

# Serenity Prayer

God, grant me the Serenity  
to accept the things I cannot change.  
The courage to change the things I can,  
and the wisdom to know the difference.

Living one day at a time,  
enjoying one moment at a time;  
Accepting hardship as a pathway to peace;  
Taking, as Jesus did, this sinful world as it is;  
Not as I would have it;  
Trusting that You will make all things right  
if I surrender to Your will;

So that I may be reasonably happy in this life  
and supremely  
happy with You forever in the next.

**AMEN**

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Reinhold Niebuhr



# The Serenity Prayer

**Dan Crenshaw**



## **The Serenity Prayer:**

*Serenity Prayer* Trevor Hudson,2010-12-15 One of our greatest longings today is for peace in our own hearts and in the world around us We have the desire to be at peace with ourselves others and with God In response to this search for peace Trevor Hudson expounds on a simple prayer that most of us are familiar with God grant me the serenity to accept the things I cannot change the courage to change the things I can and the wisdom to know the difference Trevor carefully explains the meaning of each part of the prayer and its application to our lives Chapters include Learning to live one day at a time Surrendering to God s will Accepting hardships Changing the things we can The Serenity Prayer will help you develop those attitudes that will enable you to find peace even in difficult circumstances [The Serenity Prayer Book](#) William V. Pietsch,1992-10-09 GOD grant me the SERENITY to accept the things I cannot change COURAGE to change the things I can and WISDOM to know the difference A balanced and thoughtfully incisive exposition of the subtle wisdom concealed

**Serenity** Zondervan,2006-05-21 Deeply moving this beautiful gift book will help all who read it discover a renewed sense of peace that comes only from our wise and loving God With reflections and NIV Scripture Serenity offers hope inspiration and confidence for each new day that only God can provide **The Way of Serenity** Jonathan Morris,2014-09-16 FOX News religion analyst program director of the Catholic Channel on SiriusXM radio and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone not just those in recovery programs The Serenity Prayer states Lord grant me the serenity to accept the things I cannot change The courage to change the things I can And the wisdom to know the difference Exploring the prayer phrase by phrase Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message Enlightening and profound The Way of Serenity includes moving narratives illuminating historical anecdotes and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness **Living the Serenity Prayer** Jeanett Gardner Littleton,James Stuart Bell,2007-11-01 A Simon Schuster eBook Simon Schuster has a great book for every reader *Reflecting on the Serenity Prayer* Philip St Romain,1997 God grant me the serenity In addition to being the most central core prayer of the recovery movement The Serenity Prayer is admired and prayed by those who seek to find an inner peace in the face of life s difficult challenges Here Philip St Romain gives the complete prayer new meaning by reflecting on the meditative words and how they can help us truly surrender our life to God s care Paperback **The Serenity Prayer** Dwayne Cole,2015-08-14 Millions of people around the world have found peace and happiness that passes all understanding in this prayer of serenity courage and wisdom wrapped in God s mysterious miraculous presence The serenity prayer as it is structured is not in the Bible but its three themes of serenity courage and wisdom are biblical themes that loom large The prayer s origin is not clear Some say it dates back as far as the twelfth century It has been attributed to the theologian Reinhold Niebuhr and dated as early as 1934 by his wife but it does not appear in his writing until many years

later The short version has only a few lines God grant me the serenity to accept the things I cannot change The courage to change the things I can And the wisdom to know the difference The prayer has been widely used by many helping organizations and expanded by adding lines like Living one day at a time Enjoying one moment at a time Accepting hardships as a pathway of peace reasonably happy in this life and Happy with God forever This book will focus on the short version utilizing some of the other lines in giving a broader biblical theological and practical foundation to the words serenity courage and wisdom

**The Serenity Prayer**, 1985 **Prayer Steps to Serenity The Twelve Steps Journey** L. G. Parkhurst, Jr., Louis Gifford Parkhurst, 2006 Based on reader feedback to his original volume published in 2004 Parkhurst offers a revised edition with 12 new readings on the Serenity Prayer and how each part of the prayer corresponds with the 12 Step Program

*The Serenity Prayer* Trevor Hudson, 2005 Many things assault our sense of peace stressful jobs troubled marriages and retirement worries This book explores the meaning of the famous Serenity Prayer and challenges each of us to discover peace when life seems out of control

*Twenty-Five Words* Barb Rogers, 2005-01-01 These Twenty five words are the bedrock of the worldwide Alcoholics Anonymous movement a movement that has saved and improved millions of lives When Barb Rogers first heard this prayer a quarter of a century ago she could scarcely credit it and hadn't the ears to believe it It all begins with mee mee mee she writes As in Why is God doing all these things to mee Why doesn't God understand that I know what's best for mee and do what I ask him to Why are other people doing all these things to mee Well as it turns out it's not all about mee Rogers tells her story and invites readers to take a tough loving look at their own There are some things we should accept period We shouldn't take them personally We shouldn't whine or scream or go off on a tear Then there are some things we can change and we should probably take a look at those as well And the real trick the one that comes from years of saying the prayer and letting its healing principles sink in is knowing the difference Barb Rogers own story starts in the depths of alcoholism with deceased children broken marriages lost jobs Sure there were reasons but reasons didn't change anything the Serenity Prayer did

