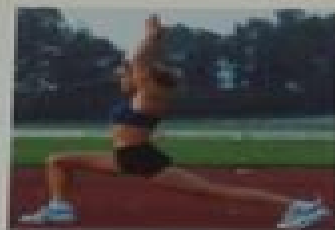


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**Greg Isaacs**

# Ultimate Lean Routine

**Chao Zhang**



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