

STABLE HEARTS Est. 2012

Mental Health and Wellness Group

We understand the mental health sector in Queensland faces a significant gap in accessible, effective therapy solutions, particularly in Equine Assisted Growth and Learning. If you are on a waitlist or interested in Equine Assisted Therapy, we can help. Stable Hearts offers clinically based, trauma-informed support for children and adults with wellness challenges triggered by, but not limited to, C-PTSD and PTSD, Grief/Loss, Anxiety, and Youth/Adult recovery programmes. Qualified and experienced Counsellors and MHW (Mental Health and Wellness Educators) facilitate our programmes.

A BIT ABOUT THE STABLE HEARTS FAMILY AND CIRCUMSTANCES

Established in New Zealand in 2012, Stable Hearts collaborated with NZ government support agencies, families, schools, and adult recovery enterprises in Hawke's Bay. In February 2023, we endured the full impact of Cyclone Gabrielle, which caused our property to be consumed by a river that breached its banks, leading to the tragic drowning of our beautiful herd of 11 horses. Our home and equestrian facilities were subsequently destroyed beyond repair.

In the wake of this disaster, we took several months to support existing clients and families through the initial grief process while also managing our own recovery. Given the circumstances, it felt like the right time for us to join the majority of our family who have lived and worked in Queensland, for more than 10 years.

To the Queensland Equestrian Community, especially Equestrian Spirit (our first Stable Hearts EquiCentre™, Logan Village) and all our family and friends near and far, thank you for supporting Stable Hearts resurgence.

STABLE HEARTS LOGAN VILLAGE

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Michelle Skafer B.Soc.Sc (Psychotherapy)

Founder/Facilitator

**PROVIDING SERVICES FOR PLAN-MANAGED AND
SELF-MANAGED NDIS PARTICIPANTS UNDER
SUPPORT CATEGORIES INCLUDING -
CAPACITY BUILDING AND CORE SUPPORT**



**STABLE HEARTS RESPECTS AND HONOURS ABORIGINAL ELDERS PAST,
PRESENT AND FUTURE. WE ACKNOWLEDGE THE STORIES, TRADITIONS
AND LIVING CULTURES OF ABORIGINAL PEOPLES ON THIS LAND AND
COMMIT TO BUILDING A BRIGHTER FUTURE TOGETHER.**

Stable Hearts

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Stable Hearts:

Head & Heart : A Journey Inward Izzy Is Real,2021-03-31 This is a book dedicated to growth and the human experience Creativity is most often found in inspiration the art of articulating and sharing can only truly be found in vulnerability This book is a journal of my journey into adulthood In between each page resides my heart and mind I hope this gives you something to think about but more importantly I hope this reminds you that growth is never fully granted without tension and tension is never absent from discomfort

The Listening Heart Judy Gordon Morrow,2013-12-09 More Life is full to overflowing but we crave an illusive more Via social networking airwaves and TV our culture tells us to strive for more stuff more activities more adventure you name it Yet we are often left unfulfilled and wanting Empty even With so many demands for our attention it is difficult to quiet our minds long enough to hear the still small voice of our loving Father and to listen to the One who desires to bring us so much more than the noise of everyday life Judy Gordon Morrow discovered the more when her world was turned upside down and she knelt before God to seek Him and ask for His help More than a decade ago in tear stained notebooks she began to pen God s responses to her desperate prayers Now in The Listening Heart Judy invites you to spend a year hearing from the God Who Speaks the God who wants to speak to you Each daily devotion echoes the Father s love and care for you offering hope comfort encouragement and more a rich closeness with God that will satisfy the longings of your heart

The Gospel standard, or Feeble Christian's support ,1849

Textbook of Angiology Kailash Prasad,John B. Chang,Earl R. Olsen,Bauer E. Sumpio,2012-12-06 Textbook of Angiology aims to provide the reader with a fully integrated view of medical and surgical aspects of both vascular and cardiovascular disease Covering the complete spectrum of angiology from Basic Physiologic Principles to Phlebology this text is the only one of its kind and will be a must for the libraries of cardiologists and cardiovascular surgeons alike

