

# PERFORMING TRACH CARE



## Emergency Supplies



Resuscitation bag



Oxygen source



Sterile trach replacement tube



Tracheal suction equipment



Cotton-tipped applicators



Sterile saline



Tracheostomy ties



Gauze sponges



Disposable inner cannula



Split 4x4 gauze

“DO NOT attempt to cut yourself, filaments from gauze may enter trach”

## Pre-Procedure

- Explain procedure to patient.
- Head of bed at 30–45°.
- Assess baseline respiratory status.
- Find a colleague to assist.

## Procedure

1. Moisten 4x4 gauze with saline.
2. Perform hand hygiene & apply non-sterile gloves.
3. Stabilize trach faceplate and carefully unlock inner cannula and remove. Cleanse with saline and soft brush and dry thoroughly or replace with new disposable cannula per policy.
4. Insert clean or new inner cannula and lock into place.
5. Remove old split gauze from around trach. Be careful not to dislodge trach!



# Tracheostomy Care

**Peipei Pang**



## **Tracheostomy Care:**

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