

# A POCKET GUIDE TO THE 2023 AGS BEERS CRITERIA®

This clinical tool, based on the 2023 AGS Updated Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults (AGS Beers Criteria®), has been developed to assist healthcare providers in improving medication safety in older adults. Our purpose is to inform clinical decision-making concerning the prescribing of medications for older adults in order to improve safety and quality of care.

Originally conceived of in 1981 by the late Mark Beers, MD, a geriatrician, the Beers Criteria catalogue medications that cause side effects in the elderly due to the physiologic changes of aging. The 2023 American Geriatrics Society (AGS) Beers Criteria® and S. Beers Criteria® for Potentially Inappropriate Medication (PIM) Use in Older Adults is the seventh overall update and fourth since AGS became the criteria's steward in 2011. As with previous updates, the AGS and its expert panel have attempted to preserve the spirit and intent of the original Beers Criteria by providing an explicit list of PIMs that are best avoided by older adults in most circumstances or under specific situations, such as certain diseases, conditions, or care settings.

The full document, along with accompanying resources and an appendix of medications removed from the criteria tables, can be found in its entirety online at [geriatricsociety.org](http://geriatricsociety.org).

## INTENDED USE

The criteria are intended to be applied to adults 65 years old and older in all ambulatory, acute, and institutional settings of care, except hospice and end-of-life care settings.

The intention of the AGS Beers Criteria® is to: (1) reduce older adults' exposure to Potentially Inappropriate Medications (PIM) by improving medication selection; (2) educate clinicians and patients; and (3) serve as a tool for evaluating quality of care, cost, and patterns of drug use in older adults.

- The list should be viewed as a guideline for identifying medications for which the rate of use in older adults often outweighs the benefits.
- The criteria are a blunt instrument, and we are unable to delineate all specialized use cases and possible exceptions to the criteria.
- The list is not meant to supersede clinical judgment or an individual patient's values and needs.
- Prescribing for older adults is often a complex endeavor involving the consideration of many factors, particularly the preferences and goals of the patient and family.
- These criteria are not meant to be applied in a punitive manner.
- These criteria also underscore the importance of using a team approach to prescribing and the use of non-pharmacological approaches and of having economic and organizational incentives for this type of model.
- The criteria are not applicable in all circumstances (i.e., patients receiving palliative and hospice care). If a provider is not able to find an alternative and chooses to continue to use a drug on the list in an individual patient, designation of the medication as potentially inappropriate can serve as a reminder for close monitoring and periodic review.

The primary target audience is the practicing clinician. Although the AGS Beers Criteria® may be used internationally, it is specifically designed for use in the United States and there may be additional considerations for certain drugs in specific countries.

**TABLE 1. 2023 American Geriatrics Society Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults**

Organ System/ Pharmacologic Category/ Drug(s)	Recommendation/ Rationale, Quality of Evidence (QE), Strength of Recommendation (SR)
<b>Anticholinergics</b>	
<b>First-generation</b>	<b>Avoid</b>
<ul style="list-style-type: none"> <li>■ Amitriptyline</li> <li>■ Brompheniramine</li> <li>■ Chlorpheniramine</li> <li>■ Ciproheptadine</li> <li>■ Dimethylmaleate</li> <li>■ Diphenhydramine (oral)</li> <li>■ Doxylamine</li> <li>■ Hydroxyzine</li> <li>■ Meclizine</li> <li>■ Promethazine</li> <li>■ Triprolidine</li> </ul>	Highly anticholinergic, clearance reduced with advanced age, and tolerance develops when used as hypnotic; risk of confusion, dry mouth, constipation, and other anticholinergic effects or toxicity. Cumulative exposure to anticholinergic drugs is associated with increased risk of falls, delirium, and dementia, even in younger adults. Consider total anticholinergic burden during regular medication reviews and be cautious in "young-old" as well as "old-old" adults.
	Use of diphenhydramine in situations such as acute treatment of severe allergic reaction may be appropriate.
	QE = Moderate, SR = Strong
<b>Antipsychotics</b>	
<b>Haloperidol</b>	<b>Avoid in individuals with CoD &lt;30 mL/min or for long-term suppression.</b>
	Potential for pulmonary toxicity, hepatotoxicity, and peripheral neuropathy, especially with long-term use, safer alternatives available.
	QE = Low, SR = Strong
<b>Cardiovascular and antithrombotics</b>	
<b>Aspirin for primary prevention of cardiovascular disease</b>	<b>Avoid initiating aspirin for primary prevention of cardiovascular disease. Consider discontinuing aspirin in older adults already taking it for primary prevention.</b>
	Risk of major bleeding from aspirin increases markedly in older age. Studies suggest lack of net benefit and potential for net harm when initiated for primary prevention in older adults. There is less evidence about stopping aspirin among long-term users, although similar principles as for initiation may apply.
	Note: Aspirin is generally indicated for secondary prevention in older adults with established cardiovascular disease.
	QE = High, SR = Strong

