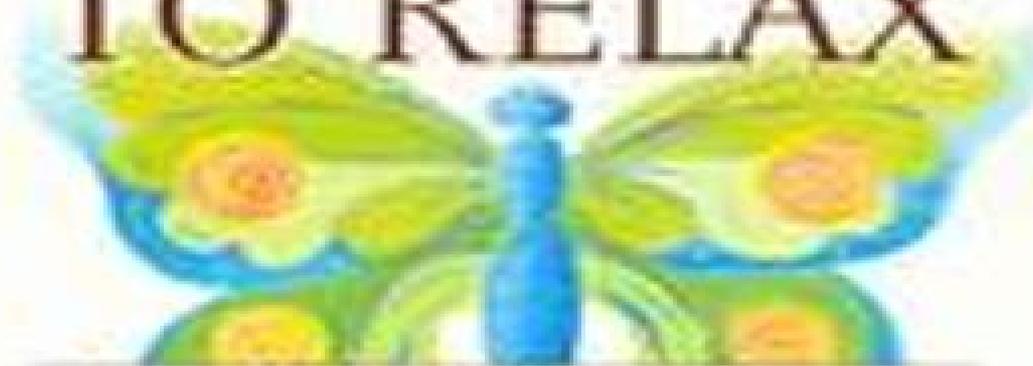


TEN MINUTES TO RELAX



EXPERIENCE

The Love Response

Guided Meditations for Health,
Happiness, and Vitality



BY EVA M. SELIGER, M.D.

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N Noddings



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