

Tea

Varieties & Brew Times

Learn some quick facts and brewing instructions for the most common types of tea.



TEMP

FLAVOR PROFILE
Green tea can have a citrus-like, vegetal, or nutty flavor depending on the variety.

Green Tea | **BREW TIME**
45 sec - 1 min

One of the most popular teas worldwide, green tea has less caffeine than black tea and requires only a very brief brew time to reach its full flavor potential. Carefully brewed, the color should be similar to that of yellow olive oil.

BREW TIME
2 min - 3 min

Black Tea

Black tea covers a broad span of tea types, each with their own unique and bold flavor. All black teas require a slightly longer brew time in order to reach their optimal color and taste. A fully steeped cup of black tea should be the color of maple syrup.



FLAVOR PROFILE
Strong, bold, and full-bodied black tea can be bitter, sweet, fruity, or spicy depending on the variety.

TEMP
105° - 200° F



FLAVOR PROFILE
Oolong tea has a natural sweet, fruity, or even flowery flavor.

Oolong Tea | **BREW TIME**
3 min

Also known as wulong, oolong tea is semi-oxidized and picked later in the season than green tea. Unlike black tea, it is steeped when it turns a shade darker than green tea—taking on a color similar to that of honey.

TEMP

Matcha Tea

Matcha is a unique tea that is made up of green tea leaves that are dried and ground into a fine powder. This tea isn't actually steeped, but rather dissolved in hot water, creating a distinct texture and color.



FLAVOR PROFILE
Matcha tea has a light, grassy, or an almost nutty flavor that is similar to almonds.

TEMP



FLAVOR PROFILE
Herbal flavor that can be floral, herb, or fruity, depending on the variety and blend.

Herbal Tea | **BREW TIME**
5 min - 6 min

Most herbal teas will have a reddish tone to them, like a rich cherry wood color. You'll even find some coffee drinks that incorporate cold herbal tea with fruit juice, for a summery drink that's low on caffeine and high in flavor.

BREW TIME
4 min - 5 min

White Tea

White tea is the lightest, most delicate of all the teas and requires a solid 4 minutes to fully infuse all of its flavors. A brewed cup of white tea will take on a pale, butter yellow color.



FLAVOR PROFILE
White tea has the sweetest of flavors and fruity undertones.

TEMP



FLAVOR PROFILE
Varies by blend.

Blends | **BREW TIME & TEMPERATURE**
varies by type

It's common for all tea types to be combined with other flavors from fruits, herbs, and spices. If you choose to blend your type of loose tea, follow the steeping method with the shortest time and lowest temperature to avoid bitterness.

Tea Brewing Instructions

for the perfect cup of tea each time

TYPE OF TEA	WATER TEMP	AMOUNT OF TEA PER CUP (HOT TEA)	AMOUNT OF TEA PER CUP (COLD TEA)	MINUTES TO STEEP
Black Tea	165° - 200° F	1 - 1 1/2 tsp	2 - 3 tsp	2 - 3 minutes
Green Tea	150° F	1 - 1 1/2 tsp	2 - 3 tsp	45 sec - 1 minute
Flavored Green Tea	150° F	1 - 1 1/2 tsp	2 - 3 tsp	2 minutes
Herbal Tea / Infusions	200° F	1 1/2 - 2 tsp	3 - 4 tsp	5 - 6 minutes
Matcha Tea	200° F	1 1/2 - 2 tsp	3 - 4 tsp	5 - 6 minutes
Oolong Tea	190° F	1 - 1 1/2 tsp	2 - 3 tsp	3 minutes
White Tea	170° F	1 - 2 tsp	2 - 4 tsp	4 - 5 minutes
Flavored White Tea	170° F	1 1/2 - 2 tsp	3 - 4 tsp	2 minutes

Tea Basics A Quick And Easy Guide

Ian Pickup



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