

Introduction to Psychology

Chapter 1 Notes

What is Psychology?

- Psychology is the scientific study of behavior & mental processes.
- A very broad definition as there are many different aspects of behavior & mental processes to focus on.
- Subfields:
 - **Cognitive Psychologists:**
 - Focus is on the analysis of the mental processes underlying judgment, decision making, problem solving, imagining, & other aspects of human thought or cognition.
 - **Biological Psychologists:**
 - Analyze the biological factors influencing behavior & mental processing.
 - **Personality Psychologists:**
 - Study individuality & focus on people's unique characteristics
 - **Developmental Psychologists:**
 - Seek to understand, describe, & explore how behavior & mental processes change over the course of a lifetime.
 - **Quantitative Psychologists:**
 - Develop statistical methods evaluating & analyzing data from psychological research
 - **Clinical & Counseling Psychologists:**
 - Seek to assess, understand, & modify abnormal behavior
 - **Community Psychologist:**
 - Work to obtain psychological service for underserved client groups, & to prevent psychological disorder by working for changes in social systems.
 - **Educational Psychologists:**
 - Study methods by which instructor's teach & student's learn, & who apply their results to improving such methods.
 - **School Psychologists:**
 - Test IQ, diagnose student's academic problems, & set up

Study Guide For Introductory Psychology

Huangqi Zhang



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