

“A calm, reasoned, and highly effective alternative to the disease model of addiction and other bad habits. Electrifying and profoundly helpful?”

*Carol Tavris, author of
Anger: The Misunderstood Emotion*

THE TRUTH ABOUT ADDICTION AND RECOVERY

- Why alcoholism, drug abuse, smoking, over-eating, and other addictions are not diseases
- Why 12-step programs are not the only answer
- How you can recover without treatment

**Stanton Peele, Ph.D., and
Archie Brodsky**

Authors of Love and Addiction • with MARY ARNOLD

Truth About Addiction And Recovery

Rosina Ehmann



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