

SPORTS INJURIES

Basic principles
of prevention and care

EDITED BY P. A. F. H. RENSTRÖM



THE ENCYCLOPAEDIA OF SPORTS MEDICINE
AN IOC MEDICAL COMMISSION PUBLICATION
IN COLLABORATION WITH THE
INTERNATIONAL FEDERATION OF SPORTS MEDICINE



Sports Injuries Basic Principles Of Prevention And Care

Ronald J. Maughan



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Sports Biomechanics Roger Bartlett,1999 Students who are studying biomechanics in years two and three of their degree and postgraduate students of biomechanics will find this textbook invaluable

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The Team Physician's Handbook Morris B. Mellion,W. Michael Walsh,Guy L. Shelton,1997 The book s outline format is ideal for quick scanning and retrieval of needed information Subjects which lend themselves to visuals such as taping and bracing are heavily illustrated and radiographs are supplied in several chapters Fourteen new chapters in this edition cover setting up a high school sports medicine program medical coverage for Special Olympics Games high altitude training and competition overtraining exercise addiction infection in athletes anemia in athletes renal and genitourinary problems gastrointestinal problems stress fractures ice hockey martial arts and administration and medical management of mass participation endurance events

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sport and is divided into physiology and biochemistry nutrition anthropometry immunology cell biology biomechanics engineering and ergonomics psychology pharmacology limitations to performance special populations and exercise and health Presented in a clear style and format The Olympic Textbook of Science in Sport draws on the expertise of an international collection of contributors who are recognized as leaders in their respective fields It will be indispensable for all sport scientists and medical doctors who serve athletes and sports teams and is an invaluable reference for students of sport and exercise science

Whitaker's Books in Print, 1998 Epidemiology of Injury in Olympic Sports Dennis J. Caine, Peter A. Harmer, Melissa A. Schiff, 2010 This volume reviews the distribution and determinants of injury frequency in Olympic sports then suggests measures for injury prevention and directions for further research After an introduction the book is divided into parts dedicated to Olympic Summer sports Olympic Winter sports and Paralympic sports Recognized authorities write on their areas of expertise and detail for each sport injury characteristics injury severity and injury risk factors

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