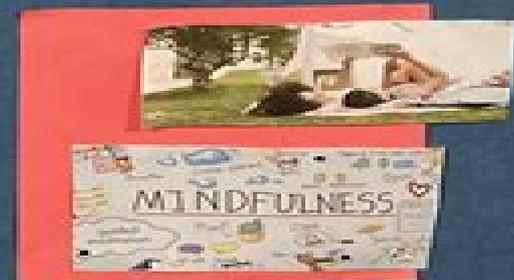
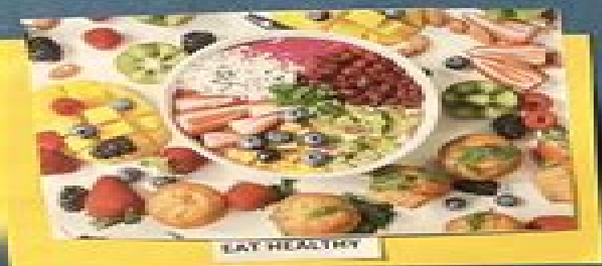
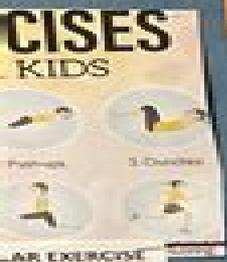


# TAKE CARE OF YOUR MENTAL HEALTH



# Mental Health Ideas

**AW Rasmussen**



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