

Values Clarification Exercises



Values Sorting

Sorting cards/lists for values clarification.



Bull's Eye Exercise

Exercise to focus on core values.



Values Journaling

Prompts for journaling about personal values.



Reflection Questions

Guided questions for values reflection.



Behavior Mapping

Mapping behaviors related to personal values.

Values Clarification For Counselors

Douglas R. Gross



Values Clarification For Counselors:

Values Clarification in Counseling and Psychotherapy Howard Kirschenbaum, 2013-03-06 This is the most comprehensive book ever written on how counselors and psychotherapists can work with clients around values decision making and action planning It shows how to use value clarifying questions value clarifying interviews and over 40 values clarification strategies with 1 000 or so examples that can be used with individuals and groups on specific issues Applications for virtually all counseling psychotherapy and social work specialties are included as is theory research multicultural issues and in depth discussion on value and moral conflicts with clients About two thirds of the book is filled with practical activities examples and case studies The other third contains substantive sections on the history and development of values clarification theory and research the relation of values clarification to other counseling approaches multicultural issues when working with values and arguably the most thoughtful discussion in the literature about how counselors can avoid imposing their values on clients and handle counselor client values conflicts

Values Clarification for Counselors Gordon M. Hart, 1978-01-01

Introduction to Counseling and Guidance Robert Lewis Gibson, Marianne H. Mitchell, 1995 The sixth edition of this well thought of book retains its logical progression of topics while introducing the latest technologies concepts and applications in the counselor s repertoire As they have in previous editions the authors present practical examples and discussions of all of the major facets of counseling in a wide variety of counselors work settings They include a thorough treatment of techniques of assessment including an overview of standardized testing and discussion of subjective approaches to appraisal observation self reporting and others This book introduces future counselors to the technology they will encounter on their first assignments and familiarizes them with the type of equipment and tools to expect It also includes coverage on the vital topics of program development management and legal ethical issues For professionals in the field of counseling

Ethical and Spiritual Values in Counseling Mary Thomas Burke, Judith G. Miranti, 1992

Ethical and Professional Issues in Counseling R. Rocco Cottone, Vilia M. Tarvydas, 2003 Expanded revised and more reader friendly the second edition of this well researched book again provides its exceptional coverage of the philosophical foundations of counseling This is one of the most comprehensive thorough and readable books on the market today After a thorough discussion of ethical principles and standards the authors conscientiously examine ethical issues as they manifest themselves within several specialty areas family counseling and school counseling for example They again include their highly praised compendium of ethical codes ideal for study by future counselors or as a reference for practitioners This book addresses high interest topics such as genetics eugenics and managed care It examines the variables and nuances of counseling clients of various ethical and cultural backgrounds It also covers everything from office layout to maintaining records from setting fees and billing to handling disagreements computer assisted counseling online forums and computer assisted assessment For professionals in the field of counseling

Readings in Values Clarification Sidney B. Simon, Howard Kirschenbaum, 1973

Counseling

Ethics and Decision Making R. Rocco Cottone, Vilia M. Tarvydas, 2007 This book guides helping professionals using the theme of decision making as an anchor for the discussion of ethics in professional practice Providing a thorough presentation of ethical principles and standards the authors conscientiously examine ethical issues as they manifest themselves within several specialty areas couple and family school mental health career group rehab additions etc and use compelling case studies to illustrate the connection between ethical decision making models and ethical practice This revision includes additional coverage of multicultural issues references the new 2005 American Counseling Association ACA Code of Ethics and includes the highly praised compendium of ethical codes

Clarifying "values Clarification Virginia Graves Cook, 1990

Counseling Daniel W. Fullmer, 1978 California. Court of Appeal (1st Appellate District). Records and Briefs California (State)., *Developmental Counseling and Teaching* V. Lois Erickson, John M. Whiteley, 1980 *Values Clarification Ten Years Later* Stephen Jeffrey Taffee, 1976 *Handbook for Alcoholism Counselors* Carol Bauer Bailey, 1978 *Counseling and Values* Donald A. Biggs, Charles J. Pulvino, Carlton E. Beck, 1976

Introduction to the Counseling Profession Douglas R. Gross, 1997 An introductory text featuring a focus on the personal dynamics of a counselor and presentation of material not often addressed to beginning students Coverage includes counseling from a rehabilitative perspective brief therapies client diagnosis and assessment based on DSM IV mental health counseling and counseling special populations Designed for students taking a preliminary course and considering entering the counseling profession Annotation copyrighted by Book News Inc Portland OR

Ethical, Legal, and Professional Issues in the Practice of Marriage and Family Therapy S. Allen Wilcoxon, 2007 This best selling text for students supervisors and practitioners in marriage and family therapy examines the cultural ethical legal and professional issues of marriage and family therapy using values as a beginning point for practice decisions Organized in a four part format the book includes current cultural issues examines ethical codes problems and domains offers perspective on the latest legislation and discusses issues of professional identity Three chapters devoted to case studies add context and illustrate the complexities inherent in marriage and family therapy One of these casebook chapters addresses ethical issues Chapter 7 one deals with legal issues Chapter 10 and one looks at professional issues Chapter 12 In the fourth edition emphasis is retained for classic ethical legal and professional concerns arming readers with more knowledge about the personal professional and institutional layers of values affecting marriage and family therapists managed mental health care culturally responsive marriage and family therapy the impact and use of technology in marriage and family therapy and the Health Insurance Portability and Accountability Act HIPAA and its influence on marriage and family therapy practice

Career Counseling Vernon G. Zunker, 1986 This highly successful book has been called the most comprehensive text on the market providing students with needed career theory as well as practical techniques and examples Through the author's clear writing style case examples tables and exercises students develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical

information on how to effectively counsel clients about career issues *The Education Index* ,1982 *Interviewing
Strategies for Helpers* William Henry Cormier,Louise Sherilyn Cormier,1979 Expanding Horizons in Therapeutic
Recreation ,1976

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