

*The dynamic message program for major ministry:
Health and creating spiritual wellness.*

THE WELLNESS TREE



Justin O'Brien, Ph.D.

Wellness Tree The Six Step Program For C

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The Wellness Tree Justin O'Brien, Swami Jaidev, 2000 From the self care expert who teaches wellness to doctors comes the handbook of optimal wellness Dr Justin O'Brien who has taught wellness for twenty five years wrote the first edition of this breakthrough primer in 1990 This is the new third edition which continues to help readers change their lives Rich in ancient tradition and current mind research The Wellness Tree challenges you to transform ordinary health and ensuing decline into powerful possibilities for rejuvenation and awakened consciousness The Wellness Tree Swami Jaidev, 2000

The Cumulative Book Index ,1995 A world list of books in the English language **A Wellness Way of Life** Gwen Robbins, Debbie Powers, Sharon Burgess, 1997 **Forthcoming Books** Rose Army, 2002 **Subject Guide to Books in Print** ,1997 American Book Publishing Record Cumulative 1993 R R Bowker Publishing, 1994-03 Cited in BCL3 Sheehy and Walford Compiled from the 12 monthly issues of the ABPR this edition of the annual cumulation lists by Dewey sequence some 41 700 titles for books published or distributed in the US Entry information is derived from MARC II tapes and books submitted to R R Bowker an Books In Print 2004-2005 Ed Bowker Staff, Staff Bowker, Ed, 2004 **Food Management** ,1985-07 **Children's Books in Print** R R Bowker Publishing, Bowker, 1999-12 The Youth's Companion Nathaniel Willis, Daniel Sharp Ford, 1901 Includes music *Children's Books In Print 1998* Bowker Editorial Staff, R R Bowker Publishing, Bowker, 1998 *Film & Video Finder* ,1997 **Press Summary - Illinois Information Service** Illinois Information Service, 1984 **Cumulated Index to the Books** ,1999 *Time* Briton Hadden, Henry Robinson Luce, 2000 Medical and Health Care Books and Serials in Print ,1986 **Current Index to Journals in Education** ,1987 **Words on Cassette, 2002** R R Bowker Publishing, 2002 *Hospital Literature Index* ,1994

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