\*Under each drug name, drugs commonly used in the United States are listed except in cases where being on a list indicates that it is used internationally. Drugs listed elsewhere, or drugs with no listed drug name are considered potentially inappropriate in the context of the criterion in which they appear even if not used in the US.

†Quality of evidence and strength of recommendation ratings apply to all drugs and recommendations unless each criterion states varied evidence.

‡When a rating among 2023s and missing a data, per updated recommendation to elderly (number from Table 2), intention, and body weight.

§Antipsychotics used in the United States include: first-generation ("typical") – chlorpromazine, fluphenazine, haloperidol, perphenazine, thioridazine, zuclopentixol ("atypical") – aripiprazole, brexpiprazole, caripipazine, clozapine, lurasidone, levomepromazine, quetiapine, risperidone, ziprasidone. This list does not include antipsychotics rarely or never used in the U.S. among older adults.

# The Pocket Guide To Beer

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## **The Pocket Guide To Beer:**

The Simon & Schuster Pocket Guide to Beer Michael Jackson, 1997 This this revised updated edition of his pocket classic the world s leading beer critic The Wall Street Journal takes readers on a tour of the international brew scene giving special emphasis to the fine brews produced on this continent Maps **The Pocket Guide to Beer** Joe Dick, Nikki Welch, 2018-06-14 There s a whole new world of beer out there to explore but do you know your Pilsner from your Pale Ale Tired of your usual tippie and in need of something different The Pocket Guide to Beer will point your taste buds in new directions This handy fun and informative guide takes you on a journey using the BeerTubeMap a unique flavour map that links beers by taste and style Covering a huge range from around the world it includes both traditional and new wave beers It also includes specific recommendations for each style as well as practical tips about buying beer what to eat with it and lots more besides Its straightforward no nonsense style makes it a great starter guide for beer newbies whilst providing inspiration for more seasoned drinkers too The Pocket Guide to Beer Michael Jackson, 1982 Pocket Beer Book 2014 Stephen Beaumont, Tim Webb, 2013 As featured in beer loving Great Food Magazine this landmark guide provides beer fans with easy access to an expert overview and puts a world of superb beers at your disposal Written by two of the world s leading beer experts with the help of a team of international contributors The Pocket Guide to Beer 2014 takes you from the Bock beers of Germany to the Trappist beers of Belgium the complex bitters and stouts of Britain to the cutting edge brews of North America This expert selection covers the extraordinary variety the world s beers now have to offer Tasting notes organised by country provide succinct commentary on the chosen beers and cover the brewery and each beer s key characteristics With over 3 000 beers covered this book encompasses more familiar established beers as well as exciting new discoveries from the myriad craft breweries that are emerging around the world covering over 60 countries Punctuating the tasting notes is information on beer destinations specific places where you can best experience a beer in situ An extensive introductory chapter to the book also covers styles of beer and emerging trends Contents Includes How to Use This Book Introduction What is Craft Beer Beer Styles Beer at the Table EUROPE NORTH AMERICA THE CARIBBEAN LATIN AMERICA ASIA THE MIDDLE EAST AUSTRALASIA AFRICA And More Pocket Beer Book 2014 Stephen Beaumont, Tim Webb, 2013-09-02 As featured in beer loving Great Food Magazine this landmark guide provides beer fans with easy access to an expert overview and puts a world of superb beers at your disposal Written by two of the world s leading beer experts with the help of a team of international contributors The Pocket Guide to Beer 2014 takes you from the Bock beers of Germany to the Trappist beers of Belgium the complex bitters and stouts of Britain to the cutting edge brews of North America This expert selection covers the extraordinary variety the world s beers now have to offer Tasting notes organised by country provide succinct commentary on the chosen beers and cover the brewery and each beer s key characteristics With over 3 000 beers covered this book encompasses more familiar established beers as well as exciting new discoveries from the myriad