The Queen of Hearts Wilkie Collins,1893

Confucianism, Buddhism, Daoism, Christianity and Chinese Culture Yijie Tang,2015-02-06 This book collects the 25 most important articles written by Professor Tang since the 1980s dealing extensively with issues of Confucianism Buddhism Daoism Christianity and Chinese culture In these articles Professor Tang proves his value as a worthy successor to the Chinese philosophical tradition while also open to the latest trends of thought both at home and abroad The late Professor Tang Yijie 1927 2014 was a prominent professor at Peking University and China s top scholar on philosophy and Chinese studies He spearheaded the Confucian Canon project which seeks to compile all known classical works on Confucianism comparable in scope and significance to the Complete Library of the Four Treasuries the largest collection of books on Chinese history which was commissioned by the Qianlong Emperor in the 18th century Throughout his life Professor Tang published scores of books and more than one hundred articles offering enlightening insights into how to deal with issues that have historically troubled and continue to trouble people in modern society Among his numerous innovations Professor Tang is especially remembered for introducing the concept of harmony in diversity In the context of the clash of

civilizations championed by Samuel P Huntington Tang argued for harmony in diversity holding that this principle can offer some clues to help enable peoples nations and regions with different cultural traditions to develop together while remaining unique note represents Chinese character please refer to BCC file [In Quest of Civilization](#) Ronald Edward Latham,1946

The Heart of the Antarctic Sir Ernest Henry Shackleton,1909 Account of Shackleton s 1907 09 Nimrod Antarctic expedition Volume II includes ten appendices with notes on biology geology glaciology magnetism aurora meteorology health sledging distances provisions and general costs [Stand Still](#) John Brinsley,2013-06-02 In this wonderful treatment on Exodus 14 13 stand still John Brinsley teaches us to stand This word in the mouth of a soldier is a word of command First he shows that Christians are to hold their tongues still not murmuring Secondly keep their hearts still Thirdly God would have Christians to hold their feet still as well In the fear of God Christians are to learn what it means to stand still in the sight of God Then once they learn what it means to stand still they should be up and doing for Christ Doing what they can for the furtherance of the great work of reformation Every Christian is a reforming Christian beginning at home they are reforming their own hearts lives and families Then they ought to do what they can for the reforming of others This is not a scan or facsimile has been updated in modern English for easy reading and has an active table of contents for electronic versions

Heart ,1921 *Hearts and Diamonds* James B. Runnion,1875 [Heart of Midlothlan](#) Walter Scott,1900 **Perinatal Development** Norman A. Krasnegor,1987 **London's Heart** B. L. Farjeon,1873 *Stable Hearts and Horse Capades* Bonnie Bryant,2003 ROMANCE AT PINE HOLLOW The Saddle Club girls are having a blast planning the Valentine s Day barn dance at Pine Hollow Stables The only problem is Stevie s boyfriend wants her to go to the dance at his school on the same night Pretty soon Stevie and Phil are so angry at one another it looks as if they won t be speaking let alone dancing Stevie Lisa and Carole also have to keep a new rider at Pine Hollow out of Mrs Reg s hair Mrs Reg s got a stable to help run and problems to solve ndash like can a pony have a broken heart It s going to be a whirlwind Valentine s Day for everyone at Pine Hollow THIS APRIL FOOLS DAY THE JOKE S ON STEVIE The Saddle Club s number one practical joker Stevie Lake has decided to reform The only problem is nobody believes her Maybe that s why no one in the cast of the movie Stevie is shooting for school will cooperate Cinderella on Horseback Puh leeese It has to be a setup to make them look stupid and give Stevie the last laugh That s when the stars of the movie ndash Stevie s best friends Carole and Lisa and Stevie s boyfriend Phil ndash plan a few tricks of their own *The Heart of Desire* Elizabeth Dejeans,1910 [The Brotherhood of the Burning Heart](#) Oscar Edward Maurer,1915 **To the Heart of a Child** Josephine Van Dyke Brownson,1918 [In the Heart of the Sierras](#) James Mason Hutchings,1886 [The Heart of the Red Firs](#) Ada Woodruff Anderson,Anderson, Ada Woodruff, b. 1860,1908

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