The Serenity Prayer Zondervan, 2014 With reflections and NIV scripture this deeply moving gift book offers hope inspiration and confidence for each new day through Jesus

The Serenity Prayer for the 21st Century Thomas Victory, 2025-09-11 For generations the Serenity Prayer has been whispered in recovery circles recited in quiet moments of grief and displayed in homes as a reminder of peace Short enough to memorize in a breath yet profound enough to guide a lifetime its simple triad serenity courage and wisdom offers clarity in a world of uncertainty This book takes readers beyond the words into their deeper meaning weaving together history philosophy psychology and timeless spiritual insight It reveals not only how to understand the Serenity Prayer but how to live it day by day decision by decision Inside you'll discover The fascinating origins of the Serenity Prayer and why its message has endured across cultures and generations How acceptance when rightly understood leads not to resignation but to freedom Why true change requires courage and how to act even when fear is present How wisdom grows through reflection humility

and discernment The hidden virtues humility gratitude surrender hope and love that give the prayer lasting power Whether you approach the Serenity Prayer through faith recovery or personal growth this book offers a clear compassionate and practical companion for life's hardest questions

**Serenity Prayer** Elisabeth Sifton, 2005-01-04 The daughter of renowned theologian Reinhold Niebuhr who wrote The Serenity Prayer reclaims the true history of the prayer and recounts the efforts made by those who like Niebuhr devoted their lives to the causes of social justice racial equality and democratic freedom

*Understanding the Serenity Prayer* Danette J. Ross, 2008-01-01 The Serenity Prayer is one of the most widely known and recognized prayers in the world Its association with Alcoholics Anonymous AA and other rehab facilities and organizations have proven this prayer a source for peace and comfort through tragic or difficult times It promotes strength for overcoming any of the difficult issues life brings your way As you read this short yet powerful book you will understand and accept yourself with all of your strengths weaknesses and problems that have equipped you to handle and overcome life's challenges to fulfill your purpose with courage and confidence

*Serenity* Zondervan Publishing, 2003 Deeply moving this beautiful gift book will help all who read it to discover a renewed sense of peace that comes only from our wise and loving God With reflections and NIV Scripture the Serenity Prayer offers hope inspiration and confidence in each new day as only God can provide

Coaching the Serenity Prayer Lifestyle Dan Crenshaw, 2009-08-01 Book Summary Why has the Serenity Prayer become one of the top three prayers in the world This prayer strikes a common cord within all humankind Life can knock the breath out of you The Serenity Prayer can breathe within you the breath of life A surge of spiritual energy can enhance coping skills Letting go what you cannot change grants productive freedom You will not be chasing after rabbits avoiding futile habits This book applies the prayer to 10 common aspects of life resulting in a Serenity Prayer lifestyle The probing questions and exercises at the end of each chapter can help you in the prayer's application This book's purpose is three fold First it will enable you to heal Secondly you will have the wisdom to accept reality and courage to fulfill your possibilities Thirdly you will develop priceless hope This hope can grant determination and prevent your goals from extermination

**Living Serenity** Deborah Galasso, 2013-12 Many of us search for serenity in a stressful sinful world Millions of people in the church and out of it struggle with addictions By practicing the principles found in this book you can know God's amazing gift of Living Serenity Written for those struggling with the problem of addiction who want to apply Scripture to recovery this book supplies a Christ centered framework for applying the life changing principles of the Serenity Prayer a simple prayer through which millions of people have found hope and spiritual guidance for decades Unpack the Scriptural foundations underlying each idea found in this powerful prayer through the accounts of the lives of people in the Bible and the author's own experiences Contained within its principles are ideas which can bring serenity to your life regardless of what challenges you are facing Each chapter concludes with questions that encourage personal reflection and application making this book invaluable to counselors and mentors as well An excellent tool for understanding recovery principles from a Christian point of

view Living Serenity will be a welcome addition to your library and one you refer to again and again The Serenity Prayer and Thy Will be Done Rufus Josephus Womble,1965 **The Serenity Prayer** Clifford Eslinger,2014-10-30 Over twenty years ago I began my journey with this prayer and early on I made the commitment to journal my thoughts My hope then as it is now was to pass on my meditations and interpretations so some other soul might benefit and begin or expand their meditative prayer journey which might evolve for another as much as mine has for me I believe it is God s will that each of us enter into a relationship with Him to discern His will for our lives and allow Him to provide us with courage and wisdom to accomplish His will I hope and pray this book helps you reach and stay connected with Him

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