craft breweries that are emerging around the world covering over 60 countries Punctuating the tasting notes is information on beer destinations specific places where you can best experience a beer in situ An extensive introductory chapter to the book also covers styles of beer and emerging trends Contents Includes How to Use This Book Introduction What is Craft Beer Beer Styles Beer at the Table EUROPE NORTH AMERICA THE CARIBBEAN LATIN AMERICA ASIA THE MIDDLE EAST AUSTRALASIA AFRICA And More *Pocket Beer 3rd edition* Tim Webb, Stephen Beaumont, 2017-11-02 With so many beers now on offer it s more essential than ever to have an expert guide this carefully curated selection encompasses the very best beer the world has to offer Written by two of the world s leading beer experts with the help of a team of international contributors The Pocket Beer Book takes you from the Bock beers of Germany to the Trappist beers of Belgium the complex bitters and stouts of Britain to the cutting edge brews of North America This expert selection covers the extraordinary variety the world s beers now have to offer Detailed tasting notes cover the top traditional classic and new craft beers of over 80 countries With special features on national beer styles and the best new Breweries to Watch as well as Iconic Breweries of both traditional and craft brewing this up to the minute guide is indispensable for any beer lover *The Pocket Beer Guide* Stephen Beaumont, Tim Webb, 2013-09-17 The best beers are here so drink up The authors of the acclaimed World Atlas of Beer Sterling Epicure have collaborated with top international contributors to create the most extraordinary comprehensive and up to date guide to brews available This team of experts provides tasting notes on an amazing selection of suds organized by country complete with information on breweries and each beer s key characteristics Beer destinations and a calendar of beer festivals worldwide round out the fun **Running Press Pocket Guide To Beer** Michael Jackson, 2000-08-14 Packed with fascinating information on each region of the beer producing world and tasting notes that are the product of first hand research this pocket guide is one companion discriminating beer drinkers won t want to be without *Pocket Guide to Beer* Octopus Publishing Group, 1995-05 **The Pocket Guide to Beer, Spirits & Liqueurs** Michael Jackson, Emanuel Greenberg, Madeline Greenberg, 198? **The Pocket Book of Craft Beer** Mark Dredge, 2016-09-06 Covering more than 50 different beer styles The Pocket Book of Craft Beer cracks open the finest most innovative brews on the planet making it a must have for any beer lover Covering more than 50 different beer styles The Pocket Book of Craft Beer cracks open the finest most innovative brews on the planet making it a must have for any beer lover The last few years have seen an explosion in the popularity of craft beers across the globe with excellent new brews being produced everywhere from Copenhagen to Colorado Amsterdam to Auckland With more amazing beers available than ever before it s hard to know which one to choose That s where The Pocket Book of Craft Beer comes in Gathering together over 300 of the most innovative and tastiest beers you need to try and divided into 50 different categories you will find the best of the best each style has to offer Every category comes with an explanation of the key characteristics of the style whether it s an American IPA bursting with citrusy C hops or an Imperial Stout full of dark roasted malts along with an

example of a classic brew and a selection of cutting edge versions that are certain to become instant favorites So whether you re looking for bitter beers or balanced flavors a hit of hops or a hint of coffee the reviews will point you in the right direction to find the perfect beer to suit your tastebuds Also included throughout the book are interesting nuggets of beer information covering topics such as the catalyst that has caused the astonishing growth in craft beer and the difference between Stout and Porter

*World Atlas of Beer* Tim Webb, Stephen Beaumont, 2020-09-30 Praise for the second edition of *World Atlas of Beer* Written with authority and wit the perfect guide to the rapidly changing beer scene Guardian As craft brewing continues to go from strength to strength across the world *World Atlas of Beer* is the definitive and essential guide to beer Understand the rich multi faceted traditions of Belgium the Nordic legend that is Finnish Sahti the relatively new phenomenon of the New England hazy IPA and why Australia s lower strength beers are one of its great successes With thousands of breweries now operating around the globe and more opening every day this is the expert guide to what is really worth drinking Country by country the book considers a vast range of brewing techniques beer styles and traditions Detailed maps describe crucial trends in major territories and features such as matching beer with food and how to pour different kinds of beer complete the picture Now in a fully updated third edition this book is the perfect companion to help you explore the best beers the world has to offer

