

Stepfamily



Problems

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Tom and Adrienne Frydenger

Stepfamily Problems

Alan S. Gurman



Stepfamily Problems:

Stepfamily Problems Tom Frydenger, Adrienne Frydenger, 1997 Stepfamily Problems provides straightforward down to earth answers about the whos the whys and the whens of anger resentment and conflicts blended families experience Families are given the tools they need to resolve conflict and foster teamwork *Stepfamily Problems* Tom Frydenger, 1991

Handbook of Family and Marital Therapy Sharon A. Shueman, Benjamin B. Wolman, 2012-12-06 Family and marital therapies are rapidly becoming highly used methods of treatment of mental disorders and are no longer ancillary methods to individual psychotherapy The last few decades have brought about an increasing awareness of the fact that excluding organic etiology practically all mental disorders are caused fostered and or related to faulty interpersonal relations As a rule the earlier in life one is exposed to noxious factors the more severe is the damage Thus early child parents and child siblings interactions are highly relevant determinants of mental health and mental disorder Moreover parents themselves do not live in a vacuum Their marital interaction significantly contributes to their own mental health or to its decline and parent child relationships are greatly influenced by the nature of intraparental relationships Parental discord conflicts and abandonment affect the child s personality development Thus family and marital therapy is more than therapy it is an important contribution to the prevention of mental disorder The present volume is comprised of three parts The first primarily theoretical analyzes the fundamental aspects of marital and family therapy The second part describes the various therapeutic techniques and the last deals with several specific issues It gives me great pleasure to acknowledge my gratitude to my coeditor Dr George Stricker Without his thorough and devoted efforts this volume could not have come into being I am also profoundly indebted to our consulting editors Dr James Framo Dr *Stepparenting* Stanley H. Cath, Moisy Shopper, 2013-04-15 In an era when teachers commonly report that up to half of the children in their classes come from multiple homes and have multiple caretakers the special psychological challenges of stepparenting have never been in greater need of examination As thoughtful clinicians have long known stepparenting is among the most complicated of psychological projects it may simultaneously be a multifaceted burden and a spur to personal autonomy deepened sensitivity to others and newfound competence as a nurturer Among the thousands of divorced people who remarry each year most despite their best resolve to live in the present persist in reassessing the price of separation especially as they come to appreciate the fact that divorce is seldom a total break for their children Stepparenting is a comprehensive exploration of the process of reconstructing families More specifically it is a book about the perils and promise of stepparenting a caretaking role that may be more challenging than biologically given child rearing Contributors follow people as they try to reevaluate past misunderstandings and acclimate to new parenting contexts and obligations Editors Cath and Shopper have taken pains to offer a balanced purview that includes both successful and maladaptive instances of stepparenting Of special note are the clinical examples throughout the book that chart the extended periods of slow creative learning experienced by parents and

children biological and step as they test the waters of new family systems and try to elicit newly attuned responses from each other

Self-Help That Works John C. Norcross Ph.D., Linda F. Campbell Ph.D., John M. Grohol PsyD, John W. Santrock Ph.D., Florin Selagea M.S., Robert Sommer Ph.D., 2013-03-05 Self help is big business but alas not always a scientific one Self help books websites and movies abound and are important sources of psychological advice for millions of Americans But how can you sift through them to find the ones that work Self Help That Works is an indispensable guide that enables readers to identify effective self help materials and distinguish them from those that are potentially misleading or even harmful Six scientist practitioners bring careful research expertise and a dozen national studies to the task of choosing and recommending self help resources Designed for both laypersons and mental health professionals this book critically reviews multiple types of self help resources from books and autobiographies to films online programs support groups and websites for 41 different behavioral disorders and life challenges The revised edition of this award winning book now features online self help resources expanded content and new chapters focusing on autism bullying chronic pain GLB issues happiness and nonchemical addictions Each chapter updates the self help resources launched since the previous edition and expands the material The final chapters provide key strategies for consumers evaluating self help as well as for professionals integrating self help into treatment All told this updated edition of Self Help that Works evaluates more than 2 000 self help resources and brings together the collective wisdom of nearly 5 000 mental health professionals Whether seeking self help for yourself loved ones or patients this is the go to research based guide with the best advice on what works

Strengthening Your Stepfamily Elizabeth Einstein, Linda Albert, 1986 A book written by stepparents for stepparents about stepparenting Albert and Einstein know firsthand the joys and complexities of stepfamily living They separate myth from reality as they address tough stepfamily issues

Early Child Care and Education in Finland Kaarina Määttä, Satu Uusiautti, 2014-06-11 What is childhood like in Finland What kind of practical solutions have been created and evaluated that aim at both providing good childhood experiences and supporting children s positive development What practices aim to prevent child exclusion from regular education and social experiences and to foster children s healthy development in emotional social and behavioural terms This book considers the reality of childhood in Finland It discusses the realisation and evaluation of early childhood education and addresses aspects of research and practice concerning children under the age of 10 It examines the growth and development of young children how learning and teaching are organised practices of rearing children and the state of child care in Finland Contributors represent a variety of universities and sub disciplines in the science of education and focus on perspectives of children s well being special viewpoints of early childhood education care and research in Finland This book was originally published as a special issue of Early Child Development and Care

