psychodynamic factors under lying obsessive compulsive phenomena and details his in novative technique of brief anxiety provoking psychotherapy aimed specifically at the obsessional state

Can Christianity Cure Obsessive-Compulsive Disorder? Ian Osborn, 2008-04 A psychiatrist explores how the Christian faith can play an important part in bringing relief to OCD sufferers

Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions Jonathan S Abramowitz, Dean McKay, Steven Taylor, 2011-04-28 Researchers and clinicians working with Obsessive Compulsive Disorders OCD and related disorders who need the most current information available will find this volume of great use Obsessive Compulsive Disorder Subtypes and Spectrum Conditions covers contemporary theory research and treatment of the various subtypes of OCD and problems often referred to as OCD spectrum disorders As the mental health field considers the next iteration of the DSM an entire research agenda is being planned to elucidate issues such as how best to understand and classify OCD The questions of subtypes and spectrum disorders are at the heart of this issue and will guide how OCD is conceptualized in DSM V This volume dedicated to such diagnostic theoretical and treatment issues helps informs the field of the most up to date knowledge and what remains to be resolved Deconstructs OCD into its subtypes Reviews current research and treatment for these problems Considers how OCD will be conceptualized in DSM V Represents an international scope with contributions from field experts in psychology psychiatry and social work Includes critical discussion of the OCD subtype and OCD

spectrum concepts *Obsessive-compulsive Disorders* Michael A. Jenike, Lee Baer, William E. Minichiello, 1998 This is the most complete clinical reference on obsessive compulsive disorders It incorporates scientific foundations and clinical studies Discussed in detail are the behavioural therapies and psychotropic medications that are used to control symptoms Practical advice is provided on clinical management The first edition received positive reviews in the New England Journal of Medicine as extremely useful as a reference source for any clinician interested in treating obsessive compulsive disorders The third edition is divided into six sections Section I The Clinical Picture presents a descriptive picture of the clinical features of OCD Section II Illnesses Related to OCD Spectrum Disorders Section III Pathophysiology and Assessment Section IV Treatment includes detailed information on treatments that have proven effective including behaviour therapy medications and the often overlooked area of neurosurgical treatment as well as specific clinical strategies and case studies Section V Patient and Clinic Management includes step by step information on running an OCD clinic Section VI Appendix includes rating scales referral sources references etc Complete coverage of the aetiology diagnosis and treatment of OCD in children adolescents and adults written by contributors who are the leading authorities on OCD The editors are from MGH OCD clinic a major U S treatment center also involved in the latest research in OCD The leading reference on OCD Written by leading authorities in the field New drugs and latest information on indications and contraindications New information about the biology of disorders Major updating of obsessive compulsive spectrum and fringe disorders Expanded bibliography Understanding OCD Adam B. Lewin, Eric A. Storch, 2017-04-21 This book provides essential information and guidance to help parents and professionals to understand the diagnosis treatment and management of childhood obsessive compulsive disorder OCD The book covers the causes and presentation of childhood OCD as well as OCD related illnesses and treatments for OCD *The Wiley Handbook of Obsessive Compulsive Disorders* Jonathan S. Abramowitz, Dean McKay, Eric A. Storch, 2017-06-12 The Wiley Handbook of Obsessive Compulsive Disorders 2 volume set provides a comprehensive reference on the phenomenology epidemiology assessment and treatment of OCD and OCD related conditions throughout the lifespan and across cultures Provides the most complete and up to date information on the highly diverse spectrum of OCD related issues experienced by individuals through the lifespan and cross culturally Covers OCD related conditions including Tourette s syndrome excoriation disorder trichotillomania hoarding disorder body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and older adults and across a range of cultures with diverse social and religious norms

Reviewing **Treatment Of Obsessive Compulsive Disorder**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Treatment Of Obsessive Compulsive Disorder**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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