**Pocket Beer Book, 2nd edition** Stephen Beaumont, Tim Webb, 2014-09-08 As featured in beer loving *Great Food Magazine* this landmark guide provides beer fans with easy access to an expert overview and puts a world of superb beers at your disposal Written by two of the world s leading beer experts with the help of a team of international contributors *The Pocket Beer Book 2015* takes you from the Bock beers of Germany to the Trappist beers of Belgium the complex bitters and stouts of Britain to the cutting edge brews of North America This expert selection covers the extraordinary variety the world s beers now have to offer Tasting notes organised by country provide succinct commentary on the chosen beers and cover the brewery and each beer s key characteristics With 4 300 beers featured this book encompasses more familiar established beers as well as exciting new discoveries from the myriad craft breweries that are emerging around the world covering 80 countries Punctuating the tasting notes is information on beer destinations specific places where you can best experience a beer in situ An extensive introductory chapter to the book also covers styles of beer and food and beer pairings

*The Ultimate Book of Craft Beer* Melissa Cole, 2021-10-14 *The Ultimate Book of Craft Beer* is the bible for beer lovers and foodies everywhere From simple lagers to complex stouts scattered between all the sage advice and mouth watering recipes there are profiles on beers from around the world that you ll definitely want to try Perfect for everyone from beginners to old hands this fun and accessible book guides you from how beer is made and how to store it to what to look for when you re in a pub This guide shows you how to identify the beer styles you might like to try with a if you like this try this section how to make the most gooey indulgent chocolate brownies with beer and when and how to add a little pizzazz to your cocktails with a splash or two of your favourite brew

**The Little Book of Craft Beer** Melissa

Cole,2017-09-07 It has never been a better time for quality ale and brews But with more amazing beers available than ever before it s hard to know which ones to choose Do you want something sharp or smooth Citrusy or herby Light or heavy In comes The Little Book of Craft Beer which celebrates over 100 of the world s most innovative and tastiest beers From classic IPAs bursting with zingy hops to silky smooth stouts you ll be pointed in the right direction to find the perfect brew for you Self confessed beer geek and expert Melissa Cole takes you through the brewing process and guides you to some of the best and most eclectic craft brewers Combining two of her favourite passions good quality brews and delicious food each section is finished with a cocktail and food recipe using beer as the key component You will also discover a genuinely tasty selection of gluten and alcohol free offerings as well a helpful advice on shopping for craft beer tasting and food pairing notes Complete with clear and practical illustrations and little known facts hints and tips throughout The Little Book of Craft Beer is the perfect introduction for newcomers and connoisseurs alike

**The Simon and Schuster Pocket Guide to Beer**

Michael Jackson,1986 This this revised updated edition of his pocket classic the world s leading beer critic The Wall Street Journal takes readers on a tour of the international brew scene giving special emphasis to the fine brews produced on this continent Maps

**Pocket Beer Book 3rd Edition** Webb,Beaumont,2017-11-07 Written by two of the world s leading beer experts with the help of a team of international contributors The Pocket Beer Book takes you from the Bock beers of Germany to the Trappist beers of Belgium the complex bitters and stouts of Britain to the cutting edge brews of North America This expert selection covers the extraordinary variety the world s beers now have to offer Tasting notes organised by country provide succinct commentary on the chosen beers and cover the brewery and each beer s key characteristics With 4 300 beers featured this book encompasses more familiar established beers as well as exciting new discoveries from the myriad craft breweries that are emerging around the world covering 80 countries Punctuating the tasting notes is information on beer destinations specific places where you can best experience a beer in situ An extensive introductory chapter to the book also covers styles of beer and food and beer pairings

[The Real North American Pocket Guide Book \(from Official Sources\) \(number 11 of the Pocket Guides Known as "Black's Blue Books"\)](#) William Harman Black,1926

**The Gourmet Guide to Beer** Howard Hillman,1983

**The Little Book of Lager** Melissa Cole,2020-10-15 Lager it s both the world s most loved and most maligned of beers enjoyed by billions the world over but often sneered at by beer aficionados But lager is much more than just generic brands The history of styles of lager around the world is a fascinating one full of urban myth and legend Did you know pilsner s forebears were spawned by industrial espionage involving syringes in umbrellas to steal yeast samples Or that the world famous Louis Pasteur played a huge role in ensuring the improvement of brewing standards especially in lager just too annoy his German neighbours Or that the best selling lager in the world is yellow Snow In The Little Book of Lager award winning beer writer Melissa Cole takes you through a fun and informative romp around the world of lager and the surprising array of different styles The book covers over 100 different lagers and

takes you from the fun and frivolities of Oktoberfest to the recent rise in craft lager Full of nuggets of trivia fun facts what to eat with each type and where to find them or something that you ll enjoy equally it s designed to reignite people s passion for an underrated beer style

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