

# THE JUNK FOOD COOKBOOK

HOW YOU CAN MAKE IT THE WHOLESSOME WAY  
FROM FRESH TOUSL GARDEN KITCHENS

LYDIA SAGER



# The Junk Food Cookbook

**Ronald Hudkins**



## **The Junk Food Cookbook:**

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[The Taming of the Junk Food Monster](#) Vicki Lansky,1978

**Vegan Junk Food** Zacchary Bird,2020-09-01 Not all vegans do yoga thrice daily or thrive on kale juice This book is for anyone curious about cooking meat free who DGAF about carbs This is the anti vegan cookbook for vegans Almost every vegetarian and vegan cookbook focuses on the whole wheat kefir green cleanse salt lamp lentil aspect of living a cruelty free diet But what about those of us who actually dream of a greasy burger all day and all night but simply can t justify eating animal products Or those of us who just wanted to opt out of the environmentally unsustainable meat industry Or anyone who is just keen to broaden their culinary horizons and dip a toe in the waters of veganism Like author Zacchary Bird If you see and taste the world the same way as Zac then this is the cookbook for you Inside this epic volume you ll find easy to follow recipes for deep fried mac n cheese balls jalapeno poppers Philly faux steak The Big Zac i e a Big Mac reimaged and reborn and deep fried banana fritters Unlike other vegan cookbooks that you might ve come across this book won t have you searching through a spice market for five hours just to find all the ingredients These recipes are supermarket ready and can be made by even the most novice chef Because who said that living without meat meant that you couldn t get greasy AF They were wrong and this book is cruelty free proof

[Guilty Pleasures Soups and Salads, Junk Food Cookbook Vol 3](#) Ronald Hudkins,2024-02-11 This volume of Guilty Pleasures reinvents the world of soups and salads transforming everyday classics into indulgent dishes with

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**The Non-junk Food Cookbook for Kids, Moms and Other Folk** OCCSA Head Start,1979

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