

Your Guide to Birth Control



Long Acting

IUD

- Intrauterine device
- >99% effective
- 3-5 years
- Hormonal method



Copper IUD

- Intrauterine device
- >99% effective
- Up to 10 years
- Spermicidal method



The Implant

- Implanted in the arm
- >99% effective
- Up to 3 years
- Hormonal method



Vasectomy/Tubal Ligation

- Surgery to cut male tubes or the female tubes
- Almost 100% effective
- Permanent



Regular Routine

The Pill

- Taken daily
- 99% effective
- Hormonal method



The Patch

- Placed on the skin
- 99% effective
- Change every 4 weeks
- Hormonal method



Vaginal Ring

- 99% effective
- Change after 3 weeks
- Hormonal method



Injection

- Shot every 12 weeks
- >94% effective
- Not recommended for 2+ years
- Hormonal method



Single Use

Condom

- 80% - 98% effective
- 8% protection
- Barrier method



Internal Condom

- 79% effective
- 21% protection
- Barrier method



Spermicide

- Kills sperm
- 72% effective
- Use up to 1 hour before sex
- Spermicidal method



Emergency Contraceptive

- 80% effective (if taken within 24 hours)
- Must be taken within 3 days
- Hormonal method



Need help choosing? Find a health center near you.

Which Guide To Birth Control

Y Pai



Which Guide To Birth Control:

Adopting the Beat of Expression: An Emotional Symphony within **Which Guide To Birth Control**

In a world taken by displays and the ceaseless chatter of instant connection, the melodic beauty and psychological symphony created by the published term often fade in to the back ground, eclipsed by the relentless sound and disruptions that permeate our lives. However, located within the pages of **Which Guide To Birth Control** an enchanting fictional prize full of raw emotions, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, that fascinating masterpiece conducts visitors on a psychological trip, well unraveling the hidden songs and profound impact resonating within each cautiously crafted phrase. Within the depths of the emotional analysis, we will discover the book is central harmonies, analyze their enthralling publishing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

https://ftp.thebrandexperience.com/data/book-search/HomePages/The_Festival_Of_Art.pdf

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