Clinical Handbook of Couple Therapy, Fourth Edition Alan S. Gurman, 2008-06-24 This authoritative handbook provides a definitive overview of the theory and practice of couple therapy Noted contributors many of whom developed the approaches they describe combine clear

conceptual exposition with thorough descriptions of therapeutic techniques In addition to presenting major couple therapy models in step by step detail the book describes effective applications for particular populations and problems Chapters adhere closely to a uniform structure to facilitate study and comparison enhancing the book s utility as a reference and text See also *Clinical Casebook of Couple Therapy* also edited by Alan S Gurman which presents in depth illustrations of treatment

The Stepfamily Elizabeth Einstein,1985

Blended Family Problems Dalton Formanek,2021-03-28 A blended family or stepfamily forms when you and your partner make a life together with the children from one or both of your previous relationships The process of forming a new blended family can be both a rewarding and challenging experience While you as parents are likely to approach remarriage and a new family with great joy and expectation your kids or your new spouse s kids may not be nearly as excited They ll likely feel uncertain about the upcoming changes and how they will affect relationships with their natural parents They ll also be worried about living with new stepsiblings whom they may not know well or worse ones they may not even like When your remarriage includes children from previous relationships blending families can take adjustment These tips can help you bond with your stepchildren and deal with stepfamily issues In this book the author guides readers through a 30 day challenge that equips them with proven and powerful ways to resolve conflict overcome resentment communicate effectively with ex spouses combat insecurity draw closer to God during the most difficult seasons and so much more

Addressing the Challenges of Stepfamily Life Jeremy P. Robertson,2014

Making Peace in Your Step-Family Harold H. Bloomfield,1994-04-01 Here are innovative ways to defuse inevitable hostilities in blended families cope with common fantasies of instant success end power struggles and encourage communication Featuring exercises visualizations and a comprehensive bibliography and list of helpful organizations this indispensable guide is both practical and compassionate

Stepfamilies Emily B. Visher,John S. Visher,1979 First Published in 1980 Routledge is an imprint of Taylor Francis an informa company

Understanding Stepfamilies Debra K. Huntley,1995 It is estimated that between 33% and 40% of all United States children will live with a stepfamily Due to the complexity ambiguous roles negative perceptions and unrealistic expectations of many stepfamilies members of such families are increasingly being seen by mental health professionals This monograph is aimed at professionals to help them understand stepfamilies by providing practical and applied information Some of the areas covered here include the developmental stages of the stepfamily types of stepfamilies specific assessment techniques for stepfamilies and treatment considerations Part 1 provides the groundwork for recognizing some of the characteristics of stepfamilies including clinical issues pitfalls and systemic intervention In Part 2 children and adolescents are examined along with the risks encountered by children in a stepfamily Part 3 outlines the beliefs and expectations of stepfamilies taking care to analyze stereotypes of stepfamilies new assessment techniques designed to assess maladaptive cognitions of stepfamily members and the role of self fulfilling prophecies in stepfamily success or failure Each chapter offers a complete discussion of the nature of

stepfamilies along with practical suggestions for assessment and treatment of these families Individual chapters contain references RJM *The Visitation Handbook* Brette McWhorter Sember,2002 Explains to both parents the changes that visitation after divorce brings to their lives and the life of their child Journal of Marital and Family Therapy ,2010

Marriage and Family in a Changing Society, 4th Ed James M. Henslin,1992-01-20 James Henslin s fourth edition of this significant book has been thoroughly revised and updated to include twenty new articles focused on the structure and develop of marriage in the modern day society Marriage and Family in a Changing Society aims to follow the development of the marital life cycle from romance and dating to marriage and its alternatives to parenting and often divorce remarriage and widowhood These highly readable and deeply relevant readings allow students to see the events unfolding in their own lives from an illuminating sociological perspective **Family Diversity and Well-Being** Alan C. Acock,David H.

Demo,1994-07-15 This work makes a significant contribution to the literature on family process structure and well being It is a much needed comparative analysis across marital status married divorced remarried and never married women with children Early chapters are particularly useful for introducing beginning students to the theoretical conceptual and policy issues at stake Clear prose and well labeled tables make the substantive chapters accessible to students but sacrifice none of the rigor of the analysis This book provides a thorough review of the literature and systematically addresses a set of questions that are theoretically and politically significant particularly in light of the continuing concern over the demise of the American family It should enjoy a wide readership in family studies social work sociology and psychology at both the undergraduate and graduate levels Choice The authors present the results of their comprehensive and sophisticated data analysis in a very readable style accompanied by generous use of graphics and practical examples The findings are presented in such a way that readers with less technical backgrounds can easily comprehend the study results This book will serve as an excellent supplementary text in both undergraduate and graduate classes Also it will be a valuable resource for family life educators and researchers interested in pursuing these questions related to family structure Journal of Marriage and the Family How important is traditional family structure to the success of family relationships With political rhetoric often substituting for credible information leading family researchers Alan Acock and David Demo separate fact from fiction regarding this crucial policy concern Based on the authoritative National Survey of Families and Households the authors work examines the four most common family types two parent families divorced mothers with children remarried families and unwed mothers Their meticulous analysis of the source material reveals myriad patterns problems and solutions not previously discerned while addressing many familiar issues and assumptions with depth and clarity Combining sophisticated explications ample graphics and practical examples this volume has a great deal to offer professionals and researchers in family studies sociology psychology interpersonal relationships and gender studies at all levels **Step-families** Linda Craven,1982 This book covers stepfamilies under such topics as discipline stepsiblings and sexuality *Sociology Toward*

the Year 2000 ,1983

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